

# Redhill Race Results

Jan – June 2009

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## Heritage, Wollaton Park, 5k – 31<sup>st</sup> June 2009

Neil Rossin	17.15
Mark Yates	17.30 (2 <sup>nd</sup> M40)
Simon Nash	15.50 (3 <sup>RD</sup> M40)
Stan Pascoe	18.12 (1 <sup>st</sup> M50)
Paul Stacey	20.25
Jason Stansfield	21.08
Carl Davey	22.07
Andy Phillips	22.21
Alex Eustace	22.22
Keith Palmer	22.25
Chris Dwyer	22.53
Stuart Bell	24.07
Andy Barks	24.23
Nigel Daniels	24.28

Catherine Charlton	20.59
Sarah Parker	22.32
Bev Barnes	22.49
Jacqueline Britton	25.23
Lyndsey Adkin	25.31
Jo Raven	26.36
Michelle Flint	26.51
Michelle Butler	27.19
Jean Adkin	28.33
Suzi Artis	28.41

## Mansfield ½ m. - 28<sup>th</sup> June 2009

### **1<sup>st</sup> Vet for Andy at Mansfield!**

Matthew Clapp	1.14.53
Andy Wetherill	1.15.53 (1 <sup>st</sup> Vet)
Jo Parker	1.26.15
Mark Tomlinson	1.30.38
Jason Stansfield	1.33.16
Chris Aikman	1.33.38
James Butler	1.36.29
Steve Gelderd	1.36.34
Bev Barnes	1.49.40
Paul Theed	1.52.46
Dave Onion	1.56.42
Dennis Reeson	1.57.10
Arthur Hughes	2.28.58

## Prestwold 10k – 28<sup>th</sup> June 2009

29	35:22	Paul Newton
44	36:25	Simon Nash
45	36:31	Clive Greyson
51	36:58	Nigel Cobb

88	38:28	Martyn McHale
149	40:48	Adam Wright
173	41:50	Ann Ford
211	43:14	Carl Davey

**Heritage, Rushcliffe, 4m – 25<sup>th</sup> June 2009**

Neil Rossin	22.42
Simon Nash	23.15 (2 <sup>nd</sup> M40)
Stan Pascoe	24.20 (1 <sup>st</sup> M50)
Paul Stacey	26.09
Jason Stansfield	27.00
Carl Davey	28.20
Alex Eustace	28.36
Bob Hayes	29.08
Keith Palmer	29.18
Andrew Phillips	29.25
Chris Dwyer	29.36
Andy Bryne	31.28
Stuart Bell	31.57
Nigel Daniels	32.07
Mark Taylor	35.37

Catherine Charlton	27.07
Sarah Parker	29.26
Bev Barnes	29.47
Jacqueline Britton	31.46
Lyndsey Adkin	33.36
Jo Raven	33.57
Michelle Butler	34.34
Michelle Flint	34.40
Suzi Artis	36.25
Jean Adkin	36.35

**Heritage, Holme P, 10k – 23<sup>rd</sup> June 2009**

Neil Rossin	35.37
Simon Nash	36.10 (2 <sup>nd</sup> M40)
Paul Newton	36.10 (3 <sup>rd</sup> M40)
Stan Pascoe	36.37 (1 <sup>st</sup> M50)
Mark Yates	37.21
Kevin Squires	37.58
Jason Stansfield	41.45
Paul Stacey	42.25
Carl Davey	44.43
Andrew Phillips	45.36
Chris Dwyer	46.18
Keith Palmer	46.25
Nigel Daniels	47.23
Alex Eustace	47.31
Mike Drury	57.04
Andy Bryne	48.56
Mark Taylor	58.00

Catherine Charlton	42.56
Sarah Parker	45.54
Bev Barnes	47.09
Jacqueline Britton	50.57
Lyndsey Adkin	53.23
Michelle Flint	54.24

Jo Raven	55.25
Jean Adkin	56.45
Michelle Butler	56.49
Suzi Artis	56.56

**Major Oak Trail, 9.2km – 24<sup>th</sup> June 2009**

Karen Stander	42.17
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**BMAF 5K Road Champs. Horwich – 21<sup>st</sup> June 2009**

Jim Munro	19:31
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**Torbay 1/2m, Devon – 21<sup>st</sup> June 2009**

Ian Winstanley	1.26.25
Mark Davies	1.26.37

**Poppyline trail marathon, Norfolk - 7<sup>th</sup> June 2009**

Dave Walsh	4hrs 12mins
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**Stathern 10k – 21<sup>st</sup> June 2009**

Mike Monks	51.24
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**Central Park 10k Dash, New York – 13<sup>th</sup> June 2009**

Apparently very hot & humid!

Karen Stander	46.33
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**Notts Road Race 3, Erewash, 5.4m – 17<sup>th</sup> June 2009**

**2<sup>nd</sup> for Emily at Road Race 3!**

2	Emily Rose	
5	Sharon Smith	(Vet)
14	Helen Cawthorne	
20	Catherine Charlton	
33	Sarah Parker	(Vet)
39	Bev Barnes	(Vet)
48	Amanda English	
59	Tracey Jones	
68	Sally Dodsley	
79	Kate Riley	
82	Jane Wheatley	
83	Michelle Flint	
90	Fran Santos	
91	Lindsey Adkin	
92	Jo Raven	
93	Holly Edwards	
105	Jean Adkin	
107	Kate Maltby	

