

Redhill Race Results

July -Dec 2003

Lara Duathlon, Milford – 31st December 2003

Pos		Run 1	Bike	Run 2	Total Time
26	Mike Hankin	15.50	32.16	21.42	69.48

Caythorpe (Southwell) 10k - 28th December 2003

8	Terrance Smith	34:36
20	Kevin Squires	36:42
21	Ian Abbott	36:43 p.b.
38	Andy Proffitt	38:56
43	Bruce Olpin	39:22 p.b.
45	Ann Ford	39:37 (1 st Vet, 3 rd lady)
52	Richard Hammond	39:57
56	Bill Johnson	40:04 (1 st M60)
60	James Butler	40:33
72	Raymond Gayne	41:02
97	Mark Anslow	42:25
101	Stewart Lake	42:34
114	Robert Hayes	43:01
119	Felicity Garland	43:19 (1 st F55)
157	Paul Ward	44:43
160	Tony Garland	44:46
165	John Cass	44:51
175	Taff Ramsey	45:24
185	Michael Monks	45:37
196	Robert Hickling	46:12
218	Michelle Flint	47:13
249	Maurice Lever	48:44
262	Dennis Reeson	49:26
267	Michelle Butler	49:36
285	Peter Scoffings	50:25
286	Rachel Martin	50:26
314	Amanda English	52:04
339	Liz Green-Davis	53:41
370	Barry davis	56:07
408	Cath Johnson	59:20
409	Jo Tuner	59:20

“Redhill” Final Grand prix Standings 2003

Congratulations to Mark, Kevin, Ray, James, Amanda (3 times champion!) & to Michelle in our 2003 club Grand Prix.

1 ST	Mark	Yates	339
2 ND	Kevin	Squires	315
1 ST Vet	Ray	Gayne	263
3 RD	James	Butler	216

1 ST	Amanda	English	329
1 ST Vet	Michelle	Flint	289

Wollaton Park 4 stage relays – 27th December 2003

Andy Wetherill	13.40	Kevin Squires	15.20
Terry Smith	14.20	Mathew Clapp	13.55
Helen Burrell	15.45	Sarah Costin	16.47
Paul Newton	14.02	Mathew Yates	13.58
Martyn McHale	14.49	Kevin Humphreys	18.55
Clive Greyson	15.31	Paul Ward	17.14
Liz Green-Davies	20.27	Michelle Butler	20.22
Andy Stredder	16.31	James Butler	16.11
Amanda English	20.38		
Dave Tetley	17.41		
Amanda English	20.58		
Bob Hayes	17.37		

Bolsover 10k – 21st December 2003

On a tough, cold & blustery morning, Helen won the ladies race, Andy came 3rd overall (& 1st vet) & Bill won his age category on this exposed course.

Andy Wetherill	33.35 3 rd (1 st vet)
Ian Abbott	37.19 p.b.
Clive Greyson	37.59
Helen Burrell	38.42 (1 st lady)
Bruce Olpin	39.55
Sarah Costin	40.57 p.b
David Giles	41.02
Bill Johnson	41.40 (1 st M60)
Paul Ward	44.27
Kevin Humphreys	44.45
Mike Monks	46.26
Michelle Flint	49.18
Dennis Reeson	50.21
Phil Hopewell	55.09

Keyworth Turkey Trot ½ marathon – 14th December 2003

Mark Redwood	83.15
Iain Hamilton	86.11
Roger Nixon	88.24
Arthur Hancock	89.45
David Giles	90.14
Peter Hamilton	101.09
Chris Middleton	101.47
Brian Moon	108.31
Dennis Reeson	108.37
Ruth Sturt	110.10
Peter Scoffings	110.24
Pearl Dixon	113.52
Rachel Martin	114.04
Amanda English	118.26

Luton marathon – 14th December 2003

31 Nigel Cobb 3.07.42

Nene Valley 10 miles – 7th December 2003

Bill Johnson 64.26 (1st M60)

East Midlands x/country, Trent Meadows, Long Eaton – 7th December 2003

Redhills ladies win & men come 2nd in both seniors & vets on this notoriously muddy course.

2	Paul Newton	3	Sarah Costin
4	Mark Yates	8	Ruth Sturt
11	Martyn McHale	14	Amanda English
17	Kevin Squires	15	Michelle Flint
20	Ian Abbott	16	Liz Green-Davies
22	James Butler	17	Angie Ershaw
23	Adain Linskill		
26	Phil Wombwell		
33	Bruce Olpin		
34	Authur Hancock		
42	Mark Anslow		
43	Dave Tetley		
54	Paul Barratt		
55	Richard Wheatley		
56	Tim Cunnington		
58	Bob Hayes		
62	Kevin Humphreys		
67	Maurice Lever		
69	Dennis O'Neill		

World Triathlon Championships, Queenstown, New Zealand – 6th December 2003

Well done to John who represented Great Britain in the Triathlon “Worlds” in New Zealand. We also send our congratulations to Lesley Cliff (Holme P & Veg AC) who won her age category at the same championships.

			Category	Pos	Swim	Bike	Run	Total
John	O'NEILL	Great Britain	M25-29	43 rd	23:03	1:11:40	41:42	2:16:24

Leeds Abbey Dash 10k, - 30th November 2003

Fliss Garland 42.00 (1st V55)
Chris Middleton 42.32
Tony Garland 44.47

North Midlands X/country, Berry Hill – 29th November 2003

Andy Wetherill	5	Ann Ford	15
Paul Newton	9	Sarah Costin	31
Martyn McHale	47	Michelle Flint	79
Kevin Squires	63	Liz G-Davies	84
Ian Abbott	91		
Clive Greyson	112		
Phil Wombwell	129		
David Giles	130		
Bill Johnson	141		
Bruce Olpin	146		

David Tetley	182
Bob Hayes	193
Richard Wheatley	198
Kevin Humphreys	202
Nigel Daniels	206
Pete Drywer	207
Bob Hickling	213
Maurice Lever	218

Clowne ½ marathon – 23rd November 2003

Andy W wins, Terry Smith is 3rd (with pb.) & both Ian Abbott & David Giles also break their p.b.'s at Clowne.

