

Redhill Race Results

Jan – June 2007

Heritage, Wollaton Park 5k – 28th June 2007

Nicola & Helen are 2nd & 3rd ladies again @ race 2!

Mark Yates	17.29	Nicola Mabbott	19.18 (2 nd lady)
Clive Greyson	18.59	Helen Burrell	19.27 (3 rd lady)
Mark Attenborough	19.29	Jo Spinak	24.40
Dave Giles	19.33	Michelle Flint	25.54
Mike Riley	20.52	Suzi Artis	28.37
Carl Davey	22.28	Jean Adkin	28.40
Nigel Daniels	25.22		
Mark Taylor	26.41		
Colin Peet	28.31		
Pete Speakman	28.48		

Sherwood 10m TT - 26th June 2007

Ian Hales	24:37
Mike Hankin	25:17
Paul Ward	26:24
Matt Hemsley	26:26
Kevin Humphreys	28:25

Heritage, Holme P, 10k – 26th June 2007

Nicola & Helen are 2nd & 3rd ladies!

Simon Nash	37.53	Nicola Mabbott	38.20 (2 nd lady)
Dave Giles	38.41	Helen Burrell	38.28 (3 rd lady)
Mark Attenborough	40.18	Catherine Charlton	43.20 p.b.
Chris McDonald	41.06	Alison Herbert	45.09
Mike Riley	42.05	Michelle Flint	50.42
Carl Davey	44.37	Lidney Adkin	52.12
Nigel Daniels	48.30	Jean Adkin	55.14
Dennis O'Neill	53.43	Suzi Artis	55.34
Mark Taylor	53.56		
Colin Peet	56.59		

Major Oak Trail, 5.8m – 27th June 2007

Karyn is 1st Lady at Edwinstowe!

Karyn Stander	40.03 (1 st lady)
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Notts 10m County Championships – 1st June 2007

Belated congratulations to

Andy Wetherill	Senior Silver & Vet M40 Gold
Matthew Clapp	Senior Bronze
Paul Newton	Vet 40 Bronze

Roth, Germany Triathlon (ironman distance) – 24th June 2007

Great effort by Barry in Germany!

	2.4m swim	112m bike	26.2m run	total
Barry Sullivan	1.10.33	6.02.22	4.42.22	12.06.23

Stathern 10k – 24th June 2007

1st lady for Karyn at Stathern!

Tony Lowe	37.35
Andrew Norton	38.59
Graham Webster	40.51
Karyn Stander	43.38 p.b.
Carl Davey	43.58
Helen Lowe	47.12
Steve Gelderd	47.53
Dennis Reeson	50.58

British Masters 5k road race Championships, Horwich – 24th June 2007

Jim Munroe	19.08 (10 th M60)
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Maid Marian relays 4 x 1m – 26th June 2007

1 st	19.32
Nigel Cobb	5.06
Andy Norton	4.59
Matthew Clapp	4.36
Steve Shanks	4.51 (Holme P)

Redhill "Round the Lake" relays, 1.1m – 20th June 2007

1 st			
Ben Humphreys	5.42		
Helen Lowe	7.32		
Ian Beckingham	6.03		
Pete Scoffings	7.00		
Mark Anslow	6.15	32.32	
2 nd			
Paul Newton	5.41		
Emma Futchter	7.32		
Dave Giles	6.07	& Mike Drury	6.42
Karen Stander	6.52		
Matt Hemsley	6.27	32.39	
3 rd			
Lee Stubbs	5.15		
Catherine Charlton	6.51		
Sally Plastow	7.41		
Paul Spencer	6.40		
Graham Webster	6.39	33.07	

4th

Clive Greyson	7.02	
Mary Bolland	7.04	
Mark Attenborough	6.12	
Bruce Olpin	6.42	
James Butler	6.28	33.28

5th

Callum Cullen	5.15	
Mark Tomlinson	6.32	
Amanda Lowton	7.52	
Alison Herbert	7.31	
Mike Riley	6.24	33.34

6th

Tony Lowe	6.04	
Keith Palmer	7.11	
Bob Hickling	7.30	
Carl Davey	7.13	
Steve Gelderd	7.41	35.39

Ranby 10k – 17th June 2007

Matthew is 2nd overall & Sally P wins 1st Senior Lady prize at Ranby!

Matthew Clapp	35.00	
Mark Tomlinson	41.14	
Steve Shayler	41.16	
Mary Bolland	41.59	
Bill Johnson	45.26	
Sally Plastow	48.33	(1 st Senior Lady)

Old Barn 10k, Market Harborough – 17th June 2007

Alison Herbert	45.52
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Freckleton ½ marathon – 17th June 2007

Elsie Roberts	1.36.42
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Kinder Trog, Fell, 16m – 17th June 2007

Dominic Fletcher	2.32.10
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Windsor Triathlon – 17th June 2007

	1500m swim	26m bike	10k run	total
Paul Ward	28.48	1.17.00	50.58	2.36.47
Kevin Humphreys	30.30	1.13.00	☺	☺