Ladies = 18

**2<sup>nd</sup> for Lee as Redhill's men win Road Race 3!**

2	Lee Stubbs
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4 Andy Wetherill  
 5 Paul Newton  
 9 Matt Stratford  
 16 Mark Yates  
 17 Julian Richardson  
 21 Simon Nash (Vet)  
 24 Nigel Cobb (Vet)  
 26 Clive Greyson (Vet)  
 28 Neil Rossin  
 36 Kevin Squires (Vet)  
 39 Ian Winstanley  
 40 Mark Davies  
 41 Martyn McHale  
 47 Joe Parker  
 50 Tony Lowe  
 53 Tom McCulloch  
 55 Dave Walsh  
 61 Mark Anslow  
 62 Dave Giles  
 69 Kevin Brown  
 75 Jim Munro  
 77 Mark Attenborough  
 87 Mark Tomlinson  
 93 James Butler  
 96 Jason Stansfield  
 107 Chris Aikman  
 108 Paul Stacey  
 110 Steve Gelderd  
 112 P Gayle  
 118 R Muir  
 124 Carl Davey  
 132 Andy Stredder  
 138 Alex Eustace  
 140 Bob Hayes  
 146 Andy Phillips  
 155 Ian Reynolds  
 156 Pete Scoffings  
 160 Jo Spicer  
 163 Tim Cunnington  
 165 Paul Ward  
 176 Chris Jones  
 179 Arthur Hancock  
 193 Nigel Daniels  
 197 Geoff Jackson  
 208 Dennis Reeson  
 209 Jon Morely  
 210 Andy Barkes  
 212 Andy Bryne  
 216 Pete Speakman  
 221 Barry Davies

Men = 51

Total = 69

**Bala Middle Distance Triathlon – 14<sup>th</sup> June 2009**

	Swim 2000m	T1	Bike 78.5km	T2	Run 20k	Total Time
Elsie Roberts	45.58	2.10	2.55.58	1.24	1.42.52	5.28.24

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### **Long Eaton 5m – 14<sup>th</sup> June 2009**

Kevin Squires	29.28
Mark Tomlinson	34.16
Kevin Humphreys	38.34
Nigel Daniels	38.49
Dennis Reeson	40.10
Michelle Flint	41.05

### **Wollaton Park 10k – 13<sup>th</sup> June 2009**

#### **Victory for Neil at Wollaton Park!**

Neil Rossin	34.28 (1 <sup>st</sup> )
Andy Stredder	42.13
Pete Scoffings	46.11
Mike Drury	47.13
Caire Gollin	63.29
Cathy Partridge	64.54

### **Trent 5m – 10<sup>th</sup> June 2009**

#### **3<sup>rd</sup> Lady for Mary & a welcome return for Terry & Barry at the Trent 5!**

Neil Rossin	28.48
Terry Smith	30.13
Barrie Moss	30.35 (1 <sup>st</sup> M50)
Kevin Brown	31.45
Mary Bolland	32.37 p.b. (3 <sup>rd</sup> Lady)
Jon Coupland	33.37
Mike Drury	36.42
Bev Barnes	37.11
Dennis Reeson	40.23

### **Weymouth middle distance triathlon – 7<sup>th</sup> June 2009**

#### **Amanda is 1<sup>st</sup> in her age group at Weymouth!**

Pos		Swim 1900m	Bike 56m	Run 13.1m	Total Time
151	Paul Ward	41.27	2.45.02	1.52.27	5.18.56
198 (1 <sup>st</sup> F45)	Amanda English	46.18	2.57.40	1.56.05	5.40.03

### **Sinfin 10k – 7<sup>th</sup> June 2009**

Very wet!

Nigel Lever	36.22
Mark Tomlinson	40.54
Carl Davy	44.09
Kevin Humphreys	48.14
Mike Monks	DNS

**Notts 10m (County Champs), Holme P – 5<sup>th</sup> June 2009**

**Emily runs to County Championship title!  
 Andy W wins County Championship Bronze!  
 Age category Golds also for Paul, Andy & Jim!**

Andy Wetherill	55.35 (Senior Bronze, M50 Gold)
Matthew Clapp	55.54
Paul Newton	56.10 (M40 Gold)
Matthew Stratford	57.19
Simon Nash	58.59
Andrew Stevens	59.01
Mark Yates	59.35
Ian Winstanley	63.07
Mark Davies	63.32
Emily Rose	64.06 (Gold, County Champion)
Joe Parker	64.17
Jim Munro	65.00 (M60 Gold)
Tony Lowe	65.11
Jason Stansfield	65.50
Dave Giles	65.54
Mark Tomlinson	67.11
Mark Attenborough	67.39
Chris Aikman	68.42
Graham Webster	70.07
Steve Gelderd	70.46
Carl Davey	73.19
Karen Stander	74.40
Keith Palmer	74.50
Ian Reynolds	75.41
Kevin Dickinson	75.58
Sarah Parker	77.07
Nigel Daniels	79.57
Amanda English	79.58
Tracey Jones	82.59
Richard Wheatley	83.49
Jon Morley	84.40
Jane Wheatley	88.39
Karen Edge	97.41
Andrew Bradley	105.36
Wendy Lawson	105.36

**Edinburgh marathon – 31<sup>st</sup> May 2009**

Sharon Smith	3.04.06 (7 <sup>th</sup> )
Carolyn Hay	3.14.03 (17 <sup>th</sup> )

**Newbury 10k – 31<sup>st</sup> May 2009**

Paul Stacey	42.08
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**Comrades Ultra marathon, 90km, Durban, South Africa – 24<sup>th</sup> May 2009**

Ian Beckingham	8.58.33
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### **Buxton ½ marathon – 24<sup>th</sup> May 2009**

Joe Parker                    1.33.19  
Dave Onion                    2.13.20

### **Little Beaver Olympic Distance Race – 23<sup>th</sup> May 2009**

Pos		Swim 1500m	T1	Bike 40km	T2	Run 10k	Total Time
173	Matt Hemsley	29.20	1.37	1.09.33	0.57	44.10	2.25.40
273	Elsie Roberts	31.36	2.22	1.16.13	1.29	47.16	2.38.58
320	Helen Flint	30.40	1.34	1.22.04	1.03	49.28	2.44.50

### **Sleaford 10k – 17<sup>th</sup> May 2009**

**Emily is 1<sup>st</sup> Lady at Sleaford!**

Emily Rose      39:39 (1<sup>st</sup> lady)  
David Giles      40.03

### **Aston 10k – 17<sup>th</sup> May 2009**

Catherine Charlton                    45.00  
Dennis Reeson                    51.04