1	Andy Wetherill	1.12.38
3	Terry Smith	1.15.54 p.b.
36	Ian Abbott	1.24.17 p.b.
81	David Giles	1.28.47 p.b.
265	Mike Monks	1.42.50
357	Dennis Reeson	1.50.17

Home Nations x/country “Masters” relays – Cardiff 22nd November 2003

Andy Wetherill wins individual M45 Silver & England Team Gold whilst Helen Burrell wins M40 England Team Bronze at Cardiff !!

Heanor Christmas Pudding 10k - 16th November 2003

Ann is 2nd lady, Bill wins V60 & Redhill ladies take team prize at Heanor!

8.	Mark Yates	36.08
22.	Ian Abbott	37.48
23.	Kevin Squires	37.58
31.	Ann Ford	38.59
45.	Jim Munro	40.11
47.	David Giles	40.17
49.	Bill Johnson	40.21
52.	Bruce Olpin	40.39
63.	James Butler	41.22
107.	R Hayes	44.16
108.	Paul Ward	44.18
109.	Kevin Humphreys	44.32
128.	Nigel Daniels	45.21
143.	John Cass	46.10
161.	Peter Dreyer	46.59
168.	Michelle Flint	47.26
171.	Louise Tomlinson	47.29
172.	Mark Widdowson	47.30
185.	Pearl Dixon	48.01
188.	Rachel Martin	48.07
201.	Dennis Reeson	49.16
227.	Amanda English	50.42
228.	Sarah Costin	50.43
247.	Colin Peet	52.25

268. Dawn Hales 54.11

Midland 5m, X/Country, Wollaton Park – 15th November 2003

Redhill's Ladies & Men's teams both win Midland X/Country Bronze medals!

4	Audrey McMillan	27.48
8	Sarah Costin	29.53
13	Fliss Garland	31.22
18	Chloe Nelson	33.22

Midland 7m X/Country, Wollaton Park – 15th November 2003

16	Terry Smith	39.21
19	Stan Pascoe	39.44
22	Leigh Stubbs	40.08
26	Martyn McHale	40.27
30	Kevin Squires	41.24
32	Andy Proffitt	41.28
44	Phil Wombwell	42.24
47	Clive Greyson	42.32
77	Paul Barrett	47.58

East Midlands League X/Country, Colwick Woods – 9th November 2003

Redhills Vets win & men's seniors were 2nd on Colwick's hilly course in the 1st race of the 2003 – 2004 season.

Ladies

21	Michelle Flint
26	Dawn Hales

Men

2	Alan Smith
6	Paul Newton
12	Kevin Squires
13	John O'Neill
15	Martyn McHale
16	Colin Astle
17	Ian Abbott
18	James Butler
24	Simon Nash
26	Arthur Hancock
30	David Giles
40	Bruce Olpin
43	Mark Anslow
52	Bob Hayes
54	Paul Abbott
55	Chris Middleton
57	Tim Cunnington
65	Kevin Humphreys
70	Pete Dreyer
73	Nigel Daniels

Himalayan, 100 mile race – 1st to 5th November 2003

We can only say well done to Amanda English who not only completed 100 miles in 5 days at altitude but also came third overall, and third in the Everest Marathon Challenge!

National XC Relays, 5k, Berry Hill Park – 8th November 2003.

57	Redhill Road Runners	'A'	1:09:12
	A Wetherill	(41)	16:12
	T Smith	(57)	17:20
	M McHale	(57)	17:59
	L Stubbs	(58)	17:41
94	Redhill Road Runners	'B'	1:19:52
	N McGuinness	(115)	20:15
	D Giles	(109)	19:41
	B Olpin	(101)	20:00
	C Greyson	(95)	19:56

Shepshed 7m – 2nd November 2003

Vicky is 3rd Lady @ Shepshed.

23	Kevin Squires	43.30
45	Vicky Hards	45.59 (3 rd lady)
76	Ray Gayne	48.17
120	Roger Nixon	50.24
199	Michelle Flint	55.04
253	Dennis Reeson	57.35
329	Colin Peet	62.04

Dovedale Dash, 4.5m – 2nd November 2003

The dry Autumn conditions made the under foot conditions firm & with the river level being low, times were between 2 to 3 minutes quicker than in recent years. **Bill Johnson won the V60 category** in a large field that totalled 1015 whilst Paul Newton was 1st home for the club in 13th. Paul also won the Redhill “marathon” killer pool competition afterwards.

13	Paul Newton
44	Stan Pascoe
60	Colin Astle
69	James Butler
92	Phil Wombwell
128	Richard Mayes
132	Bill Johnson (1 st V60)
136	Paul Mellors
229	David Giles
326	Paul Ward
337	Tim Cunnington
392	Chris Middleton
402	Kevin Humphreys
440	Paul Hodgkinson
496	Bob Hickling
532	Mark Widdowson
590	Peter Scoffings
622	Phil Hopewell
651	Graham Parker
	Jane Parker

North Midlands X/Country, Shipley Park – 1st November 2003

Ladies (on the day)

Derby 27, Redhill 35, Harborough 37, Mansfield 65, Charnwood 69,

Ladies (overall)

Derby 58, Redhill 70, Charnwood 92, Mansfield 97, Harborough 104

Mens (on the day)

Redhill 15th, Vets 1st

Men (overall)

Seniors - Redhill 11th,

Vets - Mans 373, Redhill (2nd) 378, Derby 541

7	Andy Wetherill	3	Helen Burrell
35	Mark Yates	6	Ann Ford
63	Martyn McHale	26	Sarah Costin
102	Kevin Squires		
113	Ian Abbott		
126	Bernie Ford		
131	Noel McGuinness		
153	Bill Johnson		
178	Bruce Olpin		
222	Maurice Lever		

Workshop ½ Marathon – 26th October 2003

Helen B wins ladies, Andy W wins vets at Workshop!