Manfield Triathlon – 17th June 2007

	400m swim	9m bike	3m run	total
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Ben Humphreys				52.05
Matt Hemsley				53.55

Wollaton 10k (Bluecoat School – 16th June 2007)

Ian Abbott	39.10
Chris McDonald	42.18
Paul Stacey	43.38
Colin Bones	45.11 p.b.
Pete Scoffings	45.48
Dave Onion	50.11
Mike Drury	50.13
Steve Gelderd	50.47
Gordon Ross	51.23
Naomi Humphreys	55.39

Erewash, Notts RR 3 – 13th June 2007

**Lee is 2nd in the rain at Erewash!
Redhill men win road race 3!**

2	Lee Stubbs	4	Helen Burrell
4	Rob Keal	7	Sharon Smith
6	Andy Wetherill	11	Mary Bolland
7	Callum Cullen	18	Catherine Charlton
9	Paul Newton	20	Karen Stander
10	Matthew Clapp	31	Sarah Parker
13	Matt Stratford	35	Fliss Garland
18	Mark Yates	41	Helen Lowe
21	Ben Humphreys	44	Emma Fitcher
28	Mark Redwood	45	Sally Plastow
32	Tony Lowe	48	Amanda Lowton
40	Nigel Lever	50	Dawn Hales
43	Clive Greyson	71	Michelle Flint
45	Kevin Squires	72	Bev Barnes
51	Kevin Brown	74	Jane Wheatley
52	Simon Nash	80	Anna Rainbow
54	Dave Walsh	83	Lyndsey Adkin
55	Mark Anslow	87	Naomi Humphreys
57	Andrew Norton	92	Kate Maltby
61	Stan Pascoe	94	Suzi Artis
65	Dave Giles	99	Nicola Peat
71	Jim Munroe	100	Jean Adkin
72	Mark Attenborough	102	Helen Smurthwaite
79	Matt Hemsley	104	Karen Edge
92	Steve Shayler		
94	Mark Tomlinson		Ladies = 24
108	James Butler		
114	Mark Widdowson		
124	Paul Stacey		
133	Ian Hales		
136	Richard Mayes		
139	Pete Scoffings		
143	Colin Bones		
154	Carl Davey		
157	Keith Palmer		
158	Bill Johnson		
165	Paul Ward		
166	Ian Livsey		

167	Geoff Jackson
169	Richard Wheatley
184	Bob Hickling
188	Andy Phillips
199	Dennis O'Neill
202	Mike Monks
212	Nigel Daniels
217	Maurice Lever
229	Pete Speakman
231	Brian Moon
232	Colin Peet
233	Dave Musgrove
234	Barry Davies

Men = 51

Long Eaton 5 – 10th June 2007

Paul is 2nd Vet!

Paul Newton	27.37 (2 nd Vet)
Kevin Brown	30.34
Ian Abbott	31.43
Everton Aikman	34.11
Paul Stacey	34.27
Chris Aikman	34.30
Mike Drury	35.43
Bev Barnes	39.16
Dave Musgrove	44.47
Lisa Hopewell	49.07
Phil Hopewell	49.11

Man V Horse, Fell, 22m – 9th June 2007

Dominic Fletcher	3.20.43
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Principia 10k – 9th June 2007

Mark Davies	39.42 p.b.
Paul Stacey	42.06
Mary Bolland	42.09 p.b.
Mike Drury	42.47
Chris McDonald	42.52
Steve Gelderd	50.49
Louise Davies	61.26 p.b.

The Gordon Welbourn Running Week – June 2007

3 ¾ Mile – 5th June

Andrew Norton	20.41
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3 ½ Mile – 6th June

Andrew Norton	18.55
Steve Shayler	21.49
Jim Munroe	22.12

3 Mile – 7th June

Andrew Norton 17.31

10k – 8th June

Andrew Norton 37.40

Sinfin 10k – 3rd June 2007

Elsie Robeerts 47.01

Steve Gelderd 53.14

Blackpool Half Marathon 3rd June 2007

Hard to believe but the sun was shining and it was very hot in Blackpool for this race which passed all the sights and went out and back along the coastal path. Alison came 2nd V35 lady!

Alison Herbert 1.41.19 (2nd F35)

Dave Onion 1.59.14

Weymouth middle distance triathlon – 3rd June 2007

	1930m swim	54m bike	13.1m run	total
Paul Ward	37.13	2.36.36	1.56.20	5.10.09
Amanda English	42.42	3.08.31	2.07.55	5.59.08

Notts 10m (County Championships) – 1st June 2007

Andy Wetherill Senior Silver & Vet M40 Gold
Matthew Clapp Senior Bronze
Paul Newton Vet 40 Bronze

Rob Keal 55.03
Andy Wetherill 56.33
Matthew Clapp 56.35
Paul Newton 58.17
Matt Stratford 58.47
Ben Bennett 60.40
Dave Walsh 62.44
Andy Norton 63.31
Simon Nash 63.35
Dave Giles 65.09
Matt Hemsley 65.40
Mark Tomlinson 67.30
Graham Webster 69.54
Mary Bolland 70.04 p.b.
Chris McDonald 70.12
Paul Spencer 70.35
Sarah Huckle 72.44
Mike Drury 73.46
Paul Stacey 74.04
Catherine Charlton 74.22
Karyn Stander 74.41 p.b.
Colin Bones 74.44
Carl Davey 75.40
Elsie Roberts 75.31
Keith Palmer 77.26
Richard Wheatley 77.37

