

Redhill Race Results

Jan – June 2008

BMAF 10k Championships, Loughborough – 29th June 2008

Ann & Andy W both win individual British Masters Silver Medals!

(Awaiting Team results)

Andy Wetherill	34.17 (M50 Silver)
Paul Newton	35.39
Nigel Cobb	35.54
Clive Greyson	36.36
Martyn McHale	38.52
Mark Attenborough	39.27
Ann Ford	41.54 (F55 Silver)

Wetton and Manifold 10k – 29th June 2008

Extremely Hilly!

Steve Gelderd	48.42
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Terrapin Triathlon, Market Bosworth – 29th June 2008

	Swim 750m	Bike 13m	Run 5k	Total Time
Kevin Humphreys	19.59	42.51	25.30	1.28.20

Heritage, Wollaton Park 5k – 26th June 2008

Tom McCulloch	18.40
Stan Pascoe	19.09
Simon Nash	19.08
Kevin Brown	19.22
Kevin Squires	19.44
Chris Dwyer	22.34
Bob Hayes	22.44
Alex Eustace	23.23
Chris Jones	23.33
Andy Bryne	24.15
Nigel Daniels	25.01
Catherine Charlton	20.53
Bev Barnes	22.56
Sally Plastow	24.13
Michelle Flint	25.36
Nicola Glasby	33.13

Notts AAA's 10k Championships, Holme P – 24th June 2008

**Triple Gold for Redhill as Catherine, Bev & Nigel C all win County Championship titles!
Individual medals also for Ben, Clive, Gary, Andy B & Nigel D!**

Ben Bennett	34.55	(Senor Bronze)
Nigel Cobb	35.53	(M40 Gold)
Clive Greyson	35.55	(M40 Silver) p.b.
Nigel Lever	36.24	
Gary McMahon	37.02	(M50 Bronze)
Stan Pascoe	37.05	
Simon Nash	37.34	
Pete Gillespie	38.30	
Kevin Brown	38.37	
Kevin Squires	39.12	
Mike Drury	43.47	
Chris Dwyer	44.50	
Bob Hayes	45.23	
Andy Bryne	47.53	(M60 Silver)
Nigel Daniels	48.30	(M60 Bronze)
Alex Eustace	49.29	
Dennis Reeson	49.41	
Mark Taylor	60.40	
Catherine Charlton	43.09	(Senior Gold)
Bev Barnes	46.55	(F45 Gold)
Sally Plastow	48.50	
Michelle Flint	51.02	

BMAF 5k Championships, Horwich – 22nd June 2008

Helen wins British Masters Individual Silver at Howich!

Helen Burrell	18.43	(2 nd F45)	
Jane Pidgeon	18.57	(4 th F40)	(Notts AC)
Fred Pidgeon	18.55	(15 th M50)	(Notts AC)

Sherwood 10m TT – 24th June 2008

Mike Hankin	24:28
Ian Hales	25:57
Matt Hemsley	26:00
Paul Ward	26:42
Cameron Davis	28:25
Amanda English	29:52
Liz Green-Davis	31:22

Hickling Corne Dolly, 8m – 15th June 2008

Steve Gelderd	58.29
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Mayors Anchorage ½ m, Alaska, U.S.A. – 22ND June 2008

Apparently very hilly!

Jim Munro	91.03
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Breedon on the Hill, 6.5k – 22nd June 2008

Dennis Reeson	35.04
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Mersey Tunnel 10k - 1st June 2008

Dave Onion	48:36	(1 st M65)
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Stathern 10k – 22nd June 2008

Paul Stacey 40.40

Dambuster Triathlon, Rutland – 21st June 2008

Andy T wins on what was probably a very wet day in Rutland!

Pos		Swim 1500m	T1	Bike 26m	T2	Run 9.4k	Total Time
1	Andy Tarry	18.39	0.38	1.03.50	0.40	31.05	1.54.53
205	Paul Ward	25.38	2.02	1.18.00	1.21	48.07	2.35.09
315	Amanda English	29.02	1.47	1.26.23	1.54	48.36	2.47.43
421	Elsie Roberts	32.35	3.00	1.50.46	1.17	41.40	3.09.19

Wimbleball, Exmoor, UK ½ Ironman, 15th June 2008

52 hills in 56 miles on the bike followed by 3 laps on the run with 400m of ascent on each lap!

Richard Roper 6.48.27

Bluecote School 10k – 14th June 2008

Tim Wells 40.51
Paul Stacey 41.50
Chris McDonald 42.43
Graham Webster 42.48
Pete Scoffings 46.24
Mike Drury 46.31
Lauren Whiti 50.25
Linda Taylor 53.51
Alex Rastin 57.31

Woodhall Spa Triathlon – 15th June 2008

	Swim 400m	Bike 15m	Run 3m	Total Time
Michelle Yates	8.50	??	??	1.25.51

Principia 10k, Wollaton Park – 15th June 2008

Nigel is 3rd & with Andy, Paul & Mark win men's team prize!

3.	Nigel Lever	36:48
7.	Andy Norton	38:37
13.	Paul Stacey	40:07 p.b.
14.	Mark Davis	40:28
18.	Graham Webster	41:23
21.	Mike Drury	42:07
43.	Mark Widdowson	44:13

Ranby 10k – 15th June 2008

Catherine is 2nd & Sally 1st F35 at Ranby!

	Mike Drury	41.38
	Chris McDonald	41.41
	Catherine Charlton	42.15 p.b. (2 nd Lady)
	Graham Webster	43.02
	Paul Stacey	43.02
	Sally Pastow	46.55 (1 st F35)

Belated result – “Fetch Everyone” East Midlands, 1m – 5th May 2008

	Catherine Charlton	6.01 p.b.
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Long Eaton 5m – 15th June 2008

Bev is 1st F40 & Stan 1st M50 at Long Eaton!