### **Rigi marathon – 17<sup>th</sup> May 2009**

Paul Stacey                    3.11.45

### **White Peak marathon – 17<sup>th</sup> May 2009**

Dave Walsh                    3.11.03 (2<sup>nd</sup> M40)  
Jon Coupland                    3.27.56 .p.b.  
Steve Gelderd                    3.51.45  
Colin Bones                    3.56.30  
Jane Wheatley                    4.35.31  
Richard Wheatley                    4.35.31

### **White Peak ½ marathon – 17<sup>th</sup> May 2009**

Dave Onion                    2.04.20  
Kathryn Walsh                    2.21.14

### **Eyam ½ marathon – 17<sup>th</sup> May 2009**

Pete Gillespie	1.35.13
Pete Speakman	2.09.05
Michelle Newton	2.18.23
Rachel Parkinson	2.18.23

### **BMAF National Road Relay Championships, Sutton Park, Birmingham – 16<sup>th</sup> May 2009**

#### **Redhill Ladies take F35 team Silver at the BMAF RR Champs! Redhill Men also take M35 team Bronze!**

Always the highlight of the British Masters racing calendar, 2009 would be no exception with some stunningly close finishes in the races.

#### Ladies F35 4 x 3m

All the leading names were there including the top 3 from last year, the race would be eventful right from the off. The start left the field split with many falling (including Toni) who was caught up in the mess, but after helping one unfortunate lady to her feet she then flew off to play catch up. By the end of leg one she was back up to 6<sup>th</sup> with 18.31 with Dulwich holding a good lead. Sharon on leg 2 set off in a group of about 5 in pursuit. By the time they returned the leading pack were almost all back within 30 seconds of each other with Sharon up to 3<sup>rd</sup> running our fastest leg of the day. Helen set off & found herself in the lead half way round leg 3 before finally returning in 3<sup>rd</sup> as Bingley came from along way back to take pole position with one leg left, we were just adrift of Dulwich. Over to Carolyn for leg 4 to chase the top 2 with Ann's sister Paula (running for Windsor & Slough) just behind in 4<sup>th</sup>. Carolyn passed Dulwich at the top of the hill to move into 2<sup>nd</sup> but Bingley were gone and celebrated the victory, Carolyn ran away from 3<sup>rd</sup> and 4<sup>th</sup> (with 18.28) to anchor Redhill's Ladies to Silver (to better the Bronze of 2008) with Ann's Sister Paula running down her younger opposition from Dulwich to grab Bronze for her club!

#### **BMAF F35 Team Silver!**

Toni Minniti	18.31	
Sharon Smith	18.08	
Helen Burrell	18.30	
Carolyn Hay	18.28 (Silver)	1.13.37

#### Ladies F45 3 x 3m

In the same race Helen C, Bev & Ann ran in their age category in what turned out to be the strongest field of the day. Placing positions in this age group was difficult with all the other categories running but reigning champions Reading were certainly a class apart from the rest and gave the F35 ladies a run for their money. Reading were easy champions with our ladies finishing 7<sup>th</sup> in a time that would have normally stood a chance of a minor medal, but unfortunately not his year due the high standard present.

Helen Cawthorne	20.23	
Bev Barnes	21.38	
Ann Ford	19.30 (7 <sup>th</sup> )	1.01.31

#### Men M35 4 x 3m

From the start one team shone, Salford, a short lead after leg one just grew and grew to a classy victory but what about our team of Andy, Nigel, Mark & Paul? Andy led off returning in a swift 15.39 and third, there were however several others just behind. Nigel said that he ran scared, his first ever BMAF event, we pondered what time he would do, circa 17 dead was the bet however a blistering 16.34 was his effort returning in second place again with 3 teams just behind. Dependable Mark was third, and didn't disappoint with 16.17, Salford were long gone but Paul exited on his "glory" leg with approx 45 seconds lead to 3<sup>rd</sup> place. There are normally ringers somewhere on leg 4 and so it was



again this year, Preston & Tipton were flying, but Paul was in fine form, he was however eventually caught with ½ m to go but not from Tipton as he expected but from the Preston guy who ran 15.05! Paul however held Tipton at bay with 16.01 to secure team Bronze for our quartet with 2<sup>nd</sup> to 4<sup>th</sup> finishing within 18 seconds of each other!

### **BMAF M35 Team Bronze!**

Andy Wetherill	15.39		
Nigel Lever	16.34		
Mark Yates	16.17		
Paul Newton	16.01	(Bronze)	1.04.31

### **Men M40**

Clive Greyson	17.34
Martyn McHale	17.34

### **Men M60**

Jim Munro	18.55
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### **Bramcote 5k – 15<sup>th</sup> May 2009**

Kate Raynor	2 <sup>nd</sup> Lady
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### **Notts Track & Field Champs – 9<sup>th</sup> & 10<sup>th</sup> May 2009**

#### **1500m**

Andy Wetherill	4.33.75	(Bronze)
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#### **5000m**

Andy Wetherill	16.25.97	(4 <sup>th</sup> )
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#### **400m Vet**

Jim Munro	1.08.41	(5 <sup>th</sup> , 1 <sup>st</sup> M60)
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#### **3000m Vet**

Andy Wetherill	9.23.81	(Silver & 1 <sup>st</sup> M50)
Jim Munro	11.25.20	(4 <sup>th</sup> , 1 <sup>st</sup> M60)

### **Notts Road Race 3, Holme P, 5m – 13<sup>th</sup> May 2009**

#### **ladies**

**2<sup>nd</sup> & 3<sup>rd</sup> for Sharon & Emily at Holme P!  
Redhill ladies win Road Race 2!**

2	Sharon Smith	A
3	Emily Rose	A
6	Mary Bolland	A
14	Catherine Charlton	B
16	Elsie Roberts	B
23	Karen Stander	B
39	Bev Barnes	Vet
40	Sarah Parker	Vet
53	Amanda English	Vet