Emma Futchter	81.33
Ian Livsey	82.12
Amanda Lowton	82.22
Nigel Daniels	85.33
Jo Spinak	86.58
Michelle Flint	88.12
Brian Moon	90.49
Jo McMillan	90.56
Gill Salmon	92.36
Colin Peet	100.55
Karen Edge	101.12
Annette Pilkington	106.47

Woodhall Spa Triathlon – 27th May 2007

Mark & Redhill “Triers” both win in wet Lincolnshire!

		400m swim	14m bike	3m run	total
1	Mark Redwood	5.44	37.57	17.22	1.01.05
1 st Team	Michelle Butler Ian Hales Lee Stubbs	7.55	39.50	15.45	1.03.32
60	Paul Ward	7.16	44.27	22.58	1.14.44
62	Tim Metcalfe	7.14	47.46	19.57	1.14.58
142	Dawn Hales	7.23	50.08	23.52	1.21.25
160	Kevin Humphreys	8.53	45.21	28.52	1.23.11
188	Amanda English	8.12	51.55	26.12	1.26.21
202	Helen Lowe	9.13	53.46	24.23	1.27.21
203	Mike Hankin	7.46	54.11	29.16	1.27.35
271	Michelle Yates	9.34	59.07	26.54	1.35.37
277	Helen Flint	10.00	60.37	25.36	1.36.15

Sherwood 10m TT's

Tue 22nd May

Andy Proffitt	21:29
Ian Hales	24:33
Mike Hankin	25:16
Matt Hemsley	26:29
Paul Ward	26:41
Kevin Humphreys	27:42
Simon Nash	28:38
Amanda English	31:17

Great Manchester 10k – 20th May 2007

Mark Widdowson	42.48
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Larwood 10k – 20th May 2007

Ian Abbott	40.03
Colin Peet	57.41

Ironman Lanzarote – 19th May 2007

Congratulation to Ian for returning to complete what is described as one of the hardest i.man courses!

	2.4m swim	T1	112m bike	T2	26.2m run	total
Ian Hamilton	55.14	1.15	6.19.45	4.00	3.36.18	11.09.25

Westend 8m – 20th May 2007

Paul Stacey	58.19
Carl Davis	59.01
Dennis Reeson	65.50
Jo Spinak	66.08

White Peak marathon – 19th May 2007

7	Dave Walsh	3.00.37
56	Pete Scoffings	3.41.37 p.b.

White Peak ½ marathon – 19th May 2007

Dave Onions	1.49.51
Richard Wheatley	1.59.33
Jane Wheatley	1.59.34

Sherwood 10m TT's

Tue 15th May

Andy Proffitt	21:13
Ian Hales	24:31
Mike Hankin	25:44
Kevin Humphreys	26:51

Tue 8th May

Mike Hankin	25:39
Matt Hemsley	26:21
Kevin Humphreys	27:23
Paul Ward	29:51
Amanda English	32:55

Holme P, Notts RR, 5m – 16TH May 2007

**Redhill Senior Men win race 2!
Redhill Men Vets are 2nd
Redhill Ladies are 3rd in Seniors and Vets**

Andy T & Callum lead Redhill's men home at Holme P!

1	Andy Tarry	6	Helen Burrell
2	Callum Cullen	12	Sharon Smith
4	Rob Keal	22	Mary Bolland
5	Andy Wetherill	24	Catherine Charlton
12	Matthew Clapp	30	Caroline Norton
15	Mark Yates	43	Fliss Garland
16	Paul Newton	44	Helen Lowe

21	Ben Bennett	50	Sally Plastow
24	Ben Humphreys	58	Emma Fitcher
27	Matt Stratford	59	Sarah Parker
36	Clive Greyson	60	Amanda Lowton
39	Martyn McHale	75	Lisa Tarry
46	Kevin Brown	82	Rachel Martin
49	Jamie Bevington	87	Bev Barnes
51	Simon Nash	92	Michelle Yates
53	Mark Anslow	94	Michelle Flint
54	Stan Pascoe	101	Jane Wheatley
60	James Butler	102	Lyndsey Adkin
63	Dave Walsh	104	Jo Raven
64	Kevin Squires	109	Jean Adkin
65	Tom McCulloch	117	Lisa Hopewell
73	Tim Metcalfe	121	Karen Edge
74	Adam Wright		
75	Andy Norton	Ladies = 22	
76	Dave Giles		
78	Nigel Lever		
79	Matt Hemsley		
83	Jim Munroe		
87	Mike Riley		
93	Mark Attenborough		
99	Steve Shayler		
105	Graham Webster		
110	Mark Tomlinson		
128	Ian Hales		
142	Richard Mayes		
146	Dominic Fletcher		
148	Mark Widdowson		
160	Paul Stacey		
180	Ian Livsey		
185	Geoff Jackson		
186	Paul Ward		
188	Carl Davies		
192	Bill Johnson		
204	Keith Palmer		
212	Bob Hickling		
216	Richard Wheatley		
233	Nigel Daniels		
235	Mike Monks		
242	Pete Scoffings		
250	Maurice Lever		
259	Dennis Reeson		
262	Pete Speakman		
267	Colin Peet		
269	Brian Moon		
271	Phil Hopewell		