	Matthew Clapp	27.43
	Stan Pascoe	29.23 (1 st M50)
	Adam Wright	31.14
	Kevin Squires	31.43
	Everton Aikman	33.58
	Chris Aikman	35.11
	Bev Barnes	36.22 (1 st F40)
	Dave Onion	38.22
	Dennis Reeson	39.02
	Paula Argyle	44.05

Woodhall Spa 10k – 1st June 2008

	Adam Wright	39.56
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Notts RR League, Erewash, 5.4m – 11th June 2008

**Helen B & Sharon are 2nd and 3rd at Erewash!
Ladies Senior team win Road Race 3!
Ladies Vets are also 2nd on the night!**

Individually

Helen is 2nd and Sharon 3rd overall

2	Helen Burrell	
3	Sharon Smith	(Vet)
8	Catherine Charlton	
9	May Bolland	

18	Elsie Roberts	
26	Lyndsey Taylor	
32	Bev Barnes	(Vet)
36	Amanda Lowton	
37	Carolyn Norton	(Vet)
38	Sarah Parker	
59	Michelle Flint	
60	Tracey Jones	
70	Anna Rainbow	
73	Jane Wheatley	
74	Lyndsey Adkin	
84	Jo McMillan	
85	Holly Edwards	
87	Jo Raven	
89	Suzi Artis	
98	Caroline Thornley	
104	Kate Maltby	
107	Raula Argyle	
112	Lisa Hopewell	
113	Karen Edge	
114	Katheryn Walsh	

Total Ladies = 25

Andy T wins & Lee is 3rd!

Both Redhill Senior and Vets teams win on the night to extend their overall leads!

Individually

Andy T leads the series with Lee 2nd.

Andy W is 1st Vet & 1st M50

Nigel C is 3rd M40

Jim is 1st M60

Also looks like a race between Gary McMahon & Stan for that Bronze M50 medal!

1	Andy Tarry	
3	Lee Stubbs	
5	Andy Wetherill	(Vet)
7	Ben Bennett	
10	Paul Newton	(Vet)
11	Matt Stratford	
12	Nigel Lever	
13	Terry Smith	
16	Ben Humphreys	
17	Nigel Cobb	(Vet)
20	Clive Greyson	(Vet)
29	Gary McMahon	
38	Tom McCulloch	
41	Simon Nash	
42	Martyn McHale	
43	Dave Walsh	
46	Mark Attenborough	
52	Mark Anslow	
59	Kevin Squires	
67	Jim Munro	
68	Stan Pascoe	
69	Mark Tomlinson	
71	Adam Wright	
72	Matt Hemsley	
89	Paul Stacey	

91 James Butler
 94 Chris McDonald
 95 Tim Wells
 123 Mike Drury
 124 Tim Dove
 127 Darryl Teager
 129 Jamie Beverton
 136 Mark Widdowson
 146 Steve Gelder
 147 Chris Aikman
 150 Carl Davey
 152 Pete Scoffings
 157 Richard Wheatley
 161 Richard Mayes
 162 Keith Palmer
 168 Geoff Jackson
 169 Andy Phillips
 177 Tim Cunnington
 182 Chris Jones
 201 Nigel Daniels
 209 Dennis Reeson
 213 Arthur Hancock
 214 Jon Morley
 219 Cam Davies
 222 Brian Moon
 227 Colin Peet
 228 Barry Davies
 230 Phil Hopewell

Total men = 53

78 club members run in total!

Weymouth Middle Distance Triathlon – 8th June 2008

Pos		Swim 1930m	Bike 54m	Run 13.1m	Total Time
212	Paul Ward	41.32	2.43.52	2.17.07	5.42.31
239	Amanda English	46.57	3.04.00	2.02.58	5.53.55
259	Kevin Humphreys	50.48	2.58.18	2.23.07	6.13.13

Weymouth Sprint Triathlon – 8th June 2008

Pos		Swim 750m	Bike 20k	Run 5k	Total Time
44	Cam Davies	21.31	40.47	26.24	1.28.42

Tan Hill Duathlon, Yorkshire – 7th June 2008

This was a tough course including some of Yorkshires finest 1 in 4 hills and a treacherous run over boggy marsh land.

Pos		Run 6k	Bike 38k	Run 11k	Total Time
10	Tim Wells	26.36	1.27.38	1.07.30	3.01.44

13	Chris McDonald	30.25	1.32.32	1.02.26	3.05.23
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Notts 10m, County Championships, Holme P – 6TH June 2008

Mary runs to Silver (& her 1st) County Championship medal!

As for the men, Andy W takes Silver & Vet M50 Gold, Simon & Dave W win M40 Vet Silver & Bronze medals whilst Jim takes M60 Gold!

Andy Wetherill	54.48 (Senior Silver & M50 Gold)
Matt Stratford	57.52
Mark Yates	60.48
Simon Nash	61.49 (M40 Silver)
Dave Walsh	62.56 (M40 Bronze)
Kevin Squires	63.07
Jim Munro	63.50 (M60 Gold)
Mark Tomlinson	65.00
Paul Stacey	66.44 p.b.
Graham Webster	69.31
Mary Bolland	70.03 (Senior Silver)
Carl Davey	72.33
Colin Bones	74.14
Mike Drury	74.31
Bev Barnes	78.56
Chris Jones	79.14
Pat McGovern	79.55
Dennis Reeson	81.33
Jon Morley	86.40
Jo McMillan	86.41
Brian Moon	88.28
Kate Maltby	93.46
Karen Edge	100.46
Beth Gardner	112.43
Wendy Lawson	112.43

National Aquathon Championships, Milton Keynes – 31st May 2008

Andy T wins National Aquathon Championships!

Pos		Swim 750m	Run 5k	Total Time
1 st	Andy Tarry	9.15	17.49	27.05

Garburn Trail, 24k – 1st June 2008

3rd for Toni in the Lake District!