56	Tracey Jones	C
76	Rachel Parkinson	C
88	Lydia Fairhurst	C
89	Kate Riley	D
90	Christina Eaton	D
92	Lyndsey Adkin	D
95	Michelle Newton	E
97	Michelle Flint	E
101	Jo Raven	E
112	Jean Adkin	F
120	Katheryn Walsh	F
121	Karen Edge	F

ladies = 21

### Men

6	Andy Wetherill	A
8	Paul Newton	A
11	Matt Stratford	A
13	Ben Humphreys	A
20	Mark Yates	A
21	Neil Rossin	A
24	Simon Nash	Vet
26	Clive Greyson	Vet
27	Nigel Cobb	Vet
29	Nigel Lever	B
40	Julian Richardson	Vet
45	Kevin Squires	B
50	Martyn McHale	B
55	Stan Pascoe	B
58	Gary McMahon	B
62	Dave Walsh	B
63	Mark Davies	C
70	Jo Parker	C
74	Kevin Brown	C
75	Mark Anslow	C
85	Jim Munro	C
86	Mark Tomlinson	C
89	Dave Giles	D
94	Tony Lowe	D
95	Paul Stacey	D
97	James Butler	D
113	Matt Hemsley	D
114	Jason Stansfield	D
120	Mark Attenborough	E
135	Darryl Teager	E
141	Chris Aikman	E
174	Carl Davey	E
175	Mike Drury	E
177	Keith Palmer	E
180	Alex Eustace	F
185	Stefan Pratesi	F
187	Ian Raynor	F
189	Andy Phillips	F
191	Richard Mayes	F
193	Bob Hayes	F
204	Paul Ward	G
206	Arthur Hancock	G
214	Brian Bletcher	G

216	Pete Scoffings	G
220	Prad Verma	G
222	Richard Wheatley	G
231	Geoff Jackson	H
238	Nigel Daniels	H
250	John Morely	H
258	Dennis Reeson	H
261	Chris Jones	H
265	Pete Speakman	H
267	Pete Henley	
272	Mark Taylor	
	Barry Davies	

men = 55

total = 76

### **Long Bennington 10k – 10<sup>th</sup> May 2009**

Paul Stacey	39.27 p.b.
Graham Webster	42.37
Kevin Humphreys	48.59

### **Hinckley ½ m – 10<sup>th</sup> May 2009**

7	Ben Bennett	1:13:43
77	Jason Stansfield	1:27:40
83	Mark Tomlinson	1:28:22
150	Christophor Aikman	1:33:11 p.b.
341	Carl Davey	1:42:49
697	Dave Onion	1:58:10

### **Southwell 5k – 4<sup>th</sup> May 2009**

**2<sup>nd</sup> lady for Emily, 2<sup>nd</sup> Vet for Simon & 1<sup>st</sup> M60 for Jim at Southwell!**

Simon Nash	17.33 2 <sup>nd</sup> Vet
Tim Raynor	18.07 (Mansfield)
Mark Tomlinson	19.08
Emily Rose	19.11 2 <sup>nd</sup> Lady
Jim Munro	19.28 1 <sup>st</sup> M60
David Giles	19.30
Michelle Yates	23.15
Kevin Humphreys	23.21

### **Livingstone road relays – 3<sup>rd</sup> May 2009**

**Vet team Silver for Redhill at the Livingstone road relays!**

Mark Yates	16.31
Alan Smith	15.51
Nigel Cobb	17.18
Paul Newton	16.38 (2 <sup>nd</sup> )

### **Langtoft 10k - 3<sup>rd</sup> May 2009**

**2<sup>nd</sup> for Ben at Langtoft!**

Ben Bennett	33:48 (2 <sup>nd</sup> )
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### Uttoxeter ½ m – 3<sup>rd</sup> May 2009

Dave Onion 1.57.13

### London marathon – 26<sup>th</sup> April 2009

Matthew Clapp 2.48.00  
Ian Beckingham 3.04.26  
Tom McCulloch 3.17.04  
Catherine Charlton 3.28.38 p.b.  
Paul Stacey 4.09.46  
Bev Barnes 4.09.46 p.b.  
Pete Speakman 4.11.01  
Chris Jones 4.42.40 p.b.

### Sheffield ½ m – 26<sup>th</sup> April 2009

#### **1<sup>st</sup> M50 for Andy at Sheffield!**

Andy Wetherill 1.14.23 (1<sup>st</sup> M50)  
Lee Stubbs 1.16.39  
Clive Greyson 1.22.20  
Simon Nash 1.23.43  
Ian Winstanley 1.25.23  
Mark Davies 1.26.19  
Stan Pascoe 1.27.00  
Carolyn Hay 1.27.00 (3<sup>rd</sup> F35)  
Mark Tomlinson 1.29.21  
Jason Stawfield 1.30.20  
Tim Dove 1.30.23  
Graham Webster 1.32.04  
Steve Gelderd 1.36.39  
Carl Davey 1.39.59  
Caroline Norton 1.43.59  
Dave Onion 1.50.37  
Pat McGovern 1.58.42  
Jon Morley 1.58.44  
Nikki Dixon 2.06.51

### Shakespeare Marathon – 26<sup>th</sup> April 2009

Andrew Norton 3.01.36

### 3 peaks fell, Yorkshire – 26<sup>th</sup> April 2009

Dave Walsh 4.12.14  
Gary McMahon 4.17.18

### Carsington Duathlon – 25<sup>th</sup> April 2009

Pos		Run 1 8.5m	Bike 25m	Run 2 4 trail	Total Time
40	Matt Hemsley	53.47	1.22.40	16.08	2.32.35

### Mansfield 5k – 24<sup>th</sup> April 2009

Emily Rose 19.45 (3<sup>rd</sup> Senior Lady)