6	Andy Wetherill	1.14.13 (1 st Vet)
9	Mathew Clapp	1.14.38
33	Lee Stubbs	1.20.45
35	Helen Burrell	1.20.48 (1 st Lady)
58	Nigel Cobb	1.23.04
100	Ian Abbott	1.25.39
144	Arthur Hancock	1.29.00
152	Audrey McMillan	1.29.19
206	James Butler	1.31.01
222	Mark Anslow	1.32.15
224	John Kelly	1.32.17
260	Bob Hayes	1.33.57
305	Bruce Olpin	1.35.54
336	Andy Stredder	1.37.09 p.b.
351	Nigel Daniels	1.73.31
398	Mike Monks	1.39.18
406	Paul Ward	1.39.46
511	Taff Ramsey	1.43.47
586	Rachel Martin	1.46.36
609	Brian Moon	1.47.18
627	Ruth Sturt	1.47.47
630	Sarah Costin	1.47.50
643	Pete Scoffings	1.48.17
645	Tim Cunnington	1.48.32
651	Dennis Reeson	1.48.58
865	Angie Earnshaw	1.59.49
928	Susi Artis	2.05.05
959	Christa Ronan	2.09.18

Fun Run

78	David Giles	26.14
----	-------------	-------

National 6 Stage Relays, Sutton Park – 25th October 2003

54th Redhill 2:00:27

Mathew Clapp	(55) 19:17
Andy Wetherill	(49) 19:01

Terry Smith	(51)	19:46
Nigel Cobb	(58)	20:49
Lee Stubbs	(58)	20:28
Martyn McHale	(55)	21:06

Scott King 5m – 19th October 2003

4	Andy Wetherill	26:18 (1 st Vet 40)
24	Ian Abbott	29:37 p.b.
25	Andy Proffitt	30:18
31	Pete Gillespie	30:39
34	Richard Hammond	31:06
35	Dave Giles	31:15
37	Kevin Squires	31:30
41	Bill Johnson	31:44 (1 st Vet 60)
50	Sarah Costin	32:24 (4 th lady, 3 rd senior)
60	Dave Tetley	33:11
70	Bob Hayes	33:46
80	Kevin Humphreys	34:31
85	Matthew Helmsley	35:06
90	Andy Stredder	35:23
94	Paul Ward	35:30
97	Nigel Daniels	35:38
99	Mike Monks	35:48
100	Paul Hodgkinson	35:50
108	Robert Hickling	36:14
110	Michelle Flint	36:17
127	Mike Hankin	37:27
156	Dennis Reeson	38:47
172	Michelle Butler	39:34
179	Colin Peet	40:01
187	Philip Hopewell	41:18
216	Rachel Lockhart	44:44

Amsterdam ½ marathon – 19th October 2003

Vicky Hards 1.27.17 (4th Lady)

Bestwood Country Park 10k – 12th October 2003

A record entry in both the 10k (537) & fun runs (180) saw Tim Hartley break the course record & Vicky finish 3rd in the ladies race. Redhill finished 2nd in both teams events behind Chesterfield AC in the mens and Holme Pierrepont in the ladies event. Over 700 in total entered leaving all concerned stretched on the day but rewarded with the successful running of our ever popular event. **A big thank you from the club to everyone who contributed in one way or another.**

4	0:35:44	CLAPP, Matthew
16	0:38:25	MCHALE, Martyn
24	0:39:31	O/NEILL, John
29	0:39:55	LINSKILL, Aidan
43	0:41:04	HARDS, Vicki (3 rd lady)
51	0:41:22	MAYES, Richard
57	0:41:43	GILES, David
62	0:42:04	METCALFE, Tim
69	0:42:22	HAMMOND, Richard
73	0:42:35	BUTLER, James
81	0:43:08	ANSLOW, Mark
101	0:43:51	OLPIN, Bruce
103	0:44:03	BARRETT, Paul

133	0:45:40	HAYES, Bob
182	0:47:54	LAKE, Stewart
194	0:48:10	LOVATT, John
196	0:48:14	FLINT, Michelle
209	0:48:46	CURTIS, Tony
235	0:49:51	MARTIN, Rachel
237	0:49:54	TOMLINSON, Louise
243	0:50:04	HICKLING, Rob
244	0:50:06	SCANDRETT-SMITH, Graham
294	0:52:26	REESON, Dennis
305	0:52:56	MOON, Brian
307	0:53:05	AUSTIN, Nichola
344	0:55:43	PEET, Colin

Men's Team event

2 : Redhill Road Runners

<i>Place</i>	<i>Time</i>	<i>Name</i>
4	0:35:44	CLAPP, Matthew
16	0:38:25	MCHALE, Martyn
24	0:39:31	O/NEILL, John
44	1:53:40	Totals

6 : Redhill Road Runners

<i>Place</i>	<i>Time</i>	<i>Name</i>
29	0:39:55	LINSKILL, Aidan
47	0:41:22	MAYES, Richard
52	0:41:43	GILES, David
128	2:03:00	Totals

10 : Redhill Road Runners

<i>Place</i>	<i>Time</i>	<i>Name</i>
57	0:42:04	METCALFE, Tim
63	0:42:22	HAMMOND, Richard
67	0:42:35	BUTLER, James
187	2:07:01	Totals

13 : Redhill Road Runners

<i>Place</i>	<i>Time</i>	<i>Name</i>
75	0:43:08	ANSLOW, Mark
95	0:43:51	OLPIN, Bruce
97	0:44:03	BARRETT, Paul
267	2:11:02	Totals

25: Redhill Road Runners

<i>Place</i>	<i>Time</i>	<i>Name</i>
122	0:45:40	HAYES, Bob
164	0:47:54	LAKE, Stewart
174	0:48:10	LOVATT, John
460	2:21:44	Totals

28 : Redhill Road Runners

<i>Place</i>	<i>Time</i>	<i>Name</i>
187	0:48:46	CURTIS, Tony
211	0:50:04	HICKLING, Rob
212	0:50:06	SCANDRETT-SMITH, Graham
610	2:28:56	Totals

35 : Redhill Road Runners

<i>Place</i>	<i>Time</i>	<i>Name</i>
248	0:52:26	REESON, Dennis
255	0:52:56	MOON, Brian
275	0:55:43	PEET, Colin
778	2:41:05	Totals

Ladies Team Event

2 : Redhill Road Runners

<i>Place</i>	<i>Time</i>	<i>Name</i>
3	0:41:04	HARDS, Vicki
21	0:48:14	FLINT, Michelle
28	0:49:51	MARTIN, Rachel
52	2:19:09	Totals

Ropsley 10 mile – 12th October 2003

Dennis O'Neill 75.38 p.b.