Ben Bennett	1.45.01
Craig Henderson	1.45.52
Toni Minniti	1.58.11 (3 rd Lady)
Gary McMahon	2.15.59

Sinfin 10k – 1st June 2008

**Lee, Rob & Matt are 1-2-3 at Sinfin (& men's team prize)!
Carolyn also wins ladies race!**

Lee Stubbs	32.52	(1 st)
Rob Keal	33.45	(2 nd)
Matthew Clapp	34.36	(3 rd)
Nigel Lever	35.42	
Clive Greyson	36.59	
Carolyn Hay	37.50	(1 st Lady)
Kevin Squires	38.28	
Jim Munro	39.06	(1 st M60)
Mark Tomlinson	39.27	
Mark Attenborough	39.40	
Dave Walsh	39.47	
Paul Stacey	40.53	
Mark Davies	41.56	
Catherine Charlton	43.44	
Mike Drury	44.18	
Paul Ward	46.10	
Bev Barnes	46.15	
Carl Davey	46.21	
Chris Jones	47.34	
Kevin Humphreys	48.50	
Amanda English	49.45	
Michelle Flint	49.53	
Mike Monks	50.02	
Dennis Reeson	50.04	
Jo McMillan	52.59	
Colin Peet	58.04	
Kathryn Walsh	61.40	

Edinburgh marathon – 25th May 2008

Carl Davey	3.30.34	p.b.
Gordon Ross	4.01.34	

Oaks in Charnwood x/c challenge, 6.5m – 26th May 2008

23	Chris McDonald	53.20
50	Dennis Reeson	66.54

Yoredale 100m, Trail/Fell – 24th May 2008

Dominic Fletcher	27.35.00
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Buxton ½ marathon – 25th May 2008

Mark Tomlinson	1.33.05
Steve Gelderd	1.38.19
Dave Onion	1.56.05

Wetherby Triathlon – 25th May 2008

Pos		Swim 1500m	Bike 40k	Run 10k	Total Time
105	Kevin Humphreys	35.11	79.13	52.16	2.46.40

Sherwood 10m TT – 20th May 2008

Mike Hankin	24:40
Matt Hemsley	26:22
Paul Ward	27:18

Kevin Humphreys 28:41
Elsie Roberts 32:44

Mansfield Triathlon – 18th May 2008

Andy T wins Mansfield Tri!

Pos		Swim 400m	Bike 17k	Run 5k	Total Time
1	Andy Tarry	5.25	22.04	15.00	42.30

Eyam ½ marathon – 18th May 2008

Carolyn is 1st Lady in scenic (but not flat) Derbyshire!

If you fancy 13 miles of hills, then do Eyam next year!

Lee Stubbs 1.19.34
Carolyn Hay 1.29.49
Mark Tomlinson 1.33.50
Pete Gillespie 1.37.38
Steve Gelderd 1.40.06
Kevin Humphreys 2.04.41
Pete Speakman 2.06.50

BMAF Road Relays Championships, Sutton Park, Birmingham – 17th May 2008

Redhill's Ladies run to Team Bronze in the National Masters Road Relay Championships at Birmingham!

F35, Ladies - 4 x 3 miles

Carolyn Hay 17.51
Sharon Smith 18.10
Ann Ford 19.36
Helen Burrell 18.11 (3rd) 1.13.48

Redhill's Men beat all expectations to finish a magnificent 5th !

M40, Men - 8 x 3 miles

Alan Smith 15.04
Simon Nash 16.49
Clive Greyson 17.05
Martyn McHale 17.49
Andy Wetherill 15.42
Nigel Cobb 16.47
Mark Yates 16.26
Paul Newton 16.38 (5th) 2.12.20

Full results/times at <http://www.joelee.co.uk/2008/vets/vet082tms.html>

White Peak marathon – 17th May 2008

Ian Beckingham 3.10.01
Phil Williams 3.29.33
Pete Scoffings 3.38.49

White Peak ½ marathon – 17th May 2008

Dave Onions 1.47.45

Notts RR League, Holme P, 5m – 14th May 2008

Andy T & Lee are 1st & 2nd at Holme P!

Helen B is 3rd in the Ladies race!

Redhill's Senior & Vet men both storm to race wins to extend their overall leads in the series!

83 club members run in total!

Full results to follow when available

3	Helen Burrell	
4	Sharon Smith	(Vet)
7	Mary Bolland	
15	Elsie Roberts	
17	Amy Smith	
34	Bev Barnes	(Vet)
35	Amanda Lowton	
37	Sarah Parker	(Vet)
49	Catherine Charlton	
71	Amanda English	
78	Michelle Flint	
79	Rachel Grant	
83	Anna Rainbow	
87	Lyndsey Adkin	
88	Justine Moore	
95	Suzi Artis	
98	Jo McMillan	
100	Caroline Thornley	
113	Jennifer Fearon	
114	Paula Argyle	
118	Karen Edge	
120	Katherine Walsh	
122	Wendy Lawson	

Total = 23

1	Andy Tarry	
2	Lee Stubbs	
8	Ben Bennett	
9	Andy Wetherill	(Vet)
11	Terry Smith	
14	Matt Stratford	
16	Ben Humphreys	
17	Nigel Cobb	(Vet)
19	Simon Nash	(Vet)
20	Clive Greyson	(Vet)
28	Stan Pascoe	
45	Gary McMahon	
51	Tom McCulloch	
54	Dave Walsh	
55	Kevin Brown	
57	Kevin Squires	
61	Mark Anslow	
68	Mark Attenborough	
69	Martyn McHale	
74	Jim Munro	

76	Bruce Olpin
81	Mark Tomlinson
93	Adam Wright
99	Matt Hemsley
105	Paul Stacey
117	Terry Chambers
124	James Butler
127	Chris McDonald
133	Tim Wells
144	Graham Webster
148	Mike Drury
150	Steve Gelderd
155	Tim Dove
158	Jamie Beverton
159	Colin Bones
164	Darryl Teager
172	Chris Dwyer
175	Richard Mayes (Dean Massey)
176	Ian Livsey
180	Chris Aikman
185	Carl Davey
188	Paul Ward
189	Tony Lowe
195	Andy Phillips
198	Tim Cunnington
200	Alex Eustace
202	Bob Hayes
214	Phil Williams
216	Pete Scoffings
217	Keith Palmer
226	Chris Jones
236	Nigel Daniels
241	Arthur Hancock
254	Mike Monks
256	John Morley
258	Brian Moon
261	Cam Davies
270	Colin Peet
273	Pete Speakman
276	Barry Davies

Total = 60

Sherwood 10m TT – 13th May 2008

Mike Hankin	25:06
Matt Hemsley	26:51
Ian Hales	28:08
Cameron Davis	28:56
Paul Ward	26:44
Amanda English	30: 57
Gill Salmon	37:35

Sherwood 20m TT – 11th May 2008

Paul Ward	57:12
Amanda English	1:06:57
Elise Roberts	1:11:05

Nottinghamshire Track Championships – 10th – 11th May 2008

Silver & Bronze medals for Andy & Mark on the track!