David Giles	19.56
Jim Munro	20.05
Chris Middleton	22.38
Mike Drury	22.49
Kevin Humphreys	24.14
Mike Monks	24.57
Michelle Butler	26.08

### **Bungay marathon – 19<sup>th</sup> April 2009**

#### **Sarah is 1<sup>st</sup> Lady Vet in Norfolk!**

Sarah Parker	3.39.49 (1 <sup>st</sup> Lady vet)
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### **Derby 10k – 19<sup>th</sup> April 2009**

Paul Newton	34.27
Ben Humphreys	34.54
Tony Lowe	41.12
Jon Coupland	41.31
Ian Reynolds	44.02
Mike Drury	44.22
Keith Palmer	44.26
Chris Jones	44.57
Carl Davey	45.27
Richard Wheatley	45.41
Bev Barnes	46.55
Tracey Jones	48.16
Amanda English	49.16
Paul Stacey	49.14
Dave Onion	50.17
Michelle Flint	51.49
Rachel Parkinson	53.05
Kate Maltby	53.07
Michelle Newton	53.08
Jo Raven	53.15
Caroline Thornley	53.37
Lyndsey Adkin	54.29
Jane Wheatley	46.12
Jean Adkin	57.42
Claire Gollin	65.52

### **Nottinghamshire Road Race Series, Epperstone, race 1, 5.9m – 15<sup>th</sup> April 2009**

#### **Helen and Sharon are 1<sup>st</sup> and 2<sup>nd</sup> at race 1! Redhill ladies run to race 1 victory! Redhill lady Vets are 3<sup>rd</sup>!**

1	Helen Burrell	A
2	Sharon Smith	A
5	Emily Rose	A
20	Catherine Charlton	B
24	Karen Stander	B
30	Lisa Davies	B
35	Bev Barnes	Vet
41	Caroline Norton	Vet
49	Sarah Parker	Vet
55	Michelle Yates	Vet B
56	Amanda English	Vet B
61	Tracey Jones	Vet B

68	Emma Futcher	C
77	Christina Eaton	C
87	Michelle Flint	C
94	Lyndsey Adkin	D
97	Jo Raven	D
98	Amanda Lowton	D
99	Helen Lowe	E
104	Jane Wheatley	E
105	Michelle Newton	E
107	Kate Maltby	F
111	Caroline Thornley	F
117	Jean Adkin	F
121	Liz Green Davies	
124	Kathryn Walsh	

Ladies = 26

**Alan runs to 3<sup>rd</sup> & Redhill Senior & Vet men also win race 1 at Epperstone!**

3	Alan Smith	A
5	Andy Wetherill	A
8	Lee Stubbs	A
9	Ben Bennett	A
10	Paul Newton	A
11	Matt Clapp	A
13	Matt Stratford	B
21	Ben Humphreys	B
23	Mark Yates	Vet
27	Nigel Cobb	Vet
29	Simon Nash	Vet
34	Clive Greyson	Vet
40	Nigel Lever	B
41	Martyn McHale	B
50	Julian Richardson	B
52	Kevin Squires	B
56	Ian Winstanley	C
57	Mark Davies	C
75	Dave Walsh	C
78	Darryl Teager	C
82	Mark Anslow	C
91	Dave Giles	C
96	Jim Munro	D
97	Jo Parker	D
98	Tim Dove	D
99	James Butler	D
107	Mark Tomlinson	D
108	Tony Lowe	D
111	Tim Metcalfe	E
115	Terry Chambers	E
136	John Coupland	E
143	Mark Attenborough	E
144	Mark Widdowson	E
148	Steve Gelderd	E
159	Ian Hales	F
162	Colin Bones	F
165	Bob Hayes	F
174	Carl Davey	F
180	Richard Wheatley	F
182	Andy Eaton	F
183	Alex Eustace	G

186	Pete Scoffings	G
187	Keith Palmer	G
190	Andy Phillips	G
195	Brian Fletcher	G
197	Mike Drury	G
203	Chris Jones	H
206	Richard Mayes	H
207	Geoff Jackson	H
208	Jo Spicer	H
209	Ian Beckingham	H
214	Tony Curtis	H
215	Arthur Hancock	I
220	Danny Goodwin	I
226	Nigel Daniels	I
228	Steff Pretisa	I
239	Prad Verma	I
241	Dennis Reeson	I
250	Jon Morley	J
251	Pete Henley	J
258	Mike Monks	J
264	Chris McDonald	J
267	Pete Speakman	J
270	Andy Bradley	J

Men = 64

Total = 90

#### **Wollaton Park 10k – 13<sup>th</sup> April 2009**

Dave Walsh	40.40
Colin Bones	45.27
Mike Drury	48.35
Alex Eustace	48.39
Michelle Yates	50.38
Kathryn Walsh	66.53

#### **Friskney ½ marathon – 12<sup>th</sup> April 2009**

Mark Tomlinson	1.27.01
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#### **Hose ½ marathon – 12<sup>th</sup> April 2009**

Andy Norton	1.18.44
Paul Stacey	1.28.44
Graham Webster	1.32.04
Elsie Roberts	1.33.52
Steve Gelderd	1.34.09
Carl Davey	1.39.30
Jon Spicer	1.42.32 p.b.
Mike Drury	1.46.10
Nigel Daniels	1.46.55
Paula Argyle	2.04.00

#### **Shining Cliff Woods Fell Race, 4.88m - 12<sup>th</sup> April 2009**

#### **3<sup>rd</sup> for Emily in the Derbyshire hills!**

Emily Rose	24 <sup>th</sup> (3 <sup>rd</sup> lady)	43.44
David Giles	34 <sup>th</sup>	45.41

Short race (2.4 miles):

Dennis Reeson            20<sup>th</sup>                    27:35

**Paris marathon – 5<sup>th</sup> April 2009**

Mark Davies            2.57.37 p.b.  
Amanda English        4.05.59 p.b.