Congleton ½ marathon – 12th October 2003

160 Richard Wheatley 1.40.59 p.b.

North Midlands X/Country, Markeaton Park – 11th October 2003

One of the strongest ladies fields for a long time saw our ladies finish 3 in the top 14 to total 35 points in the first race of the season. This leaves them we believe in 4th place behind Charnwood (24), Mansfield (31) & Derby (34). The men's race was equally competitive with Andy finishing 8th as 1st Redhill counter.

Position	Men	Position	Ladies
8	Andy Wetherill	8	Helen Burrell
32	Paul Newton	13	Audrey McMillan
49	Mark Yates	14	Ann Ford
52	Leigh Stubbs	28	Vicky Hards
66	Stan Pascoe	50	Sarah Costin
104	Clive Greyson	60	Sandra Scneider
127	Ian Abbott	62	Chloe Nelson
132	Noel McGuinness	81	Michelle Flint
140	Ray Gayne	82	Ruth Sturt
148	Bill Johnson	98	Liz Green-Davis
167	Richard Hammond	99	Amanda English
198	Andy Stredder		
236	Chris Middleton		
248	Kevin Humphreys		

Shelton Striders 10k – 5th October 2003

Dennis Reeson 48.50
Christa Ronan 58.14

Goosefair Gallop, 5 mile Trail – 5th October 2003

In the 1st running of the 5 mile trail version of this traditional "10k" event Alan & Terry took 1st & 2nd positions and together with Ian Abbott also won the men's team prize ! Nigel Daniels also won the V60 prize.

1	Alan Smith	27.20
2	Terry Smith	28.58
8	Ian Abbott	30.45
17	Roger Nixon	33.59
44	Nigel Daniels	37.40
47	John Truscott	38.08
53	Michelle Flint	39.02
54	Mike Hankin	39.07
56	Mark Taylor	39.41

63	Michelle Butler	40.25
81	Phil Hopewell	43.21
85	Colin Peet	44.14

Carsington Duathlon – 5th October 2003

Pos		Run 1 5k	Bike 30k	Run 2 5k	Total Time
14	Andy Proffitt	18.17 (33)	46.52 (4)	19.41 (26)	1.24.50

Lara Duathlon, Milford – 4th October 2003

Pos		Run 1	Bike	Run 2	Total Time
9	Mike Hankin	18.36	40.23	19.25	78.24
11	Pearl Dixon	18.53	43.52	20.32	83.17
12	Rachel Martin	19.51	52.53	21.14	93.58

Retford ½ marathon - 28th September 2003

Terry Smith	1.17.05
Ian Abbott	1.26.48
Dave Walsh	1.24.49
Dave Giles	1.28.50 pb
Arthur Hancock	1.30.37
Andy Stredder	1.37.36 pb
Pard Ward	1.38.50 pb
Mike Monks	1.41.45
Pete Scoffings	1.46.45 pb
Richard Wheatley	1.47.26

Carsington Adventure race – 28th September 2003

Liz Green-Davies, Mike Hankin & Kevin Humphreys teamed up to run, kayak, bike, run (again) & complete all the surprise challenges to finish 3rd mixed team in 2 hours & 36 minutes.

Midland men's 6 & Ladies 4 stage relays – 27th September 2003

Both Redhill's ladies & men's teams qualify for the "Nationals" at Sutton Park.
[Full results – click here](#)

5.847k

21 Redhill RR	Pos	2:00.11
Martyn McHale	(43)	20:39
Andy Wetherill	(26)	18:54
Paul Newton	(27)	20:18
Terry Smith	(26)	20:03
Nigel Cobb	(22)	20:48
Matthew Clapp	(21)	19:29
66 Redhill RR B	Pos	2:18.00
Clive Greyson	(66)	21:35
Andy Stredder	(82)	23:44
David Giles	(82)	23:06
Richard Mayes	(75)	22:57

Tim Cunnington	(80)	25:42
Lee Stubbs	(66)	20:56

Redhill RR C	Pos	
Chris Middleton	(110)	25:40
Kevin Humphreys	(107)	25:49
Martyn McHale	(99)	21:42

4.314k

8 Redhill RR	Pos	1:06.11
Helen Burrell	(7)	15:33
Sarah Costin	(13)	17:52
Audrey McMillan	(10)	16:31
Ann Ford	(8)	16:15

33 Redhill RR B	Pos	1:15.46
Chloe Nelson	(39)	18:08
Sandra Schneider	(35)	18:29
Michelle Flint	(33)	19:36
Sarah Costin	(33)	19:33

Stange Struggle Fell Race (6.75 miles) - 21st September 2003

Rachel Martin	62.10
Amanda English	64.17

Great North Run – 21st September 2003

Andy Wetherill	1.14.30
Stan Pascoe	1.19.03
Chris Middleton	1.38.00
Graham Sc-Smith	
Becca Butler	2.07.00
Pearl Dixon	
Ruth Sturt	
Angie Ernshaw	2.23.00
Christa Ronan	2.23.00
Lyn Cowie	2.53.00

Woodhall Spar 10k – 21st September 2003

Bill Johnson	40.18
David Giles	41.13 p.b.
Arthur Hancock	41.13
Michelle Flint	46.14
Dennis Reeson	52.12

Ashbourne ½ marathon – 21st September 2003

John Truscott	1.43.02
---------------	---------

Robin Hood Marathon – 14th September 2003

Helen Burrell takes ladies victory !

The weather was not ideal for running & her time was probably slightly slower than that she would have liked, but even though a memorable moment for Helen.

Staying with the marathon, also well done to, Andy (3rd Vet) & 6th overall, Dave for his reliable performance & to Phil who with no marathon training decided only to do the full at the 12 mile mark of the race!

Andy Wetherill	2.42.56 (3 rd Vet)
Helen Burrell	2.56.24 (1 st Lady)
David Walsh	3.13.32
Phil Wombwell	4.25.54

Robin Hood ½ Marathon – 14th September 2003

Alan led the men home in 5th, a position which was mirrored by Ann in the ladies race. Redhill's ladies running for Notts in the National Sweatshop Grand Prix appear to have finished 2nd Nationally behind Berkshire.