5000m

Andy Wetherill 16.17 (Silver)

3000m Vets

Andy Wetherill 9.31 (Silver)
Mark Yates 10.02 (Bronze)

Larwood 10k – 11th May 2008

Sally Plastow 49.36

Sherwood 10m TT – 6th May 2008

Mike Hankin 25:13
Matt Hemsley 26:10
Paul Ward 26:55
Kevin Humphreys 28:37
Cam Davis 29:16
Elsie Roberts 31:42
Liz Green-Davis 34:16
Gill Salmon 35:30

Southwell 5k – 5th May 2008

Lee & Callum are 1st and 2nd at Southwell!

1	Lee Stubbs	16.01 (1 st)
2	Callum Cullen	16.17 (2 nd)
4	Terry Smith	17.03
5	Simon Nash	17.33 (2 nd M40)
9	Mark Attenborough	18.37 p.b. (3 rd M40)
10	Mark Anslow	18.46 p.b.
11	Jim Munro	19.05 (1 st M60, course record)
30	Mike Drury	21.41
59	Phil Hopewell	28.26

Southwell Triathlon – 4th May 2008

Andy T kicks off his 2008 Tri season with a win at Southwell!

Pos		Swim 400m	T1	Bike 12m	T2	Run 3m	Total Time
1	Andy Tarry	5.49	0.25	25,16	0.31	14.29	46.33
70 (4 th Lady)	Amy Smith	6.46	0.51	30.09	0.54	19.15	57.58
117	Matt Hemsley	9.05	1.10	30.23	1.04	18.34	1.00.20
140	Tim Wells	8.40	1.28	30.14	0.58	20.12	1.01.35
284	Elsie Roberts	9.43	1.21	36.30	1.44	19.14	1.08.34
456	Tracey Lowton	11.01	1.27	44.24	1.50	27.05	1.25.49

Underwood 10k – 27th April 2008

Jim Munro	41.05
Bob Hayes	48.12
Sally Plastow	50.47
Dennis Reeson	52.48
Mike Monks	53.39
Colin Peet	63.03

Sherwood 10m TT – 29th April 2008

Mike Hankin	25:12
Ian Hales	26:34
Matt Hemsley	26:51
Paul Ward	26:56
Cameron Davis	29:50
Liz Green-Davis	34:07
Amanda English	32:03
Elsie Roberts	34:07

Sherwood 10m TT – 22nd April 2008

Ian Hales	26:40
Matt Hemsley	26:49
Paul Ward	27:12,
Cameron Davis	29:49
Elsie Roberts	32:07
Liz Green-Davis	34:14

Sherwood 10m TT – 15th April 2008

Mike Hankin	25:10
Paul Ward	27:25
Cameron Davis	31:56
Liz Green-Davis	35:03

Sherwood 10m TT – 8th April 2008

Mike Hankin	25:10
Matt Hemsley	26:19
Paul Ward	27:23
Cameron Davis	30:19
Liz Green-Davis	34:22
Amanda English	34:48

Sheffield ½ marathon – 27th April 2008

Carolyn is 2nd Vet at Sheffield!

Clive Greyson	1.20.38
Carolyn Hay	1.23.16 p.b. (2 nd F35)
Mark Tomlinson	1.26.41
Graham Webster	1.29.09
Tim Dove	1.35.39
Carl Davey	1.36.47
Steve Carroll	1.39.22
Mike Drury	1.40.45
Dave Onion	1.48.28
Jo McMillan	1.53.46
Kevin Humphreys	1.56.00

Suzi Artis 2.07.04
Barry Davies 2.26.09

Carsington Duathlon – 26th April 2008

Name	Pos	12k run	40k bike	4k run	Total
Matt Hemsley	56	53.15	1.21.14	15.48	2.30.17
Tim Wells	89	55.26	1.25.47	17.32	2.38.45
Chris McDonald	115	59.09	1.31.02	17.14	2.47.25

Notts RR Race Review – Epperstone

“Redhill started the Nottinghamshire Road Race 2008 season in the manner in which they finished in 2007 by running to convincing wins in 3 of the 4 team categories on a warm spring evening at Epperstone. Over the 5.9 mile course Redhill’s Andy Tarry made light work of the course to win & was backed up in 3rd by fellow club member Lee Stubbs. The men’s team finished 6 in the top 12 to run out convincing winners on the night opening up a useful lead going into race 2 next month. The men’s veteran team consisting of Nigel Cobb, Simon Nash, Clive Greyson & Mark Yates also ran strongly to victory.

In the ladies race, Redhill’s Helen Burrell finished 2nd overall and was backed up by a strong Redhill ladies team who finished 7 in the 1st 18 ladies to win on the night & to come 2nd in the Veteran’s category.

In total 91 club members ran on the night out of a total field of around 400 running club members from all over Nottinghamshire.”

Redcar ½ marathon – 20th April 2008

Mike Drury 1.37.25

Notts RR League, Epperstone, 5.9m – 23rd April 2008

**Redhill’s Ladies & Men’s Senior & Vet’s all storm to victories at Epperstone
Andy T wins, Lee is 3rd & Helen B is 2nd in the Ladies race!
91 Club members run in total!**

Full results on results page

1	Andy Tarry	2	Helen Burrell
3	Lee Stubbs	5	Sharon Smith (Vet)
6	Andy Wetherill	7	Mary Bolland
10	Terry Smith	10	Sarah Richards
11	Ben Bennett	15	Elsie Roberts
12	Matt Stratford	17	Amy Smith
16	Ben Humphreys	18	Karen Stander
18	Nigel Lever	24	Catherine Charlton
21	Nigel Cobb (Vet)	31	Bev Barnes (Vet)
26	Simon Nash (Vet)	49	Fliss Garland (Vet)
27	Mark Yates (Vet)	55	Amanda Lowton
28	Clive Greyson (Vet)	56	Helen Flint
37	Martyn McHale	78	Michelle Flint
44	Stan Pascoe	84	Amanda English
45	Tom McCulluch	91	Holly Edwards