Men = 55

The Fellsman, Fell, 61m – 12th/13th May 2007

Dominic Fletcher 20.18.00

Long Bennington 10k – 13th May 2007

Catherine Charlton 42.12

Dennis Reeson 50.00

Halstead & Essex marathon – 13th May 2007

Elsie Roberts 3.37.03 p.b.

Eyam ½ marathon – 13th May 2007

Gary is 1st M50 at Eyam!

Gary McMahon 1.28.25
Clive Greyson 1.31.58
James Butler 1.36.21
Mark Tomlinson 1.37.26 p.b. (on that course!)
Ben Ian 1.39.43
Dave Onion 1.58.58
Pete Speakman 2.04.56
Steve Gelderd 2.05.10
Rachel Martin 2.09.47

Notts Track & Field County Championships – 12th May 2007

Silver for Andy in the 5k at the County Champs!

5000m

Andy Wetherill 15.58 (Silver)

3000m Vet

Also Silver for Andy & Bronze for Mark in the Vet 3k!

Andy Wetherill 9.30.8 (Silver)
Mark Yates 9.40 (Bronze)

British Master road relays, Sutton Park – 12th May 2007

M60 Category

Jim Munro 19:01
Bill Johnson 20:50
Dave Onion 22:47

Total time 1.02.38 (13th)

Uttoxetter ½ marathon – 29th April 2007

Dave Onion 1.49.47

Caythorpe Duathlon – 6th May 2007

		5k run	17k bike	3k run	total
2 nd M60	Dave Onion	24.25	48.06	12.20	1.24.51

Southwell Lara 5k – 2nd May 2007

2nd and 3rd for Rob & Matthew at Southwell!

2 Rob Keal 16.24
3 Matthew Clapp 16.53
11 Nigel Cobb 18.33

16 Steve Shayler 19.35

Southwell triathlon – 6th May 2007

2nd for Mark at Southwell Tri!

		400m swim	12m bike	3m run	total
2	Mark Redwood	6.07	27.31	16.10	49.48
65	Matt Hemsley	8.39	32.01	18.02	58.42
247	Mike Hankin	9.23	32.54	25.15	1.07.36

Underwood 10k – 29th April 2007

Colin Peet 58.11

Whangie Whizz 4m, Fell, Scotland – 25th April 2007

75 Dave Walsh 39.44

Paris marathon – 15th April 2007

Dave Walsh 2.58.05

Sherwood 10m TT's

Tue 10th April

Ian Hales 25:12
Mike Hankin 25:52
Matt Hemsley 27:04
Paul Ward 28:00
Kevin Humphreys 28:00

Tue 17th April

Ian Hales 24:41
Mike Hankin 25:31
Matt Hemsley 26:59
Paul Ward 27:11
Kevin Humphreys 27:33

Tues 24th April

Ian Hales 24:25
Mike Hankin 25:04
Matt Hemsley 26:04
Kevin Humphreys 26:49 c.b.
Paul Ward 27:17

Tues 1st May

Ian Hales 25:13
Mike Hankin 26:10
Matt Hemsley 27:15
Paul Ward 27:55
Kevin Humphreys 28:11

Derby 10k – 29th April 2007

Ian Abbott 38.49
 Paul Spencer 40.57

Carsington Duathlon – 28th April 2007

If you haven't even ran round Carsington lake, then don't assume its going to be flat, it isn't, the bikes interesting too up Stoney Middleton! The tough course however didn't deter World Triathlon Champion Tim Don from winning & Ironman winner Catriona Morrison from taking the ladies victory to both become British Champions.