Alan Smith	1.11.55	Ann Ford	1.23.01
Nigel Cobb	1.19.17	Sarah Costin	1.31.00 p.b.
Mark Yates	1.22.17	Fliss Garland	1.34.54
Paul Newton	1.23.25	Chloe Nelson	1.36.54
Aidan Linskill	1.24.21	Michelle Flint	1.42.39 p.b.
James Butler	1.29.46	Helen Metcalfe	1.50.05
Richard Mayes	1.31.08	Louise Tomlinson	1.52.01
Colin Shipman	1.34.05	Amanda English	1.55.50
Trevor Onions	1.34.45	Suzi Artis	2.07.09
David Giles	1.34.03	Cath Johnson	2.09.43
Mark Anslow	1.34.04	Jo Turner	2.15.44
Ray Gayne	1.36.14	Lisa Haynes	2.19.22
Bob Hayes	1.37.33	Liz Green-Davies	2.26.32
Matt Hemsley	1.37.32		
John Truscott	1.39.10		
Nigel Daniels	1.43.00		
Pat McGovern	1.43.01		
Richard Beale	1.41.50		
Dennis O'Neill	1.46.22		
Chris Sheppard	1.47.13		
Maurice Lever	1.49.29		
Bob Hickling	1.49.33		
Dennis Reeson	1.51.16		
Pete Scoffings	1.52.07		
Brian Moon	1.54.14		
Taff Ramsey	1.54.16		
Mark Taylor	1.55.32		
John Cass	1.58.00		
Phil Hopewell	2.03.56		
Paul Gomori	2.08.36		
Tony Curtis	2.21.04		

Derby Triathlon – 14th September 2003

Pos		Swim	Bike	Run	Total Time
2	Mark Redwood	7.31	31.10	19.15	58.09
14	Iain Hamilton	7.41	33.59	20.46	1.02.26
161	Stuart Lake	11.35	36.06	25.25	1.13.06
203	Mike Hankin	12.00	35.27	27.17	1.14.44

214	Paul Ward	12.20	37.13	25.37	1.15.10
262	Pearl Dixon	11.30	37.03	28.35	1.17.08
448	Rachel Martin	16.00	44.05	27.06	1.27.11

Clumber Park 10k – 7th September 2003

Nigel Cobb finishes 3rd overall and collects 10k County Championship silver medal at Clumber ! Redhill men's team consisting of Nigel, Clive & Roger also win team race !

7	Nigel Cobb		36:18
21	Clive Greyson		39:02
45	Roger Nixon		40:46
59	Ray Gayne		41:38
61	David Giles		41:44
127	Michelle Flint		46:33 p.b.
153	Peter Scoffings		48:08
182	Dennis Reeson		49:44
230	Amanda English	52:38	
247	Colin Peet		53:42
392	Cherrie-Marie Towle	69:43	

Crossdale 10k – 7th September 2003

Terry Smith		35.16
Ian Abbott	38.33	
James Butler		40.38
David Walsh		41.01
Andrew Stredder	42.53	
Kevin Humphreys	48.50	

Lara Duathlon, Milford – 6th September 2003

Pos		Run 1	Bike	Run 2	Total Time
9	Simon Nash	16.04	42.54	18.11	77.09
10	Mike Hankin	18.48	40.32	20.06	79.26

Chesterfield Spire 10m – 31st August 2003

65	David Giles	70.37
112	John Truscott	76.52
140	Michelle Flint	79.15 p.b.
198	Dennis Reeson	84.59

Armthorpe 10k – 31st August 2003

Helen B wins Armthorpe 10k ladies race !

Andy Wetherill	33.12
Helen Burrell	36.31 (1 st lady)
Bill Johnson	40.40

UK ½ Ironman, Dorset – 31st August 2003

Pos		Swim 1900m	Bike 56m	Run 13.1m	Total Time
600	Stuart Lake	39.26	2.52.00	1.43.09	5.14.35

Newstead Abbey Dash – 29th August 2003

Alan Smith takes 2nd at Newstead !

Thanks from the club to all, for their support & help in running the event, great evening.
(P.S. – Has anyone seen a 2 mile hedgehog, last seen walking up the road into Newstead village holding hands with a rather large dog?)

Full Newstead Abbey 2003 Results

Redhill times

Position	Name	Time
2	Alan Smith	14.56
5	Terry Smith	15.54
11	Martyn McHale	16.30
14	Stan Pascoe	16.42
21	Ian Hamilton	17.10
24	Ian Abbott	17.17
25	Phil Wombwell	17.25
29	James Butler	17.36
30	Steve Shayler	17.37
36	Richard Mayes	18.02
38	Richard Hammond	18.02
41	Simon Nash	18.23
45	David Giles	18.46
51	Mark Anslow	19.06
55	Richard Beale	19.29
64	John Truscott	20.03
71	Tim Cunningham	20.19
72	Paul Ward	20.26
80	Paul Hodgkinson	21.10
84	Rachel Martin	21.20
93	Phil Hopewell	22.06
94	Michelle Flint	22.08
103	Pearl Dixon	22.34
104	Brian Moon	22.54
115	Michelle Butler	23.45
121	Colin Peet	24.33
138	Caroline Humber	27.15
141	Sue Revill	27.21
142	Sarah Monkton	27.53
159	Gillian Shipley	32.50
160	Jane Fisher	32.50
163	Sarah Andrews	34.52

Tim Wealthall 1 mile, race 4 – 26th August 2003

3rd Nichola Mabbott 5.23.9

Redhill ladies win Notts Sweatshop Grand prix !

Redhill's ladies having won the Notts Grand Prix will now be representing Nottinghamshire at the Robin Hood ½ marathon in the National Sweatshop event.

Grimsthorpe Castle 10k – 25th August 2003

Michelle Flint 48.52

Quebec Marathon, Canada – 24th August 2003

Helen C is 2nd Lady & 1st Lady Vet at Quebec !