52	Kevin Brown	92	Jane Wheatley
57	Bruce Olpin	95	Anna Rainbow
59	Mark Attenborough	97	Jo Raven
62	Adam Wright	104	Suzi Artis
64	Gary McMahon	105	Jo McMillan
67	Kevin Squires	113	Rachel Grant
69	Jin Munro	114	Nikki Powers
82	Mark Davies	124	Paula Argyle
95	Mark Tomlinson	125	Karen Edge
101	Dominic Fletcher	126	Jennifer Fearon
106	Paul Stacey	128	Wendy Lawson
111	James Butler	129	Beth Gardner
117	Graham Webster		Total = 26
125	Terry Chambers		
131	Ian Hales		
145	Mark Widdowson		
146	Chris Dwyer		
153	Darren Teager		
161	Carl Davey		
163	Tim Wells		
171	Richard Wheatley		
175	Chris McDonald		
176	Steve Gelderd		
179	Andy Phillips		
180	Pete Scoffings		
181	Richard Mayes		
183	Phil Williams		
186	Mike Drury		
187	Pete Henley		
188	Keith Palmer		
193	Trevor Onions		
195	Geoff Jackson		
201	Tim Cunnington		
203	Bob Hayes		
213	Tony Lowe		
215	Paul Ward		
221	Alex Eustace		
227	Andy Burns		
228	Andy Barks		
241	Nigel Daniels		
242	Pete Knight		
244	Arthur Hancock		
245	Bob Hickling		
258	Dennis Reeson		
261	Mike Monks		
263	Brian Moon		
265	Jon Morley		
271	Cam Davies		
272	Colin Peet		
275	Barry Davies		

Total = 65

Derby 10k – 20th April 2008

Stan is 1st M50 at Derby!

Andy Tarry	32.29
Paul Newton	35.33 (3 rd M40)
Ben Humphreys	36.22

Nigel Lever	36.25
Stan Pascoe	37.43 (1 ST M50)
Bev Barnes	48.03
Jo McMillan	53.46
Jo Raven	53.57
Naomi Humphreys	56.28

Derby 5k – 15th April 2008

Andy Norton	17.05
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Calderdale Hike, Fell, 37m – 12th April 2008

Dominic Fletcher	9.03.00
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London Marathon – 13th April 2008

Ben Bennett	2.34.27 p.b.
Matthew Clapp	2.35.12 p.b.
Dave Walsh	2.55.42
Matt Stratford	2.59.17
Helen Cawthorne	3.16.43
Kevin Brown	30.34.45
Mark Davies	3.04.15 p.b.
Paul Stacey	3.08.57 p.b.
Chris Dwyer	3.18.51
Pete Gillespie	3.23.52
Steve Gelderd	3.49.32
Jo Stocks	3.50.05
Colin Bones	3.57.07
Gill Salmon	4.36.06
Suzi Artis	4.49.16

Mansfield 5k – 11th April 2008

Terry Smith	17.45
Mark Attenborough	19.09
Ian Abbott	19.18
Bruce Olpin	19.48
Mark Anslow	19.56
Emily Rose	20.38
Mike Drury	22.17
Sally Plastow	24.32

Bungay marathon, Suffolk – 6th April 2008

2nd and 3rd for Sarah & Alison in Suffolk!

Sarah Richards	3.33.53 p.b.
Alison Herbert	3.35.40 p.b.

Ranby 10m – 6th April 2008

Jim Munro	68.12
Karyn Stander	72.19 (1 st Senior & 2 nd Lady o/all)
Mike Drury	77.00
Bob Hayes	77.05

Derby Double Duathlon: Sun 6th April

2nd Lady for Elsie at Derby Double Duathlon!

name	pos	2 run	12k bike	2k run	12k bike	2k run	total
Tim Wells	15	00:09:23	00:24:59	00:09:30	00:26:02	00:09:01	01:18:55
Chris Macdonald	17	00:09:27	00:25:12	00:10:07	00:25:57	00:09:12	01:19:55
Elsie Roberts	29	00:10:37	00:29:33	00:10:01	00:28:56	00:08:50	01:27:57

Rother Valley 10k – 5th April 2008

Ben warms up for London with a win round the lakes of Rother!

Ben Bennett 33.54 (1st overall)

Midland Counties 6 stage Masters relays, Sutton Park – 5th April 2008

Redhill's Vet's win 1st Midland 6 stage title!

On a memorable afternoon Redhill's Vets won the Midland Counties 6 stage championship, a title the club last won in 1997. Leading after the 1st leg thanks to a fine run by Andy Tarry the team were always in the mix throughout but found themselves trailing by 30 seconds into the start of the final leg with Redhill's Paul Newton chasing Telford AC's last leg runner for the title. A storming last leg from Paul however overturned the deficit and the reward was a winning margin of 1 minute 14 seconds and that Midland title!

Congratulations from all!

Andy Tarry 27.47 (long leg)
Simon Nash 17.23
Clive Greyson 17.43
Andy Wetherill 29.26 (long leg)
Mark Yates 16.40
Paul Newtron 16.34

Midland Counties 12 stage relays, Sutton Park – 5th April 2008

Lee Stubbs 28.52 (long leg)
Rob Keal 15.34
Kevin Squires 18.59
Ben Humphreys 31.36 (long leg)
Mark Tomlinson 19.21
Andy Norton 17.15
Mark Attenborough 34.01 (long leg)
Terry Smith 17.01
Nigel Lever 16.44
Martyn McHale 34.05 (long leg)
Adam Wright 19.31
Ian Abbott 18.45

East Leake Triathlon – 30th March 2008

pos		Swim 400m	Bike 20k	Run 2 5k	Total Time
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16 lady	Elsie Roberts	11.30	44.57	21.20	1.17.47
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British Masters x/country Championships, Banbury – 28th March 2008

**Redhill Ladies are crowned British Masters x/country champions!
Carolyn & Ann also run to individual Bronze medals!**

Redhill ladies claimed their 4th x/country title of 2008 as they were crowned National Masters Champions on a muddy Banbury course against the best in Britain.

In a keenly fought race Carolyn Hay was first home for the club in 8th securing an individual F35 Bronze & was closely followed by Helen Burrell in 11th. Ann Ford also collected an individual Bronze whilst anchoring the team home and in the closest of contests Redhill were crowned National Champions over Dulwich Running Club by the narrowest of margins, 1 second, to repeat their National title success of 2004!

