

Redhill Race Results

July-Dec 2002

Lara 3 Counties Duathlon Series (Milford) – 31st December 2002

Position		Total time	Run 1 2.5m	Bike 8m	Run 2 2.5m
18 th	Simon Nash	55.52	14.43	25.05	16.04
21 st	Mike Hankin	57.21	15.57	24.30	16.54

Caythorpe (Southwell) 10k – 29th December 2002

9	Leigh Stubbs	34:12 (p.b.)
22	Nigel R Cobb	35:28
31	Graeme Brown	37:08
44	Kevin Squires	38:18
52	Ian Abbott	38:43
56	Roger Nixon	39:04
69	Bruce Olpin	39:33 (p.b.)
76	James Butler	39:52
85	Andy Stredder	40:36 (p.b.)
86	David Giles	40:38 (p.b.)
88	Ian Hales	40:45
92	Mark Anslow	40:57
118	John Cass	42:02
146	Paul Ward	42:53 (p.b.)
148	Nigel Daniels	43:04
159	Sarah Costin	43:25
160	Kev Humphreys	43:27
169	Chris Middleton	43:50
185	Rob Hickling	44:34
198	Tim Cunningham	45:07
200	John Truscott	45:08
210	Taff Ramsey	45:27
274	Garry Astle	48:27
280	Rachel Martin	48.53 (2 nd claim)
336	Amanda English	50:54
343	Michelle Flint	51:20
380	Peter Scoffings	53:06
424	Jo Turner	56:25 (p.b.)
425	Cath Johnson	56:26 (p.b.)
442	Caroline Humber	57:35 (p.b.)
450	Tracey Lowton	58:07
454	Louise Keating	58:17
469	Sarah Monkton	60:13 (p.b.)
492	Ruth Hodgkinson	62:42

Wollaton Park Relays (2.5m) – 27th December 2002

The vets won their veteran category repeating last year's victory.

6th	Redhill "A"	16th	Redhill "B"	22nd	Redhill "C"
14.31	Tom Rawsterne	14.02	Stan Pascoe	16.09	Rob Litchfield
13.10	Paul Newton	15.26	Andy Stredder	15.09	Bruce Olpin
14.40	Helen Burrell	16.38	Chloe Nelson	17.03	Sarah Costin
13.33	Mark Yates	14.19	Martyn McHale	14.25	Stan Pascoe
36th	Redhill "D"	41st	Redhill "E"	29th	Redhill "Vets"
18.49	Greg Shaw	16.54	Kevin Humphreys	15.27	Arthur Hancock
15.58	David Giles	17.42	Pete Scoffings	15.07	Noel McGuinness
18.25	Leona Sharpe	22.21	Suzie Artis	19.36	Amanda English
17.15	Bill Collier	14.56	Mark Salter	16.21	John Cass

Barrow 10k

Paul Ward 43.00 (p.b.)

East Midlands X/Country, Long Eaton – 15th December 2002

Long Eaton's course is renown as being muddy & this year was no exception. An early dip into the stream was followed by 2 miles of narrow muddy trails along side the river Trent. The infamous bank took everyone back to the finish where the ladies watched as the men then endured a 2nd lap. Other club's members offered to join Redhill that morning as we had provided the only tent from which we keep warm as everyone else froze their butts off! Redhill dominated the men's field finishing 1st in the senior men's race as well as 1st in the B, C & D categories. The Vet men were 2nd behind Erewash & the ladies 4th equal.

Present "leading teams", overall standings

Senior Ladies - Holme Pierrepont 22, Nottm University 30, Long Eaton 45,
Formula One 54, Redhill 54, Erewash 79

Senior Men - Redhill 22, Nottm University 35, Holme Pierrepont 63,
Formula One, 82, Long Eaton 116

Vet Men - Erewash, Redhill, Sinfen

Pos Mens

3 Paul Newton
5 Ashley Deeeming
6 Alan Maddocks
8 Lee Stubbs
16 Martyn McHale
17 Ian Hales
34 Simon Nash
35 Arthur Hancock
36 Andy Stredder
38 Ian Abbott
57 Paul Mellors
63 Bob Hayes
68 Nigel Daniels
72 John Truscott

Pos Ladies

16 Pearl Dixon
17 Ruth Sturt
21 Liz Davies
28 Amanda English

- 73 Chris Middleton
- 79 Kevin Humphreys
- 85 Greg Shaw
- 86 Pete Scoffings

Bolsover 10k – 15th December 2002

The cold, windy & very wet morning made the return ½ of this course a far stiffer test than the 1st 5k. Andy lead the small Redhill contingent home winning the Vet prize as well as finishing 4th overall. Many other club members were suffering, either from hangovers from the Christmas party or the effects of running the East Mids X/Country at Long Eaton, or both!