**Caythorpe Canter 26 m - 4<sup>th</sup> April 2009**

Dave Walsh            3hrs 27mins (= 2<sup>nd</sup>).

**European Masters Indoor Champs. 2009 Ancona Italy**

Jim Munro

M60 3000m DNF ran a lap short miscounted!! 10:29 for 2800m

M60 1500m 5:18:0 6th

**Midland Counties 12 & 6 stage relays, Sutton Park – 4<sup>th</sup> April 2009**

Masters 6-stage.(2<sup>nd</sup>)

**Alan runs to fastest short leg of the day & Redhills Vets win Silver!**

Andy Tarry (long)	27:59
Andy Wetherill.	16:11
Mark Yates.	16:41
Matt Clapp (long)	30:07
Alan Smith.	15:31 - fastest short leg of the day in the Masters Race.
Paul Newton.	16:30

12-stage. (33<sup>rd</sup>)

Leigh Stubbs (long)	30:00
Simon Nash.	17:36
James Butler.	18:40
Nigel Cobb (long)	32:04
Tim Dove	19:25
Bob Hayes	21:29
Clive Greyson (long)	32:56
Tomo	18:36
Darryl Teager.	19:01
Martyn McHale (long)	34:15
Jim Munro	18:54
Chris Mid	21:45.

**Sheffield 10k – 29<sup>th</sup> March 2009**

**1<sup>st</sup> Vet for Andy!**

Andy Wetherill            32.44 (1<sup>st</sup> Vet)

**Reading ½ marathon – 29<sup>th</sup> March 2009**

**P.b.'s for Catherine & Paul!**



Paul Stacey	1.25.06 p.b.
Catherine Charlton	1.33.05 p.b.

### **Lincoln 10k – 29<sup>th</sup> March 2009**

#### **3<sup>rd</sup> Vet for Andy at Lincoln!**

Andy Stevens	35.02 (3 <sup>rd</sup> Vet)
Andy Norton	35.16 p.b.
Ian Winstanley	38.42 p.b.
Darryl Teager	39.18
Emily Rose	39.31 p.b.
Adam Wright	40.13
Michelle Flint	51.45

### **Underwood 10k – 29<sup>th</sup> March 2009**

#### **2<sup>nd</sup> Lady for Karen at hilly Underwood!**

Tony Lowe	42.04
Bob Hayes	45.51
Karen Stander	46.04 (2 <sup>nd</sup> Lady, 1 <sup>st</sup> Senior Lady)
Dennis Reeson	52.56

### **Wilmslow ½ marathon – 29<sup>th</sup> March 2009**

Ben Bennett	1.11.55
Helen Burrell	1.25.59 (3 <sup>rd</sup> F45)

### **Ashby 20m – 22<sup>nd</sup> March 2009**

Paul Stacey	2.18.24 p.b.
Sarah Parker	2.42.14
Richard Wheatley	2.43.53
Catherine Charlton	2.49.06
Chris Jones	2.54.04

### **Retford ½m – 22<sup>nd</sup> March 2009**

#### **3<sup>rd</sup> Lady & 1<sup>st</sup> Vet of Carolyn at Retford!**

Matt Stratford	1.16.49
Matthew Clapp	1.16.50
Dave Walsh	1.23.22
Lee Stubbs	1.24.24
Simon Nash	1.24.25
Carolyn Hay	1.24.30 (3 <sup>rd</sup> Lady, 1 <sup>st</sup> F35)
Clive Greyson	1.24.31
Andy Norton	1.25.20
Mark Davies	1.25.22
Mark Tomlinson	1.27.59
Tony Lowe	1.34.40
Steve Gelderd	1.36.39
Mike Drury	1.42.13
Ian Reynolds	1.42.30
Carl Davey	1.42.45
Jane Matthews	1.42.46
Keith Palmer	1.43.35
Bev Barnes	1.45.13

Amanda English 1.49.38  
 Dave Onion 1.54.01  
 Jon Morley 1.55.29  
 Kate Maltby 2.03.19

**Stapleford Wood training Duathlon – 21<sup>st</sup> March 2009**

Pos		Run 1 3k trail	Bike 13k	Run 2 3k trail	Total Time
2	Karen Stander	13.32	31.52	14.01	59.25

**Belvoir Challenge - 26m**

19 Ian Beckingham 3:44:53

**The grizzly – 20m**

27 Ian Beckingham 2:46:05

**Derby Midweek 5k – 18<sup>th</sup> March 2009**

Andy Norton 17.02 p.b.  
 Catherine Charlton 20.13 p.b.

**1485 Duathlon - 1<sup>st</sup> March 2009**

Pos		Run 1 5k	Bike 20k	Run 2 5k	Total Time
23	Matt Hemsley	20.12	39.56	21.14	1.21.22

**Clumber Classic Duathlon - 7<sup>th</sup> March 2009**

Pos		Run 1 10k	Bike 40k	Run 2 5k	Total Time
80	Matt Hemsley	41.49	1.8.31	21.59	2.12.19

**Dronfield 10k – 15<sup>th</sup> March 2009**

Dave Onion 51.32

**Louth 10k – 15<sup>th</sup> March 2009**

Dennis Reeson 48.10

**Milton Keynes ½ m – 8<sup>th</sup> March 2009**

Elsie Roberts 1.30.27 p.b.

**Stafford, 20m – 8<sup>th</sup> March 2009**

Mark Davies 2.14.26

**Rushcliffe 10k – 8<sup>th</sup> March 2009**

**Andy T wins at a cold and windy Rushcliffe. Emily & Mark Y also run to 2<sup>nd</sup> places!**

Andy Tarry	32.06	(1 <sup>st</sup> )
Mark Yates	35.20	(2 <sup>nd</sup> )
Nigel Lever	36.31	
Nigel Cobb	37.20	
Emily Rose	39.49 p.b.	(2 <sup>nd</sup> lady)
Kevin Brown	39.54	
Ian Winstanley	39.59	
Ann Ford	42.25	
Paul Stacey	42.52	
Andy Stredder	44.00	
Ian Reynolds	45.23	
Bev Barnes	47.08	
Alex Eustace	47.44	
Nigel Daniels	51.53	
Dennis Reeson	52.20	
Michelle Flint	52.32	
Michelle Newton	55.23	
Carolyn Thornley	57.26	
Roslyn Keward	57.39 p.b.	
Claire Gollin	62.50 p.b.	