		12k Run	40k bike	5k run	total
116	Matt Hemsley	52.21	1.22.00	15.24	2.29.56

Epperstone Notts RR, 5.9m, race 1 – 25th April 2007

5	Callum Cullen	5	Helen Burrell
6	Andy Wetherill	15	Catherine Charlton
9	Andy Tarry	16	Lindsey Hackin
10	Matthew Clapp	17	Karyn Stander
17	Paul Newton	18	Mary Bolland
19	Matt Statford	26	Caroline Norton
21	Mark Yates	28	Helen Lowe
23	Ben Humphreys	34	Fliss Garland
25	Ben Bennett	39	Sarah Parker
31	Gary McMahon	44	Sally Plastow
35	Julian Richardson	57	Dawn Hales
38	Martyn McHale	78	Rachel Martin
42	Tony Lowe	82	Amanda Lowton
44	Jamie Bevington	83	Michelle Flint
49	Stan Pascoe	84	Emma Fatcher
51	Clive Greyson	85	Amanda English
52	Kevin Brown	87	Bev Barnes
56	Tom McCulloch	88	Gill Salmon
58	Ian Hales	93	Jo Raven
62	Dave Giles	94	Anna Rainbow
64	Tim Metcalfe	95	Lyndsey Adkin
66	Mark Anslow	96	Jane Wheatley
69	Ian Abbott	100	Naomi Humphreys
75	Adam Wright	102	Kate Maltby
78	Mike Riley	106	Suzi Artis
82	James Butler	109	Jean Adkin
87	Jim Munroe	117	Pauline Clarke
92	Dominic Fletcher	118	Jo McMillan
97	Mark Davies	122	Karen Edge
101	Graham Webster	124	Helen Smurthwaite
102	Mark Attenborough	125	Rachel Ratinsa
117	Matt Hemsley	127	Louise Davies
119	Paul Spencer		
123	Mark Tomlinson	total ladies = 32	
128	John Lowton		
134	Steve Shayler		
135	Mark Widdowson		
144	Mike Drury		
156	Des Gibbons		
160	Richard Mayes		
161	Pete Scoffings		
165	Geoff Jackson		
166	Ian Livsey		
167	Paul Ward		

178 Bill Johnson
 179 Bob Hayes
 180 Keith Palmer
 182 Colin Bones
 187 Carl Davies
 189 Bob Hickling
 199 Richard Wheatley
 206 Alex Eustace
 213 Nigel Daniels
 214 Dave Tetley
 224 Dennis O'Neill
 228 Maurice Lever
 231 Mike Monks
 239 Tim Cunnington
 242 Dennis Reeson
 243 Simon Nash
 248 Brian Moon
 253 Colin Peet
 258 Barry Davies

total men = 64

Ranby 10 miles – 22nd April 2007

1st Senior lady for Catherine in North Notts!

Mark Tomlinson 1.10.49
 Mary Bolland 1.12.44
 Catherine Charlton 1.12.48 (1st Senior lady)
 Carl Davey 1.19.30
 Dave Onion 1.21.41
 Dennis Reeson 1.26.18
 Jo Spinak 1.27.34

Dunston Triathlon – 22nd April 2007

1st for Mark in Northants!

		400m Swim	20k bike	5k run	total
1	Mark Redwood	5.22	30.38	17.07	53.07

Sheffield 10k – 22nd April 2007

1st Vet for Andy in Sheffield!

Andy Wetherill 33.37 (1st Vet)

London Marathon – 23rd April 2007

Rob Keal 2.34.39 p.b.
 Matthew Clapp 2.46.39
 Kevin Squires 3.12.01
 Tim Metcalfe 3.18.25
 Simon Nash 3.21.32
 Sarah Huckle 3.37.16 p.b.
 Adam Brookes 3.39.19
 Elsie Roberts 3.42.45
 Alison Herbert 4.05.07 p.b.
 Chris Middleton 4.21.48
 Pete Speakman 4.36.46

John Cass	4.39.40
Paul Stacey	4.55.45 (in cricket gear inc bat!)
Gillian Kendall	5.16.48 p.b.

Boston marathon – 16th April 2007

Toni Minnitti	3.17.01
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Notts Easter 10k – 9th April

Matthew Clapp	34.01
Matt Hemsley	39.49
Mike Riley	41.00
Mark Tomlinson	43.26
Chris Aikman	44.57
Dennis O'Neill	47.22
Colin Bones	47.40
Carl Davey	49.44
Lindsey Taylor	50.11
Nigel Daniels	51.44
Jo Spinak	53.01
Michelle Flint	53.31
Michelle Yates	54.00
Mark Taylor	54.41
Annette Pilkington	62.42

Brooklyn Half-Marathon - April 14, 2007

Jo Stocks	1:48:20 p.b.
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More Half-Marathon Central Park - March 25, 2007

Jo Stocks	1:52:12
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Colon Cancer Challenge 15K Central Park - March 11, 2007

Jo Stocks	1:18:52
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National X/country Championships, Sutton Park – 14th April

Callum Cullen	15.18 (with Owls)
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European Masters Indoor Championships, Helsinki – 22nd – 25th March 2007

M60 3000m

8	Jim Munro	11.11
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M60 1500m

7	Jim Munro	5.11
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Manx Mountain Fell, 30 miles – 7th April 2007

65	Dominic Fletcher	6.59.06
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North Tyneside 10k – 8th April 2007

Catherine Charlton	44.04
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Hose (Belvoir) ½ marathon – 8th April 2007

Julian Richardson	1.20.20
Alan Smith	1.20.20
Simon Nash	1.27.05
Dave Giles	1.27.08
Graham Webster	1.28.05
Mark Davies	1.29.19
James Butler	1.33.22
John Cass	1.38.49
Mike Drury	1.39.14
Sarah Parker	1.39.18
Robert Hickling	1.43.20
Mary Bolland	1.45.51
Ian Livesey	1.46.43
Paul Ward	1.48.06
Mark Tomlinson	1.50.13
Steve Gelderd	1.50.14
Caroline Norton	1.50.14
Dave Onion	1.50.57
Dennis Reeson	1.52.23
Gill Salmon	1.56.51
Amanda English	2.01.53