- 32.53 Andy Wetherill (1st Vet)
- 43.21 Mike Hankin
- 48.00 Mike Monks
- 49.37 Dennis Reeson
- 60.57 Phil Hopewell (p.b.)

Keyworth Turkey Trot ½ marathon – 8th December 2002

The cold weather didn't stop Nigel winning the V60 prize & yet another clutch of personal bests. The performances of the day however belong to Bruce who dipped below 1:30 & to the ladies in Chloe who took another 4 minutes off her personal best & to Sarah who finished in 1:38 in her first ½ marathon.

- | | |
|----------------|-------------------------------|
| Nigel Cobb | 1:18:22 |
| Mark Yates | 1:20:20 |
| Ian Hales | 1:21:08 |
| Kevin Squires | 1:27:01 |
| Bruce Olpin | 1:29:33 p.b. |
| Arthur Hancock | 1:30:45 |
| Chloe Nelson | 1:30:46 (p.b) (4th Lady) |
| Bob Litchfield | 1:33:19 |
| John Cass | 1:33:40 |
| Nigel Daniels | 1:34:50 (1 st V60) |
| Sarah Costin | 1:38:37 p.b. |
| Mike Hankin | 1:38:42 |
| Pat McGovern | 1:39:23 |
| Colin Shipman | 1:43:40 |
| Garry Astle | 1:45:13 p.b. |
| Mike Monks | 1:45:43 |
| John Truscott | 1:46:02 |
| Denis O'Neil | 1:48:00 |
| Amanda English | 1:57:38 |

Leeds Abbey Dash 10k – 1st December 2002

- 84 Nigel Cobb 35.10

Nene Valley 10 mile – 1st December 2002

Helen not only won the ladies race by over 5 minutes from the 2nd lady finisher but then managed to monopolize A.W. with a half page article including interview!

- Helen Burrell 61.52. (1st lady)

North Midlands X-Country, Berry Hill – 30th November 2002

On a course described by many to be the best they had run on so far this year & with strong fields present in both the ladies & mens races, the vet men were again 2nd on the day to maintain their 2nd position overall.

Present "leading teams", overall standings

Ladies - Derby 68, Harboro 147, Kettering 202, Corby 235, Redhill 236, Notts 263

Vet Men - Mansfield, 322, Redhill 353, Derby 401, Notts 516

Senior men - "A" Team 8th 1169, "B" Team 16th 2212

Pos Mens

7 Andy Weatherill
28 Alan Maddocks
32 Lee Stubbs
64 Ian Hales
72 Nigel Swinscoe
79 Martyn McHale
80 Kevin Squires
93 Stan Pascoe
97 Noel McGuinness
104 James Butler
113 Clive Greyson
161 Andrew Stredder
171 Trev Onions
175 Ian Abbott
181 Bob Litchfield
197 Mike Hankin
202 David Tetley
204 John Cass
213 Bob Hayes
221 Nigel Daniels
223 Kevin Humphreys
230 Maurice Lever
234 Bob Hickling

Pos Ladies

6 Helen Burrell
38 Sarah Costin
57 Ruth Sturt
66 Pearl Dixon
81 Amanda English

Leicester marathon – 24th November 2002

Dave repeated his excellent 15th placing from last year & Caroline recorded a p.b.
(We told her those hill seasons would pay off!)

15 Dave Walsh 3:04:39

Leicester ½ marathon – 24th November 2002

553 Caroline Humber 2:12:58 p.b.

Clowne ½ marathon – 24th November 2002

Andy Weatherill raced & won (for the 4th year running!) on this hilly ½ marathon course.
(Also running back into form would appear to be Taff, watch out everyone!)

1	Andy Weatherill	73.14
46	Helen Burrell	86.56 (5 th lady)
134	Bob Hayes	95.10
232	Taff Ramsey	105.15
235	Mike Monks	106.40
246	John Truscott	107.43

Ladies Midland 5m – Wollaton Park – 23rd November 2002

The ladies ran well finishing 3 in the top 10 but were denied a certain team prize due to an unfortunate illness to their 4th team member.

3	Helen Burrell	29:29
9	Chloe Nelson	32:55
10	Sarah Costin	32:59

Midland 7m – Wollaton Park – 23rd November 2002

The men's team finished 4th overall.