17th (2nd Lady/1st Lady Vet) Helen Cawthorne 2.52.11

Wolverhampton Triathlon – 24th August 2003

Pos		Swim 1500m	T1	Bike 40K	T2	Run 10k	Total Time
101	Kevin Humphreys	28.00	2.40	68.09	1.00	46.53	2.26.22

Clumber Park Triathlon – 23rd August 2003

Pos		Swim 750m	pos	Bike 22k	pos	Run 5k	pos	Total Time
56	Phil Wombwell	16.49	48	42.26	81	17.53	53	1.17.08
59	Steve Shayler	15.58	30	43.34	97	17.54	54	1.17.26
85	Kevin Squires	19.06	93	44.15	110	17.12	36	1.20.33
88	Mike Hankin	19.26	99	40.04	41	21.23	145	1.20.53

Tyne & Wear Fireman's Triathlon – 17th August 2003

Pos		Swim 400m	pos	Bike 20k	pos	Run 5k	pos	Total Time
97	Mike Hankin	8.08	119	37.27	79	23.50	118	1.09.25

Notts Road Race Series, Newark Race 5 – 15th August 2003

Redhill claim 1 team gold & 3 team silver medals in the 2003 Notts Road Race Series !

Individually Andy Weatherill again won the Vets title & Alan Smith was runner up in the men's seniors whilst Anne Ford was also runner up in the ladies & was also 1st Vet 45.

A special thank you to all for your support throughout the 5 race series.

NB – The senior ladies have now retained their title for the 3rd year running & have won this trophy from 1991-1997 (7 years), 1999 & from 2001-2003 (3 years) !

Pos		Pos	
3	Alan Smith	2	Helen Burrell
4	Andy Wetherill	4	Ann Ford
11	Terry Smith	9	Sarah Costin
15	Mark Yates	12	Nichola Mabbott
17	Nigel Cobb	16	Chloe Nelson
20	Martyn McHale	33	Michelle Flint
25	Paul Newton	38	Ruth Sturt
28	Stan Pascoe	40	Pearl Dixon
50	Steve Shayler	48	Louise Tomlinson
53	Richard Mayes	50	Amanda English
57	Colin Astle	62	Lisa Haynes
64	Mark Anslow	63	Susi Artis
68	Trev Onions	66	Lynne Cowie
69	Bill Johnson		
79	Arthur Hancock		
83	Dave Giles		
91	Simon Nash		
93	Bob Litchfield		
101	Matt Hemsley		
106	Bob Hayes		

116	John Cass
125	John Truscott
127	Dennis O'Neill
139	Tim Cunnington
140	Paul Ward
151	Nigel Daniels
152	Mike Monks
155	Bruce Olpin
158	Peter Scoffings
160	Tony Curtis
163	Paul Hodgkinson
164	Rob Hickling
171	Phil Hopewell
172	Brian Moon
173	Dennis Reeson
177	Kevin Humphreys
185	Colin Peet

Foxdale 6m, (Isle of Man) – 14th August 2003

11	Dave Walsh	38.47
----	------------	-------

Isle of Man, Marathon – 10th August 2003

5	Dave Walsh	3.04.16 (3 rd Vet)
---	------------	-------------------------------

Askern, 10m – 10th August 2003

Terry Smith	59.09
-------------	-------

Newark ½ Marathon – 10th August 2003

Newark is famous for its exposed course, which is without shade. Several in the large field jogged back after the loop due to the heat & times were meaningless on the day due to the temperature. **Well done to all that ran !** These are the times we have to date.

Andy Wetherill	1.20.40 (1 st (Vet)
Helen Burrell	1.25.57 (3 rd lady)
Helen Cawthorne	1.26.15 (4 th lady)
Arthur Hancock	1.40.10
Stuart Lake	1.53.58
Nigel Daniels	1.54.12
John Truscott	1.59.13
Taff Ramsey	
Pete Scoffings	2.08.16
Lisa Haynes	

Jagermeister 10k (Formula 1) – 8th August 2003

4	Martyn McHale	36.57 (1 st Vet)
20	Ian Hamilton	40.21
32	Bill Johnson	42.09
33	Trevor Onions	42.20
39	Bob Litchfield	42.45
64	Dennis O'Neill	45.41
95	Rachel Martin	48.32
102	Michelle Flint	49.09
105	Mike Monks	49.33
124	Dennis Reeson	52.13
135	Phil Hopewell	53.32

Hucknall 10k – 3rd August 2003

Lee finishes 2nd at Hucknall & Nigel wins V60 prize (again!)

The weather was hot (as usual) at Hucknall, which was great for the spectators but not so good for the athletes. Lee Stubbs was definitely a man on a mission as he and Dave Quinlan (Mansfield) ran off the front of the field in the 1st mile leaving runners strung out all over the course in the heat. Terry Smith ran slightly more restrained in a chasing group of 4 behind followed by Eddie & Stan. The leading 2 continued to put time into the chasing pack & although Lee lost touch at the top of the climb in Linby he was secure in 2nd place finishing about 20 seconds adrift.

2	Lee Stubbs	34.23
4	Terry Smith	35.05
11	Stan Pascoe	37.06
	Eddie Tenant	38.21
	Bruce Olpin	39.24 p.b.
	Ian Abbott	39.45
	Mark Anslow	41.25
	Roger Nixon	41.36
	Paul Barrett	41.45
	Bob Litchfield	42.41
	Dave Tetley	42.44
	David Giles	43.04
	Bob Hayes	43.31
	Matt Hemsley	43.34 p.b.
	Andy Stredder	44.00
	John Truscott	45.30
	Nigel Daniels	45.45
	Paul Ward	46.30
	Bob Hickling	48.38
	Mike Monks	49.32
	Michelle Flint	49.52
	Peter Dreyer	50.13
	Dennis Reeson	51.29
	Phil Hopewell	52.10
	Lisa Haynes	61.22
	Colin Peet	70.52

Holme P Super Sprint – 3rd August 2003

Pos		Swim 750m	pos	Bike 20k	pos	Run 5k	pos	Total Time
88	Mike Hankin	16.02	80	33.14	57	25.16	114	1.14.32

Triathlon National Relay Championships, Holme P – 2nd August 2003

Whilst Mark Redwood led a group of “young” TFN athletes round in the team time trial event, 5 other members from our club competed in the main relay championship, with the ladies finishing best in their “Masters” category in 4th place.