Freiburg ½ marathon, Germany – 1st April 2007

Rachel Martin 1.48.00

Weston 5 – 1st April 2007

Colin Peet 45.06

Lincoln 10k – 25th March 2007

Rob Keal 32.41
Michelle Flint 50.11

Charnwood marathon – 24th March 2007

26 miles

Dave Walsh 3.48.00

15 miles

Gill Salmon 2.54.00
Rachel Martin 3.02.00
Amanda English 3.03.00
Liz Green-Davies 3.44.00

Mud Sweat & Gears off road Duathlon – 1st April 2007

		6k run	18k bike	3k run	total
6	Ben Humphreys	25.36	50.03	11.01	1.26.40
51 (6 th lady)	Karyn Stander	31.53	1.05.37	12.57	1.50.27

Midland 12 stage & 6 stage relays – 31st March 2007

Vets 6 stage

Redhill Vets run to silver in the Midland 6 stage relays!

Alan Smith	28.27 (long leg) – fastest leg of the day
Paul Newton	16.57
Kevin Squires	17.37
Andy Wetherill	29.55 (long leg)
Nigel Cobb	17.11
Mark Yates	16.31

Callum runs to a Senior team bronze with Owls in the 12 stage relays!

Callum Cullen	15.31
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Woburn 10k – 4th March 2007

Dave Onion	49.17
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Ackworth ½ marathon – 25th March 2007

Dave Onion	1.53.54
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Stafford ½ marathon – 25th March 2007

Catherine Charlton	1.38.09 p.b.
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Reading ½ marathon – 25th March 2007

Paul Stacey	1.42.35 (in full cricket gear!)
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BMAF X/c Championships – 24th March 2007

M45 Bronze for Andy Wetherill!

Alan leads Redhill's men to M40 British Masters Team Bronze!

7	Alan Smith	26.48
20	Andy Wetherill	27.40 (3 rd M45)
51	Mark Yates	29.02
98	Nigel Cobb	30.34
110	Martyn McHale	30.51
130	Stan Pascoe	31.30
143	Mark Anslow	32.03
158	Mark Attenborough	32.39
194	Clive Greyson	34.41

Tees ½ marathon – 18th March 2007

Mike Drury	1.33.30
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Rome marathon – 18th March 2007

Mark Davies	3.19.48 p.b.
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Louth 10m – 18th March 2007

Dennis Reeson	1.25.29
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Ashby 20m – 18th March 2007

Well done all, you all deserve a medal for running 20 miles in those conditions!

Dave Walsh	2.12.28
Ian Beckingham	2.19.38
Toni Minitti	2.21.46
Elsie Roberts	2.35.42
Sarah Huckle	2.38.16
Alison Herbert	2.39.00
Paul Stacey	2.51.58
Steve Gelder	2.54.59
Chris Middleton	3.08.42
Jane Wheatley	3.11.56
Dave Onion	3.23.29
Pete Speakman	3.25.08
Amanda English	3.33.51

East Leake Aquathon – 18th March 2007

1st lady for Dawn at East Leake, (bet that was a “bracing” transition from swim to run in that wind!)

		Swim 400m	Run 5k	total
1 st lady	Dawn Hales	6.57	22.22	29.19

Newton Fraction ½ marathon – 11th March 2007

Graham Webster	1.33.05
Dennis Reeson	1.55.16

Rushcliffe 10k – 11th March 2007

Lee conquers the winds of Rushcliffe!

Lee Stubbs	33.48 (1 st)
Nigel Cobb	35.48
Simon Nash	37.27
Kevin Brown	37.37
Tom McCulloch	37.52
Tony Lowe	37.56
Stan Pascoe	37.59
Dave Walsh	38.44
Dave Giles	38.50 p.b.
Martyn McHale	39.20
Adam Wright	40.23
Emily Rose	40.27 (3 rd lady)
Mike Riley	41.15
Mike Drury	42.26
Paul Stacey	42.37
Everton Aikman	42.45
Sarah Huckle	43.19 p.b. (2 nd claim)
Chris Aikman	43.31
Catherine Charlton	43.36 p.b.
Elsie Roberts	43.45
Mark Tomlinson	43.55
Alison Herbert	44.14 p.b.
Karyn Stander	44.23
Sarah Parker	44.29 p.b.
John Cass	44.33
Keith Palmer	45.00
Helen Flint	45.09

Bob Hayes	45.21
Bob Hickling	45.58
Steve Gelderd	46.16
Alex Eustace	46.25 p.b.
Helen Lowe	48.10
Amanda Lowton	48.13
Nigel Daniels	48.35
Michelle Flint	51.02
Michelle Yates	51.07
Jo Spinak	51.39
Gill Salmon	52.33 p.b.
Kate Maltby	53.51 p.b.
Joanne Raven	53.54 p.b.
Colin Peat	60.33
Katherine Walsh	66.09