In an unprecedented x/country season, the Ladies have now been crowned, Nottinghamshire County Champions, East & North Midland Champions & now British Masters Champions!

In the men's M50 race Andy Wetherill missed out on an individual bronze by a mere 10 seconds in a very strong men's field.

Ladies (6k)

8	Carolyn Hay	27.13 (3 rd F35)
11	Helen Burrell	27.25
38	Ann Ford	29.10 (3 RD f55)

M50 (8k)

5	Andy Wetherill	31.23
54	Stan Pascoe	35.49

Stanwick 10k – 24th March 2008

Karen Stander 44.21

Edale Fell, 21m – 30th March 2008

Dominic Fletcher 4.23.34

Lincoln 10k – 30th March 2008

Carolyn is 1st Lady Vet at Lincoln!

Rob Keal	32:53
Matthew Clapp	33:46
Clive Greyson	37:01
Carolyn Hay	38:25 (1 st Lady Vet)
Tim Dove	43:13 p.b.
Everton Aikman	43:16
Chris Aikman	44:13
Holly Edwards	49:54 p.b.
Malcolm Stevens	54:17

Hose ½ marathon – 30th March 2008

Lee is 3rd at Hose!**Redhill's Men win team (Lee, Simon, Mark & Paul)!**

Lee Stubbs	1.15.00 (3 rd overall)
Simon Nash	1.21.22
Mark Davies	1.25.54
Paul Stacey	1.26.27
Mark Tomlinson	1.26.53
Chris Dwyer	1.33.55
Graham Webster	1.34.16
Karen Stander	1.38.22
Mike Drury	1.38.26
Carl Davey	1.38.41
Andy Phillips	1.40.21
Caroline Norton	1.45.29
Bev Barnes	1.46.52
John Truscott	1.48.48
Nigel Daniels	1.49.19
Gordon Ross	1.52.13
Bob Hickling	1.53.02
Michelle Flint	1.54.58
Amanda English	1.55.10
Chris Jones	1.59.35
Rachel Grant	2.02.20
Kate Maltby	2.05.29
Gill Salmon	2.08.01
Colin Peet	2.26.15

Compton Download Challenge, trail, 40 miles – 22nd March 2008

Dominic Fletcher 7.23.00

Sports Relief, Sainsbury's 1m treadmill – 15th March 2008

Alan Smith	5.00
Steve Gelderd	7.46
John Morley	7.38
Chris Jones	7.50
Amanda Lowton	7.51
Karen Stander	6.50
Michelle Flint	8.10
Stan Pascoe	5.51
Chris Middleton	7.36
Pete Henley	6.02
Alex Eustace	7.30

Wollaton Park Easter 10k – 24th March 2008

Simon Nash	37.03
Nigel Cobb	37.26
Nigel Lever	38.05
Mark Attenborough	40.09
Mark Anslow	40.20
Nicola Mabbott	40.41
David Walsh	40.50
Paul Stacey	41.10
Matt Hemsley	41.17
Mark Tomlinson	41.58
Ian Abbott	42.27
Mary Boland	43.52

Ian Livsley	44.50
Carl Davey	45.06
Peter Scoffings	45.40
Mike Drury	46.10
Andrew Phillips	47.01
Bev Barnes	47.56
Alex Eustace	50.13
Robert Hayes	48.59
Nigel Daniels	51.06
Michelle Flint	51.56
Dennis Reeson	54.07
Dennis O'Neil	55.47
Mark Taylor	57.26
Colin Peet	62.44
Kathryn Walsh	68.38

St Patricks Day 5k, Grand Cayman Isles– 17th March 2008

Jim Munro 20.30

Bath ½ marathon – 16th March 2008

Rob Keal	1.11.31 p.b.
Ben Bennett	1.12.53 p.b.
Matthew Clapp	1.13.31
Craig Henderson	1.18.21
Toni Minitti	1.26.32

Inter Counties x/country championships, Wollaton Park – 15th March 2008

Congratulations to all & especially to Carolyn & Lee for finishing their 1st race for Nottinghamshire!

Andy Tarry	Carolyn Hay
Andy Wetherill	Helen Burrell
Lee Stubbs	

Charnwood Marathon – 15th March 2008

Dave Walsh 3.52.00

Wuthering Hike, Fell, 32 miles – 15th March 2008

Dominic Fletcher 5.59.00

Sheffield (Dronfield) 10k – 16th March 2008

Andy Norton 36.16 p.b.

Silverstone ½ marathon – 9th March 2008

Beth Gardner 2.40.48

Ashby 20m – 9th March 2008

**2nd Lady & 1st Vet for Helen at Ashby!
Ladies team also 2nd (Helen, Sarah & Amy)**

Dave Walsh	2.13.14
Pete Gillespie	2.13.57

Kevin Brown	2.15.47
Helen Burrell	2.18.00 (2 nd Lady, 1 st Vet)
Mark Davies	2.19.10
Paul Stacey	2.21.51 p.b.
Mark Tomlinson	2.23.53
Richard Wheatley	2.37.26
Sarah Richards	2.38.22
Steve Gelderd	2.39.20
Carl Davey	2.39.25
Amy Smith	2.39.57
Alison Herbert	2.39.57
Chris McDonald	2.45.00
Gill Salmon	3.20.59
Suzi Artis	3.26.10

Grantham ½ marathon – 9th March 2008

Andy Norton	1.21.14 p.b.
Graham Webster	1.33.45

Rushcliffe 10k – 9th March 2008

Ann & Simon are both 3rd and 1st Vets at a windy Ruddington!