Pos		TFN Team	Swim 500m	pos	Bike 15k	pos	Run 5k	pos	Total Time
12	Mark Redwood	Time Trial	9.56	7	22.48	11	23.26	13	56.10

Pos		TFN Team	Swim 500m	pos	Bike 15k	pos	Run 5k	pos	Total Time
101	Tim Metcalfe	Senior	39.19	74	1.45.41	142	1.25.38	99	3.50.38

		1							
111	Kevin Humphreys Stuart Lake	Senior 2	45.39	151	1.38.47	87	1.28.21	120	3.52.47
170 4 th FV	Helen Cawthorne Liz Green-Davies	Lady Vet	46.00	156	1.55.02	175	1.37.51	161	4.18.53

Rutland Adventure 26 mile Trail Challenge – 27th July 2003

Dave Walsh 4.05.00

Trentham 10m – 27th July 2003

8 Andy Wetherill 56.08
211 John Truscott 75.58
387 Lisa Haynes 102.26

Tough Guy – 27th July 2003

Phil finished a great 6th in a field of around 2000 in which ex club member Deb Rhodes also finished 11th lady.

6th Phil Wombwell 1.59.30

Milton Keynes Triathlon – 27th July 2003

John O'Neill qualifies for 2004 world championships!

Following his success at getting to the 2003 World's, John qualified for the 2004 Worlds in Madeira by finishing 4th in his age category.

Pos		Swim 1500m	T1	Bike 40K	T2	Run 10k	Total Time
22	John O'Neill	20.14	0.46	63.22	0.32	37.56	2.02.48
417	Kevin Humphreys	27.33	1.30	70.33	1.00	50.28	2.31.03

Swarkestone Triathlon – 27th July 2003

Pos		Swim 1500m	Bike 27m	Run 10k	Total Time
72	Mike Hankin	34.15	1.27.22	52.20	2.53.57

Notts 5m – 25th July 2003

14 Mark Yates 27:38
25 Martyn McHale 28:44
41 Jim Monroe 30:23
44 Richard Hammond 30:39
45 Ian Abbott 30:41 pb
49 Bruce Olpin 30:55 pb
65 Ray Gayne 31:24
77 Bill Johnson 31:53
107 Paul Barratt 33:22
110 Bob Litchfield 33:23
112 Andy Stredder 33:24
146 John Truscott 34:46
159 Dave Tetley 35:33
163 Nigel Daniels 35:51
169 Mike Monks 36:28

181	Pete Scoffings	37:15
197	Mark Taylor	38:27
215	Phil Hopewell	39:31
253	Amanda English	42:36
254	Liz Green-Davis	42:37
281	Caroline Humber	45:45

Pride Park Relays (approx 2m) – 22nd July 2003

Redhill's team's returned from Derby with 3rd & 4th places in the running of this annual event.

4th	40.40	3rd	36.44
Andrew Wetherill	9.45	Nichola Mabbott	11.46
Martyn McHale	10.45	Chloe Nelson	12.41
Matthew Clapp	10.00	Sarah Costin	12.17
Lee Stubbs	10.00		
19th	48.10		
Clive Greyson	11.11		
Andrew Stredder	12.07		
Mark Anslow	12.19		
Kevin Humphreys	12.44		

Spalding Triathlon – 21st July 2003

Redhill's "campers" descended on Spalding for a weekend of relaxation & a spot of racing on the Sunday. 2 nights of beer & Bar-b-ques took their toll on some but Kevin Squires (who was adrift from the other club members off the bike leg) then proceeded to run by far the fastest Redhill run split to come home 1st out of the Redhill competitors.

Pos		Swim 400m	Bike 12m	Run 5k	Total Time
65	Kevin Squires	9.10	35.24	18.51	1.03.25
78	Steve Shayler	7.58	36.26	20.00	1.04.24
80	Kevin Humphreys	9.45	32.09	22.50	1.04.44
126	Simon Nash	11.36	35.06	21.09	1.07.51
142	Mike Hankin	10.20	34.02	24.39	1.09.01
187	Liz Green-Davies	9.44	37.21	25.42	1.12.47

"Redhill's" Round the lake relays, 1.1m – 16th July 2003

1st		2nd	
James Butler	6.18	Terry Smith	5.49
Jim Munroe	6.14	Sarah Costin	6.40
Bruce Olpin	6.17	Dave Tetley	6.48
Julian Richardson	5.49	Richard Mayes	6.17
	24.38		25.34
3rd		4th	
Stan Pascoe	6.04	Kevin Humphreys	6.45
Paul Ward	6.55	Chloe Nelson	7.07
Trevor Onions	6.35	Clive Greyson	6.02
Colin Astill	6.07	Kevin Squires	6.22
	25.41		26.16
5th		6th	
Matt Hemsley	6.44	Andy Stredder	6.37
Adain Linskill	6.04	Nicki Swales	7.25
Abiola Adebayo	9.03	Martyn McHale	5.58
Lee Stubbs	5.29	Nigel Daniels	7.40
	27.20		27.40
7th		8th	

Ian Abbott	6.22	Bill Johnson	7.00
Ruth Sturt	7.41	Robery Hayes	6.51
Phil Wombwell	6.36	Peter Scoffings	7.25
Phil Hopewell	7.38	Barry Davies	8.37
	28.17		29.53

Sweatshop Grand Prix – latest positons

With 1 race to go in the series Redhill's men remain secure in 2nd place whilst the ladies lead by 28 points (3 to count) from Sutton H.

Hardwick Hall (almost 10k) – 17th July 2003

On this hilly course Michelle finished 1st lady V35 to reward her progress since joining the club.

5	Lee Stubbs	34.50
9	Mark Yates	36.03
20	Kevin Squires	39.42
28	Clive Greyson	41.03
32	Richard Hammond	41.18
78	John Truscott	46.59
86	Chris Middleton	48.41
88	Kevin Humphreys	48.49
91	Nigel Daniels	49.04
94	Mike Monks	49.26
95	Michelle Flint	49.32 (1 st V35)
124	Dennis Reeson	52.16

Notfast 10k – 13th July 2003

9	Terry Smith	35.13
10	Matthew Clapp	36.06
13	Nigel Cobb	37.09
27	Steve Shayler	39.49
50	Arthur Hancock	42.57
83	John Truscott	47.05
102	Peter Scoffings	48.53
119	Mark Taylor	50.35
133	Dennis Reeson	51.59
138	Taff Ramsey	52.19
199	Lisa Haynes	63.29

Rothley 10k

Dennis Reeson	52.26
---------------	-------

Tara Kinder Memorial 10k – 11th July 2003

Helen leads ladies at Tara K!