National x/c Championships, Sunderland – 10th March 2007

270 Mark Yates 45.40

Wuthering Hike, Fell, 31 miles – 11th March 2007

68 Dominic Fletcher 5.12.08

Clumber Duathlon – 10th March 2007

	Run 10k	T1	Bike 25m	T2	Run 5k	Total
Matt Hemsley	40.26	1.09	1.11.33	1.03	20.48	2.14.59
Chris McDonald	46.59	1.45	1.17.06	1.25	22.49	2.30.04
Tim Wells	47.00	1.06	1.18.47	1.15	25.26	2.34.34

Ballbuster Duathlon, Surrey – 10th March 2007

	Run 8m	Bike 24m	Run 8m	Total
Andrew Norton	53.33	1.44.04	67.54	3.45.31

East Midland x/country, Darley Park, Derby – 4th March 2007

Callum wins and Emily is 2nd at Derby!

Redhill ladies win on the day, Men Vet's are 2nd and Seniors 3rd!

Redhill men are Senior A, B, C & Vet East Midland x/c Champions!

1	Callum Cullen	2	Emily Rose
11	Ben Humphreys	6	Catherine Charlton
16	Kevin Squires	7	Karen Stander
20	Tom McCulloch	20	Sarah Parker
21	Kevin Brown	27	Alison Herbert
22	Simon Nash	28	Helen Lowe
23	Martyn McHale	29	Amanda Lowton
25	Dave Giles	33	Rachel Martin
26	James Butler		
28	Matt Hemsley		
35	Mark Anslow		
38	Stan Pascoe		
40	Mark Attenborough		
52	Dave Walsh		
62	Mike Drury		
65	Paul Stacey		
71	Bob Hayes		
74	Tim Metcalf		

76 Arthur Hancock
78 Keith Palmer
83 Steve Gelderd
84 Nigel Daniels

Great North West ½ marathon – 25th February 2007

Dave Onion 1.46.57

Belvoir Challenge, 26m – 25th February 2007

Ian Beckingham 4.45.45
Adam Brookes 5.11.23

Belvoir Challenge, 15m – 25th February 2007

Mark Anslow 2.12.00
Gill Salmon 3.03.20
Jane Wheatley 3.05.13
Richard Wheatley 3.05.09
Rachel Martin 3.07.00
Lisa Haynes 6.36.13
John Truscott 6.36.36

Bramley 20m – 25th February 2007

Elsie Roberts 2.32.43

Pewsey Terminator 10m (11.5m) – 25th February 2007

Paul Stacey 1.54.00

Sleaford ½m – 25th February 2007

Alison Herbert 1.38.05 p.b.
Mark Tomlinson 1.38.37 p.b.
Colin Bones 1.40.11
Steve Gelderd 1.42.47

Inter Counties, Wollaton Park – 24th February 2007

U20 Men

67 Callum Cullan (Leicestershire)

Senior Ladies

32 Anna Frost (North Wales)
131 Emly Rose (Notts)

Senior Men

126 Alan Smith (Notts)
240 Paul Newton (Notts)
263 Andy Wetherill (Notts)

Tamworth Heat 10k – 18th February 2007

Dave Onion 48.09

Dewsbury 10k – 4th February 2007

Dave Onion 46.58

Bungay Great East Run, 20k – 18th February 2007

1st for Helen C in East Anglia!

Helen Cawthorne 1.24.30

East Midlands x/c, Colwick Woods – 18th February 2007

**Callum and Alan warm up for the inter counties with 1st & 2nd on the Colwick Hills!
Emily runs to 2nd in the ladies race!**

Redhill Team wins for the Ladies, Senior Men and Men's Vets!

Full results in the results section

1	Callum Cullen	2	Emily Rose
2	Alan Smith	8	Karyn Stander
7	Paul Newton	11	Catherine Charlton
10	Julian Richardson	19	Sarah Parker
19	James Butler	22	Rachel Martin
20	Kevin Brown	25	Amanda Lowton
21	Kevin Squires	27	Dawn Hales
22	Simon Nash	28	Liz Green-Davies
24	Martyn McHale	29	Alison Herbert
27	Dave Giles	35	Gill Salmon
35	Mark Anslow	38	Jo McMillan
36	Mark Attenborough	41	Michelle Flint
40	Tim Metcalfe		
41	Dave Walsh		
42	Stan Pascoe		
54	Mike Drury		
58	Dave Martin		
64	Bob Hayes		
65	Everton Aikman		
76	Arthur Hancock		
86	Keith Palmer		
89	Steve Gelderd		
92	Nigel Daniels		

Stamford 30k – 11th February 2007

3rd for Toni at Stamford!