3	Simon Nash	35.53	(3 rd , 1 st Vet)
4	Mark Yates	35.55	
5	Nigel Cobb	36.20	
8	Nigel Lever	36.49	
11	Stan Pascoe	38.04	
17	Mark Anslow	39.10	
18	Mark Attenborough	39.12	
23	Bruce Olpin	39.49	
42	Ann Ford	41.46	(3 rd Lady, 1 st Vet)
49	Catherine Charlton	42.25	
51	Ian Livsey	42.33	
85	Chris Middleton	44.24	
96	Karen Stander	44.37	
132	Bev Barnes	46.38	p.b.
174	Bob Hayes	48.25	
182	Mike Drury	48.40	
195	Nigel Daniels	49.06	
209	Gordon Ross	94.42	
221	Chris Jones	50.18	p.b.
223	Alex Eustace	50.20	
236	Michelle Flint	50.37	
246	Holly Edwards	51.03	
270	Tracey Jones	51.36	
297	Rachel Grant	53.03	
314	Dawn Hall	53.47	
324	Caroline Thornley	54.15	
325	Jo McMillan	54.17	
413	Paula Arglye	57.04	

Clumber Duathlon – 8th March 2008

pos		Run 1 10k ??	T1	Bike 40k	T2	Run 5k	Total Time
114	Matt Hemsley	34.05	1.04	1.09.20	1.04	17.39	2.03.14

Milton Keynes ½ marathon – 2nd March 2008

Toni Minitti 1.27.31

(Belated) Sleaford ½ marathon – 24th February 2008

**1st for Leigh & Carolyn at Sleaford!
Redhills men also win team prize!**

Leigh Stubbs	1.12.28
Carolyn Hay	1.25.48
Mark Tomlinson	1.27.59
Clive Greyson	1.28.05
Steve Gelderd	1.34.13
Chris Dwyer	1.36.58
Dennis Reeson	1.51.16

East Midlands x/country, Darley Park – 2nd March 2008

**East Midlands x/country titles for Redhill's Ladies & Men's Vets!
Titles also for the Ladies & Men's B Teams!**

Carolyn, Jane & Catherine are 1st 2nd & 3rd.

Andy T is 2nd

Redhill Ladies swept to their 1st East Midlands x/country title in recent years in convincing fashion by finishing 1, 2, 3 in the final race of the series at Darley Park in Derby. The reigning Nottinghamshire & North Midlands x/country champions adding this 3rd x/country title to their impressive list of achievements so far to date in 2008. The ladies B team also won their title whilst the men's vets retained their x/country titles together with the Mens B team!

(Full results see results page)

2	Andy Tarry	1	Carolyn Hay
10	Paul Newton	2	Jane Pidgeon
16	Mark Davies	3	Catherine Charlton
17	Fred Pidgeon	5	Emily Rose
22	Matt Hemsley	13	Bev Barnes
24	Mark Attenborough	22	Rachel Grant
27	James Butler	36	Catherine Walsh
31	Mark Tomlinson		
33	Jim Munro		
36	Paul Stacey		
43	Dave Walsh		
54	Mike Drury		
62	Arthur Hancock		
66	Nigel Daniels		
67	Chris Jones		
69	Colin Peet		

British Masters Indoor Athletics Championships Lee Valley - 23rd / 24th February 2008.

Double British Masters Silver Medals for Jim at the Indoor Champs!

(see photo success section)

Jim Munro	M60 1500M	5:05:79	Silver Medal
Jim Munro	M60 800M	2:36.00	Silver Medal

Reading ½ marathon – 2nd March 2008

Lindsay Hackin 1:39:33
Mark Widdowson 1:41:44

Norton 9m – 2nd March 2008

Andrew Norton 54.30 p.b

Tokyo marathon – 17th February 2008

John Truscott 3.59.17

Pewey Vale Terminator, 11.5m – 24th February 2008

Paul Stacey 1.34.55

Belvoir Challenge – 24th February 2008

26 miles

15 Dave Walsh 3:54:38

5 miles

20 Mark Anslow 2:10:29
104 Mike Drury 2:36:08
219 Jane Wheatley 2:59:36
220 Richard Wheatley 2:59:41
226 Gillian Salmon 3:01:53
347 Liz Green-Davis 4:08:06
323 James Butler 5:16:22

Orewa Beach 10k, New Zealand – February 2008

Martyn wins his 1st ever race with a p.w. in New Zealand!

1 Martyn McHale 43.36 p.w. (1st)

East Midlands x/country, Colwick Woods – 17th February 2008

Lee wins on the hills of Colwick!

Full results when available

1	Lee Stubbs	4	Jane Pidgeon
12	Mark Attenborough	8	Catherine Charlton
17	Paul Newton	12	Karen Stander
18	Andy Norton	18	Bev Barnes
19	Fred Pidgeon	27	Rachel Martin
26	Mark Anslow		
29	Dave Walsh		
32	Mark Tomlinson		
33	Adam Wright		
35	Bruce Olpin		
38	James Butler		
44	Paul Stacey		
50	Carl Davey		
54	Steve Gelderd		
55	Keith Palmer		

60 Arthur Hancock
66 Mike Drury
72 Chris Jones
73 Nigel Daniels

Stamford 30k – 10th February 2008

Rob, Ben, Pete & Mark win men's team prize at Stamford!

5	1:47:05	KEAL, Rob	
7	1:50:16	BENNETT, Ben	
64	2:08:24	GILLESPIE Peter	
89	2:11:19	DAVIS, Mark	
90	2:11:19	TOMLINSON, Mark	
123	2:15:00	MINNITI, Antoinette	
142	2:16:59	STACEY, Paul	p.b.
210	2:23:00	RICHARDS, Sarah	p.b.
233	2:24:52	GELDERD, Steve	
243	2:25:54	HERBERT, Alison	p.b.
250	2:26:58	DAVEY, Carl	
254	2:27:28	WHEATLEY, Richard	
462	2:49:47	ONION, Dave	
512	2:57:26	WHEATLEY, Jane	

Watford ½ m – 3rd February 2008

Kevin Brown 1.25.38

Mickleden Straddle, Fell 13.8m – 3rd February 2008

Dominic Fletcher 2.17.08.

Alsager 5m – 3rd February 2008-02-05

Andy Wetherill 27.36 (1st M50)

Charnwood Hills – 26th January 2008

Dave Walsh 1.45.37
Paul Stacey 1.58.51

East Midlands x/country, Bramcote – 26th January 2008

Lee wins East Mids x/c race 3 at Bramcote!

Redhill Men's vets also win to extend series lead (Simon, Mark At, Fred & Mark An)

Redhill ladies "A" are 2nd to now be equal 1st overall whilst the ladies "B" Team are 1st!