1 st Lady	Helen Burrell	37.15
----------------------	---------------	-------

Notts Road Race series, Worksop, race 4 – 9th July 2003

Pos		Pos	
2	Alan Smith	2	Ann Ford
3	Andy Wetherill	3	Helen Cawthorne
10	Lee Stubbs	9	Sarah Costin
12	Matthew Clapp	12	Audrey McMillan

13	Terry Smith	15	Chloe Nelson
17	Nigel Cobb	37	Michelle Flint
19	Julian Richardson	41	Becca Butler
23	Martyn McHale	42	Ruth Sturt
26	Stan Pascoe	67	Angie Earnshaw
57	Steve Shayler	68	Lisa Haynes
60	Bernie Ford		
62	David Walsh		
67	Richard Mayes		
69	Bruce Olpin		
76	Ian Abbott		
77	Trev Onions		
81	Bill Johnson		
85	Arthur Hancock		
92	Dave Tetley		
107	Bob Litchfield		
123	Bob Hayes		
124	Matt Hemsley		
135	Dennis O'Neill		
140	John Cass		
142	Nigel Daniels		
143	Paul Ward		
146	John Truscott		
148	Tim Cunnington		
149	Mike Monks		
158	Rob Hickling		
159	Kevin Humphreys		
163	Paul Hodgkinson		
166	Peter Scoffings		
178	Phil Hopewell		
181	Steve Cope		
183	Brian Moon		
195	Barry Davies		

Mansfield ½ marathon – 6th July 2003

Andy W wins County Champs & Terry Smith grabs bronze at Mansfield !

4	Andy Wetherill	73.29
9	Terry Smith	76.24 p.b.
34 (4 th lady)	Helen Burrell	81.57
44	Kevin Squires	83.43
52 (7 th lady)	Helen Cawthorne	85.21
57	David Walsh	85.45
119	Ian Abbott	92.08
325	Michelle Flint	106.11 p.b.
341	Rob Hickling	107.11
352	Gary Astle	108.10
385	Dennis Reeson	110.53

World Masters Track & Field Championships – Puerto Rico July 2003

Jane Pidgeon (running for her 1st claim club Notts AC) **won a gold medal in the M35 2k steeplechase in a time of 7 mins 33.01 secs** & also placed 5th in the 8km Cross Country at the World Masters in Puerto Rico.

Heritage Series, Overall Results - 2003

A successful Heritage series saw individual success for Ann (1st Senior & Vet), Matthew (3rd senior) & Bill (1st V60). The team victories also both went to Redhill, the men's team consisting of Mathew, Lee & Julian & the ladies of Ann, Sarah & Rachel.

Individual

Pos		Pos	
3	Matthew Clapp	1	Ann Ford
5	Lee Stubbs	8	Sarah Costin
12	Julian Richardson	13	Rachel Martin
15	Stan Pascoe	22	Michelle Flint
41	Bruce Olpin	69	Tracey Lowton
51	Bill Johnson	75	Caroline Humber
52	Trevor Onions	78	Sarah Monkton
60	Dave Giles		
94	Dennis O'Neill		
110	Nigel Daniels		
119	Robert Hickling		
148	Mark Taylor		
169	Gary Astle		
186	Brian Moon		

Team

Pos	Mens	Pos	Ladies
1st	Redhill	1st	Redhill
	Matthew, Lee, Julian		Ann, Sarah, Rachel

Heritage Series, Colwick Park 5m, race 4 – 3rd July 2003

Pos		Pos		Pos	
4	Matthew Clapp	26.58	2	Ann Ford	30.42
5	Lee Stubbs	27.16	9	Sarah Costin	33.33
14	Julian Richardson	28.42	18	Rachel Martin	36.03
15	Nigel Cobb	28.47	35	Michelle Flint	38.57
20	Stan Pascoe	29.21	88	Tracey Lowton	45.26
37	Clive Greyson	30.12	99	Caroline Humber	47.24
51	Bruce Olpin	31.04	110	Sarah Monkton	50.03
75	Trevor Onions	32.31			
65	Bill Johnson	32.10			
79	James Butler	32.43			
88	Dave Giles	33.03			
115	Bob Litchfield	34.22			
123	Dennis O'Neill	34.34			
141	Matthew Hemsley	35.18			
164	Chris Middleton	36.17			
176	Nigel Daniels	36.48			
181	Robert Hickling	36.52			
216	Mark Taylor	38.24			
226	Gary Astle	38.40			
260	Phil Hopewell	39.42			
266	Mike Hankin	39.58			
267	Dennis Reeson	40.00			
277	Brian Moon	40.23			

Rolls – Royce, 10m – 2nd July 2003

Helen wins Rolls Royce 10 !

4 (1st lady) Helen Cawthorne 64.49

Heritage Series, Rushcliffe Park, 4m, race 3 – 1st July 2003

Pos			Pos		
5	Matthew Clapp	21.29	1	Ann Ford	24.22
7	Lee Stubbs	21.39	7	Sarah Costin	26.26
8	Mark Yates	21.42	18	Rachel Martin	28.30
16	Julian Richardson	22.41	37	Michelle Flint	30.30
18	Stan Pascoe	22.46	72	Angie Earnshaw	32.58
62	Bruce Olpin	25.15	92	Tracey Lowton	34.54
66	Bill Johnson	25.27	115	Caroline Humber	37.42
72	Trevor Onions	25.43	119	Sarah Monkton	38.16
82	Dave Giles	25.55			
87	Mark Anslow	26.02			
136	Bill Collier	27.45			
139	Mathlew Hemsley	27.48			
145	Dennis O'Neill	27.56			
169	Nigel Daniels	28.43			
178	Robert Hickling	28.58			
211	Mark Taylor	29.46			
251	Gary Astle	31.07			
288	Brian Moon	32.09			

[Back to top](#)