Toni Minitti	2.07.16	(3 rd Lady)
Ian Beckingham	2.09.13	
Paul Stacey	2.19.18	
Elsie Roberts	2.22.43	
Sarah Huckle	2.26.36	(Hucknall RR)
Alison Herbert	2.28.54	
Pete Speakman	2.57.52	

Seville marathon – 11th February 2007

Andrew Norton 3.15.08

Alsegar 5m – 4th February 2007

Rob Keal	25.59
Matthew Clapp	27.21
Nigel Cobb	28.44
Andrew Norton	29.45

Charnwood Hills – 4th February 2007

Dave Walsh	1.40.53
Rachel Martin	2.16.24

Roman IX, 12k, Stratford upon Avon – 28th January 2007

Dave Onion	57.54 (2 nd M65)
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Ferriby 10m – 28th January 2007

Dave Giles	66.12 p.b.
Emily Rose	67.10 p.b.
Paul Ward	77.12
Amanda English	92.00

Midland x/c Championships – 27th January 2007

Paul Newton	47.19
Mark Yates	48.43

Midland Vets x/c Championships, Birchfield – 21st January 2007

9	Andy Wetherill	28.57
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East Midlands x/c, Bramcote – 21st January 2007

**Callum races to 2nd on the hills of Bramcote!
 Redhill senior men win race 3 to now tie in 1st place in the series (with Holme P)!
 Redhills senior B, C, D, E & F teams all win
 Redhill Vets win race 3 to now lead the series from Long Eaton!**

See our results section for full results

2	Callum Cullen	22	Helen Lowe
7	Tony Lowe	35	Rachel Martin
8	Matt Stratford	36	Dawn Hales
12	Kevin Squires		
15	Julian Richardson		
21	Tom McCulloch		
23	Kevin Brown		
24	Matt Hemsley		
26	James Butler		
34	Dave Giles		
37	Stan Pascoe		
40	Tim Metcalfe		
42	Dave Walsh		
43	Mark Anslow		
55	Mark Attenborough		
57	Ian Hales		
71	Ian Livsey		
74	Bob Hayes		
81	Arthur Hancock		
85	Chris Aikman		

86 Andy Philips
87 Keith Palmer
96 Bob Hickling
97 Steve Gelderd
99 Nigel Daniels

Folksworth 15m – 21st January 2007

Mark Davies 1.47.51
Elsie Roberts 1.51.38
Paul Stacey 1.56.32

North Midlands x/c, race 4, Wollaton Park – 13th January 2007

Series standings

**Alan Smith is 3rd overall and is North Midlands Vet Champion!
Redhill ladies win North Midlands x/c Team Championship!
Redhill Vets retain their Championship trophy!
Sharon wins individual F35 Silver!**

4	Alan Smith	10	Sharon Smith
12	Matthew Clapp	14	Toni Minitti
15	Andy Wetherill	17	Emily Rose
34	Mark Yates	29	Catherine Charlton
35	Matt Stratford	49	Helen Lowe
45	Tony Lowe	60	Rachel Martin
53	Ben Humphreys		
55	Nigel Cobb		
66	Paul Newton		
71	Gary McMahon		
74	Kevin Squires		
80	Martyn McHale		
84	Ian Abbott		
94	Dave Giles		
97	Matt Hemsley		
109	Mike Riley		
130	Ian Hales		
132	Andy Stredder		
159	Geoff Jackson		
174	Dave Martin		
177	Ian Livsey		
181	Chris Middleton		
183	Keith Palmer		
184	Everton Aitkin		
203	Maurice Lever		
204	Nigel Daniels		

Dubai 10k, Saudi Arabia - 14th January

Phil Wombwell 39.13

3 Villages 10k – 7th January 2007

Graham Webster 39.50 6th
Mike Drury 42.43
Ian Livesey 43.17
Paul Stacey 43.25
James Butler 44.10
Mark Attenborough 44.47

Dennis Reeson 48.33
Dave Onion 48.50

Ropsley Raid 13.96m (GPS) – 7th January 2007

2nd for Dave at Ropsley Raid!

Dave Walsh 1.42.10
Liz Green-Davies 2.27.00

Shinning Cliffs Fell race, Ambergate Derbys – 7th January 2007

Amanda English 1.15.00

Notts x/country champs, Ashfield School – 6th January 2007

Alan Smith is County Vet x/c Champion!

Andy Wetherill wins M40 Silver!

Gary McMahon wins M50 Bronze!

Redhills Vet Men (Alan, Andy W, Paul N & Mark Y) win county Team title!

Redhills Senior Men (Simon, Kevin S, Tim Met, Gary McM, Martyn & Ian A) win Team Silver!

Redhills Ladies (Sharon, Emily & Elsie) win Team Silver!

Men

Ladies

4	Alan Smith	(M40 Gold)	8	Sharon Smith
9	Andrew Wetherill	(M40 Silver)	11	Emily Rose
14	Paul Newton		17	Elsie Roberts
20	Mark Yates		24	Catherine Charlton
24	Kevin Squires		29	Karen Stander
32	Ian Abbott		30	Emma Fletcher
34	Simon Nash		32	Helen Lowe
37	Gary McMahon	(M50 Bronze)		
40	Tim Metcalfe			
46	Martyn McHale			
68	Andrew Stredder			
91	Geoff Jackson			
93	Colin Bones			

Thanks to all that ran and to those that went to support

Hangover 5m – 1st January 2007

John Truscott 42.29