Full results in the results section

1	Lee Stubbs	3	Jane Pidgeon
9	Simon Nash	6	Mary Bolland
19	Mark Attenborough	10	Catherine Charlton
23	Fred Pidgeon	13	Karen Stander
29	Matt Hemsley	17	Bev Barnes
30	Mark Anslow	27	Dawn Hales
37	Mark Tomlinson	28	Amanda English
38	James Butler	35	Helen Lowe
40	Stan Pascoe		
52	Tony Lowe		
60	Paul Stacey		

62 Steve Gelderd
63 Chris Middleton
78 Arthur Hancock
86 Kevin Humphreys
88 Nigel Daniels

Ferriby 10m – 25th January 2008

Andy Norton 60.53 p.b.

Midland Vets, x/country Championships, Birmingham – 19th January 2008

Andy W wins Midlands Vets X/country Champs!

1	Andy Wetherill	29.34 (also 1 st Vet 50)
16	Nigel Cobb	32.55
22	Fred Pidgeon	33.55 (Notts AC)
24	Martyn McHale	33.59
26	Clive Greyson	35.06
7	Jane Pidgeon	26.37 (2 nd F40) (Notts AC)

Folksworth 15m – 19th January 2008

Elsie Roberts	1.55.04
John Truscott	2.05.00
Paul Stacey	2.06.40

North Midlands X/country, Wollaton Park – 12th January 2008

Ladies and Men's Vets retain their North Midland x/c Team titles!

Toni & Alan are Vet Champions, Andy W 1st M45, Sharon 2nd F35 & Carolyn 3rd F35!

Full results at <http://www.northmidxcleague.co.uk/>

4	Callum Cullen (Owls)	10	Toni Minitti
6	Alan Smith	11	Sharon Smith
12	Andy Wetherill	12	Helen Burrell
38	Simon Nash	22	Ann Ford
47	Terry Smith	29	Catherine Charlton
56	Nigel Cobb	60	Michelle Flint
87	Clive Greyson		
91	Martyn McHale		
103	Mark Attenborough		
113	Jim Munroe		
121	Matt Hemsley		
180	Chris Middleton		
202	Andy Barkes		
205	Nigel Daniels		

Derby Midweek 5k – 9th January 2008

Andrew Norton 17.48

Shining Cliff Woods Fell race, 6.3m - 6th January 2008

Sarah Costin	68.36
Amanda English	68.36

Notts X/country Championships, Marceaton Park – 5th January 2008

The club wishes to thank all that ran at Derby, to all that helped to organise the club and to all that when to support, thank you, great club turn out and what a start to 2008!

Redhill Ladies (Carolyn, Helen & Sharon) storm to County Title!
Redhill Men's Vet's (Andy W, Mark Y, Simon & Nigel C) retain County Title!
Redhill Senior men (Andy T, Lee, Alan, Callum, Rob & Ben) give Nott's AC the fright of their lives but have to settle for Team Silver!
Carolyn wins F35 Silver!
Helen wins F35 Bronze!
Ann wins F55 Title!
Callum wins U20 Silver!
Alan wins M40 Title!
Andy W wins M50 Title!
Jim wins M60 Title!

Full results at <http://www.nottsaaa.org/>

6	Andy Tarry	5	Carolyn Hay
8	Lee Stubbs	6	Helen Burrell
9	Callum Cullen	7	Sharon Smith
10	Alan Smith	10	Ann Ford
11	Rob Keal	15	Catherine Charlton
13	Andy Wetherill	21	Elsie Roberts
19	Ben Bennett	29	Bev Barnes
23	Matthew Clapp	42	Michelle Flint
30	Simon Nash	47	Angela Trickic
31	Mark Yates		
37	Nigel Cobb		
53	Martyn McHale		
55	Clive Greyson		
56	Mark Attenborough		
64	Matt Hemsley		
66	Jim Munro		
91	Geoff Jackson		

Golden Notts x/country Championships for Redhill

Redhill Ladies storm to Notts x/c Championship title!

Redhill ladies started 2008 where they left off in 2007 in winning form by storming to the Nottinghamshire cross country title in convincing fashion at Marceaton Park in Derby. The present North Midland cross country champions, led home by Carolyn Hay 5th, Helen Burrell 6th & Sharon Smith 7th ran to a convincing win on the 8km course over Long Eaton and Notts AC. Also running for Redhill were Ann Ford 9th, Catherine Charlton 15th, Elsie Roberts 21st, Bev Barnes 29th, Michelle Flint 42nd & Angela Trickic 47th.

The Ladies also won individual championship medals in the form of Gold, Ann Ford (F55), Silver, Carolyn Hay (F35) & Bronze, Helen Burrell (F35).

Redhill's Men give Notts AC such a fright!

Redhill's Senior Men gave Notts AC the fright of their lives at the Nottinghamshire cross country championships at Derby. Notts AC, who had previously won 41 of the last 42 championship titles were taken right to the wire as Redhill's men, led by British Aquathon Champion Andy Tarry 6th and backed up by Lee Stubbs 7th, Callum Cullen 9th, Alan Smith 10th, Rob Keal 11th, Ben Bennett 19th & Matthew Clapp 23rd packed well to put severe pressure on the reigning champions. The result was too close to call but Notts just held on to extend their impressive record but Silver Team medals was just reward for Redhill's men for such a gutsy showing.

There was more Championship success for Redhill's Veteran Men who comfortably retained their county title. Led home by Andy Wetherill 13th, followed by Simon Nash 30th, Mark Yates 31st, Nigel Cobb 37th & Martyn McHale 53rd the present North Midlands Veteran cross country champions were easily the class of the Veteran field.

Redhill's Men also took a clean sweep in the age group championship titles through Alan Smith M40 Gold, Andy Wetherill M50 Gold & Jim Munro M60 Gold.

Also running for Redhill's men were Clive Greyson 55th, Mark Attenborough 56th, Matt Hemsley 64th, Jim Munro 66th & Geoff Jackson 91st.

Redhill will again be competing next Saturday at Wollaton Park in the final race of the North Midlands cross country series where they are favourites to retain their Ladies & Vet Men's North Midland cross country team titles.

Cleethorpes 10k – 1st January 2008

Carolyn Hay 37.03 p.b.

Hangover 5m, Whatstandwell – 1st January 2008

53	John Truscott	42.02
71	Pete Speakman	47.22