22	Mark Yates	
26	Leigh Stubbs	39:28
37	Terry Smith	40:30
38	Paul Newton	40:31
40	Nigel Cobb	40:40
46	Martyn McHale	41:05
47	Nigel Swinscoe	41:19
52	Kevin Squires	42:21
62	Noel McGuinness	43:38
72	James Butler	45:20
76	Bruce Olpin	46:10
86	Andy Stredder	47:46
91	Bob Litchfield	50:21
92	Dave Tetley	50:22
93	Mike Hankin	50:29

Workshop ½ marathon – 17th November 2002,

The re-arranged County ½ marathon championships provided yet another success for Andy Weatherill who won the Vet race & was 2nd overall in the County Championship. Nigel won the V60 prize & personal bests were also run by Bruce, John C, Chloe, Richard & Andy.

<i>Place</i>	<i>Time</i>	<i>Name</i>
2	1:11:27	Wetherill, Andrew
41	1:22:34	Gillespe, Peter
126	1:30:45	Olpin, Bruce - p.b.
150	1:32:30	Cass, John - p.b.
185	1:34:26	Nelson, Chloe - p.b. (12 th lady)
189	1:34:39	Daniels, Nigel
217	1:35:53	Beale Richard - p.b.
250	1:37:44	McGovern, Pat

253 1:37:54 Stredder Andy - p.b.
339 1:42:21 Truscott, John
348 1:42:43 English, David
350 1:42:55 Shipman Colin
439 1:47:14 Moon, Brian

Helen Burrell wins England team Gold at British & Ireland Masters X/Country Championships, Ballymeena! – 16th November 2002

Congratulations to Helen Burrell who ran for England in the Masters X/Country International in Ballymeena (Ireland) finishing 11th overall & 5th in her age category. She was part of the English team that won the Gold Team medal.

Heanor “Christmas Pudding” 10k – 17th November 2002

On a cold morning, those that did not fancy the 13.1 miles of the re-arranged Worksop ½ marathon ventured to Heanor where the “undulating” 10k course & off road mud was offset by the incentive of a Christmas Pudding for all finishers. The course mind you did not stop Amanda recording a p.b. & Sarah also getting within 4 seconds of her personal best (as several of us discovered in the second half of the race!)

Positions

16.	Leigh Stubbs	35.52
17.	Terry Smith	35.53
21.	Martyn McHale	36.16
24.	Steven Humber	37.02
28.	Clive Greyson	37.51
53.	Roger Nixon	40.18
66.	Rob Litchfield	41.44
74.	Ian Abbott	42.20
83. (5 th lady)	Sarah Costin	42.57
84.	Mike Hankin	43.03
92.	Kevin Humphreys	43.44
97.	Robert Hayes	43.54
129.	Timothy Cunningham	45.56
143.	Sandra Schneider	46.47
185.	Michael Monks	49.01
186.	Garry Aistle	49.03
223.	Amanda English	50.36 p.b.
225.	Dennis Reeson	50.45
337.	Caroline Humber	61.00
348.	Sarah Monkton	61.35

Heaton Harriers 10k, Newcastle - 10th November 2002

101st Mike Hankin 44.24

National Cross Country Relays (Berry Hill) – 9th November 2002

Senior Ladies (62 Teams)

38th Redhill Road Runners 'A' 36:25

H Burrell (28) 11:11
F Garland (39) 12:49
C Nelson (38) 12:25

55th Redhill Road Runners 'B' 40:17

S Costin (61) 12:41
G Salter (59) 14:10
L Tomlinson (55) 13:26

Senior Mens (106 Teams)

56th Redhill Road Runners 'A' 1:11:19

M Yates (68) 17:38
S Humber (74) 18:50
T Smith (71) 18:25
A Wetherill (56) 16:26

87th Redhill Road Runners 'B' 1:16:15

L Stubbs (87) 18:32
N Cobb (84) 18:46
C Greyson (91) 20:00
S Pascoe (89) 18:57

93rd Redhill Road Runners 'C' 1:19:04

K Squires (97) 18:59
P Mellors (103) 20:13
A Stredder (102) 20:43
B Olpin (95) 19:09

Shephed (7m) – 3rd November 2002

Roger Nixon 46.08
David Giles 49.30
Pat McGovern 51.40

Dublin Marathon

Mark Redwood 3.19.00

Dove Dale Dash (4.75m) – 3rd November 2002

On an extremely muddy course & with a swollen river to run through 978 ran, including 22 from our club.