#### **Grantham ½ m – 8<sup>th</sup> March 2008**

Mark Tomlinson	1.29.55
Chris Aikman	1.37.10
Steve Gelderd	1.39.59

#### **BMAF Indoor Track & Field Champs – 7/8<sup>th</sup> March 2009**

##### M60

##### 1500m

Jim Munro 5.24.91 (Bronze)

##### 3000m

Jim Munro 11.23.96 (4<sup>th</sup>)

#### **Inter Counties x/country Champs, Wollaton Park – 7<sup>th</sup> March 23009**

**Congratulations to the following 6 club members for represented Notts in the above championships!**

137 Sharon Smith  
139 Carolyn Hay  
155 Helen Burrell

209 Andy Wetherill  
243 Matt Stratford  
245 Paul Newton

#### **East Midland x/country, Darley Park – 1<sup>st</sup> March 2009**

9 Catherine Charlton  
14 Karyn Stander  
15 Bev Barnes  
20 Amanda English  
31 Jane Wheatley  
33 Kate Maltby

4 Paul Newton  
7 Mark Davies  
10 Nigel Lever  
29 Mark Attenborough  
30 Mark Anslow  
31 Darryl Teager  
33 Mark Tomlinson  
37 Tony Lowe  
43 Chris Jones  
49 Ian Reynolds  
54 Carl Davey  
57 Keith Palmer  
60 Mike Drury  
66 Arthur Hancock  
69 Richard Wheatley  
74 Jon Morley

**Sleaford ½ m – 22<sup>nd</sup> February 2009**

**2<sup>nd</sup> Lady for Emily at Sleaford!**

Emily Rose 1.29.21 (2<sup>nd</sup> Lady)  
Colin Bones 1.40.50

**Terminator, Pewsey – 22<sup>nd</sup> February 2009**

Paul Stacey 1.44.44

**Wilmot Wander, 32m – 25<sup>th</sup> January 2009**

Dave Walsh 5 hrs 15 mins

**Norton 9m – 1<sup>st</sup> March 2009**

Andy Stevens 53.25  
Andy Norton 54.20

**Barcelona marathon – 1<sup>st</sup> March 2009**

Dave Walsh 2.57.23

**East Midlands x/country, Colwick Woods – 22<sup>nd</sup> February 2009**

14 Bev Barnes  
16 Karyn Stander  
22 Michelle Yates  
28 Amanda English  
34 Jane Wheatley  
36 Kate Maltby  
37 Paula Argyle

4 Matt Stratford  
8 Mark Yates  
11 Mark Davies  
16 Simon Nash  
22 Martyn McHale  
26 Dave Walsh  
28 Mark Anslow  
30 Matt Hemsley

31 James Butler  
33 Darryl Teager  
37 Mark Tomlinson  
44 Tony Lowe  
47 Chris Jones  
54 Chris Aikman  
59 Keith Palmer  
61 Carl Davey  
62 Ian Reynolds  
67 Mike Drury  
68 Arthur Hancock  
69 Steve Gelderd  
77 Richard Wheatley  
82 Nigel Daniels  
83 Jon Morley

**National x/country Champs, Parliament Hill – 21<sup>st</sup> February 2009**

361 Paul Newton                    84<sup>th</sup> team  
431 Ben Humphreys  
546 Tim Raynor (Mansfield)  
817 Mark Attenborough  
1074 Clive Greyson  
1105 Ian Abbott  
1249 Terry Chambers

**Village Bakery ½ m, Wrexham – 15<sup>th</sup> February 2009**

Ben Bennett    71.38 p.b.

**Stamford 30k – 15<sup>th</sup> February 2009**

Paul Stacey                    2.19.48  
Catherine Charlton        2.29.19  
Steve Gelderd                2.31.57  
Mike Drury                    2.34.57  
Chris Jones                    2.43.31

**East Midlands x/country, Bramcote – 1<sup>st</sup> February 2009**

**Paul puts in a sprint finish to win on the hills of Bramcote!**

12 Catherine Charlton  
18 Bev Barnes  
20 Sarah Parker  
23 Michelle Yates  
31 Amanda English  
  
1 Paul Newton  
5 Mark Yates  
6 Nigel Lever  
10 Simon Nash  
12 Andy Norton  
13 Mark Davies  
16 Tim Raymor  
25 Pete Gillespie  
26 Kevin Brown  
27 Matt Hemsley  
28 Mark Attenborough  
30 Mark Anslow

32 Dave Walsh  
35 Darryl Teager  
41 Mark Tomlinson  
42 Andy Stredder  
43 Jon Coupland  
44 James Butler  
54 Chris Jones  
55 Tony Lowe  
60 Steve Gelderd  
70 Keith Palmer  
72 Bob Hayes  
73 Mike Drury  
78 Arthur Hancock  
89 Nigel Daniels

**Midland x/country championships, Berry Hill – 24<sup>th</sup> January 2009**

**Ladies 7.3k (Redhill - 5<sup>th</sup>)**

32 Sharon Smith  
33 Helen Burrell  
40 Carolyn Hay  
60 Ann Ford  
66 Mary Bolland

**Men, 11.3k (Redhill 7<sup>th</sup>)**

57 Matt Clapp  
73 Andy Wetherill  
86 Matt Stratford  
118 Paul Newton  
120 Ben Humphreys  
124 Mark Yates  
126 Nigel Lever  
161 Simon Nash  
186 Clive Greyson  
219 Mark Attenborough  
257 Terry Chambers

**Midland vets x/country championships – 18<sup>th</sup> January 2009**

**Andy W takes bronze at the Midland x/c Masters Champs!  
Age category medals for Andy, Mark and Martyn1  
Redhills team (of 4) takes Silver!**

3	Andy Wetherill	30.27	(M50 Gold)
7	Mark Yates	31.17	(M40 Bronze)
10	Paul Newton	31.32	
15	Martyn McHale	33.28	(M45 Bronze)

**Folkworth 15m – 18<sup>th</sup> January 2009**

Mark Davies	1.38.47
Andy Norton	1.39.01
Elsie Roberts	1.52.40
Paul Stacey	2.03.25

**Shinning Cliffs Fell race – 11<sup>th</sup> January 2009**

Sarah Costin	00.58.02	(Notts ac)
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Dave Giles 1.01.15  
Amanda English 1.02.59  
Dennis Reeson 1.06.13

Emily Rose 00.54.04 (unattached) (3<sup>rd</sup> lady)

### **North Midland x/c Wollaton Park – 17<sup>th</sup> January 2009**

**3<sup>rd</sup> for Andy T at Wollaton Park!**

**Sharon (F35), Ann (F50) & Andy W (M50) all win North Mid x/c category Golds!  
Redhill Ladies are North Mids x/c Vet Champs!  
Redhill's Vet men retain their North Mids x/c Vet title!**

6 Sharon Smith (Vet)  
23 Ann Ford (Vet)  
58 Amanda English (Vet)  
60 Michelle Yates  
62 Bev Barnes  
66 Sally Dodsley  
76 Jane Wheatley

3 Andy Tarry  
16 Andy Wetherill (Vet)  
24 Matt Stratford  
35 Paul Newton (Vet)  
39 Nigel Lever  
46 Clive Greyson (Vet)  
58 Simon Nash  
60 Martyn McHale  
81 Kevin Brown  
82 Ian Abbott  
86 Gary McMahon  
95 Mark Tomlinson  
96 Kevin Squires  
98 Terry Chambers  
100 Paul Barrett  
109 Darrel Taeger  
111 Mark Attenborough  
143 Steve Gelderd  
152 Keith Palmer  
155 Colin Bones  
166 Geoff Jackson  
170 Dennis Reeson  
177 Nigel Daniels  
180 Richard Wheatley

### **Notts X/C Championships, Berry Hill – 10<sup>th</sup> January 2009**

congrats & thanks to all for everyone's efforts.

Men - Mansfield Senior Team beat Notts (who although not at their strongest) were easily beaten, Mansfield's historic win was well deserved.

Redhill won individual Gold's through Paul Newton M40 Gold, & Andy Wetherill M50 Gold, There were also Silver Medals for Mark Yates M40 & Jim Munro M60.

Redhill Vet men easily won Gold & had literally no competition (where were the Mansfield guys?) and Notts didn't even a declare vet team which upset their vets!

A Senior Team Bronze gave one or two from our club the chance to win a county champ medal which perhaps they never thought would come their way so congrats especially to

Mark Davies (men's run of the day) & to Ian Abbott who teamed up with Lee, Martyn, Clive & Matt Stratford to make up Redhill's Senior team.

The strength of the ladies field that turned up on the day coupled with the fact that in order to get a Team medal in both categories meant we needed to split our ladies strength made team selection difficult, ultimately we decided to run Helen with Ann & Sarah P in the Vets as Charnwood with the "Potters" plus 1 were all present and were going to win the title. The Ladies Nott's & Mansfield challenge never materialised once this race started but Sutton with Claire running were a match for our ladies & the Team Silver turned out to be a straight race between Catherine & Suttons 3rd counter as the other 4 ladies all cancelled each other out. In the end Catherine just failed to catch her Sutton counterpart & we were beaten to Silver by 1 point, Elsie then caught Catherine & both ladies then ended up sprinting each other to the line, a race which Elsie just won. Nott's without Nicola Bamford gave up on the Seniors and won the Vet title, Helen, Ann & Sarah took Vet team Silver. Carolyn, Sharon & Elsie took Senior Team Bronze.

Helen & Ann won individual Gold's with Sharon Silver & Carolyn Bronze.

5	Sharon Smith	(F35 Silver)
6	Carolyn Hay	(F35 Bronze)
7	Helen Burrell	(F45 Gold)
14	Elsie Roberts	
15	Catherine Charlton	
19	Ann Ford	(F55 Gold)
28	Sarah Parker	
10	Andy Wetherill	(M50 Gold)
15	Lee Stubbs	
16	Paul Newton	(M40 Gold)
20	Matt Stratford	
24	Mark Yates	(M40) Silver)
30	Mark Davies	
37	Clive Greyson	
39	Simon Nash	
41	Ian Abbott	
42	Martyn McHale	
44	Gary MaMahon	
54	Dave Walsh	
55	Matt Hemsley	
59	Mark Tomlinson	
70	Jim Munro	(M60 Silver)
88	Steve Gelderd	

### **Derbyshire X/C Championships, Berry Hill – 10<sup>th</sup> January 2009**

24 Ben Humphreys

### **Three Villages 10k – 4<sup>th</sup> January 2008**

#### **1<sup>st</sup> & 2<sup>nd</sup> for Andy & Simon!**

Andy Stevens	36.20	(1 <sup>st</sup> )
Simon Nash		(2 <sup>nd</sup> )
Mark Anslow		(5 <sup>th</sup> )
Jim Munro	40.16	(6 <sup>th</sup> )
Chris Jones		
Steve Gelderd	44.17	
Dennis Reeson	49.48	
Mike Monks	49.49	
Michelle Flint		
Mark Taylor		



**Cleethorpes 10k – 1<sup>st</sup> January 2008**

Clive Greyson	36:06 (2 <sup>nd</sup> M40)
Carolyn Hay	37:04, (1 <sup>st</sup> F35)
Adam Wright	39:53