A full bus of 54 went for the day which stopped as usual in Ashbourne for some after race "refreshments."

32 Paul Newton
47 Ian Hales
95 Richard Hammond
97 Paul Mellors
100 Richard Mayes
130 Stan Pascoe

256	Dave English
299	Chloe Nelson
316	Dave Tetley
337	Bruce Olpin
348	Mike Hankin
352	Sarah Costin
	John Truscott
508	Chris Middleton
509	Paul Hodgkinson
536	Kevin Humphreys
554	Liz Davis
581	Amanda English
588	Louise Tomlinson
622	Steve Cope
700	Dawn Hart
785	Phil Hopewell

North Midlands X-Country, Sutton Lawns – 2nd November 2002

On a muddy course from the previous weeks heavy rain, the ladies raced well to finish 3rd on the day & move up to 4th in the series. The vet men were 2nd on the day & are now also 2nd overall.

Present standings

(Ladies - Derby 36, Harboro 54, Kettering 119, Redhill 132, Corby 135)
 (Vet Men - Mansfield, 234, Redhill 246, Derby 262, Notts 377, Matlock 681)
 (Senior men - "A" Team 11th 821)

Pos Mens		Pos Ladies	
3	Andy Weatherill	3	Helen Burrell
40	Paul Newton	25	Chloe Nelson
56	Lee Stubbs	32	Sarah Costin
62	Nigel Swinscoe	71	Gina Salter
74	Stan Pascoe	76	Amanda English
86	Noel McGuinness		
126	Kevin Squires		
138	Clive Greyson		
142	Bruce Olpin		
147	Trevor Onions		
149	Andrew Stredder		
153	Bob Litchfield		
186	Pat McGovern		
191	Bob Hayes		
197	David Tetley		
200	Mike Hankin		
213	Kevin Humphreys		
221	Maurice Lever		

Hope Moors & Tors Challenge, (20 miles) - 6th October 2002

On a clear, sunny & still day Dave Walsh enjoyed the fantastic views during the 3,700 feet ascents of Mam Tor, Kinder Scout and Lose Hill to finish 21st in this 20 mile race.

21st Dave Walsh 3:34:00.

Scott King 5 mile (Hucknall) – 19th October 2002

Another excellent Redhill turn out saw Andy win the men's Vet 40 prize whilst Louise & Rachel finished 1st & 2nd in the under 21 ladies category.

Pos

5 25:46 Andy Weatherill (1st vet 40)
14 28:15 Martyn McHale
15 28:18 Terry Smith
22 29:06 Graeme Brown
23 29:10 Barrie Moss
24 29:11 Pete Gillespie
31 30:14 Ian Hales
30:40 Richard Hammond
40 31:12 Roger Nixon
39 31:08 James Butler
52 32:12 Bruce Olpin p.b.
58 32:52 David Giles
59 33:00 John Cass
60 33:10 Mike Hankin
65 33:42 Rob Hayes
68 34:04 Kevin Humphreys
71 34:19 Paul Ward
105 36:26 Paul Hodgkinson
125 37:51 Peter Scoffings
126 37:52 Louise Tomlinson (1st under 21 lady)
114 38:45 Gary Astle
152 39:28 Dennis Reeson
168 40:55 Amanda English
169 40:59 Dawn Hales
197 43:48 Rachel Lockhart (2nd under 21 lady)
227 46:49 Philip Hopewell
231 47:09 Sarah Monkton
232 47:09 Caroline Humber
250 49:28 Ruth Hodgkinson
251 49:39 Leonie English (Amanda's daughter, 1st ever run!)

Lara 3 Counties Duathlon Series (Heath End) – 19th October 2002

Position		Total time	Run 1 3m	Bike 11m	Run 2 3m
9 th	Simon Nash	72.21	18.50	33.35	19.56
13 th	Mike Hankin	75.30	20.49	33.09	21.32

Shelton Striders 10k – 13th October 2002

Helen Cawthorne 37.40 (3rd lady)
David Giles 41.48
Mike Monks 47.31
Dennis Reeson 48.59

Bridlington 1/2 Marathon – 13th October 2002

Bob Litchfield	1:33:02
Bill Collier	1:35:20
Jas Klair	2:25:00
Steve Cartwright	2:25:00

North Midlands X-Country, Markeaton Park, Derby – 12th October 2002

Pos Mens		Pos Ladies	
5	Andy Weatherill	5	Helen Burrell
25	Alan Maddocks	30	Fliss Garland
38	Mark Yates	37	Chloe Nelson
52	Paul Newton	38	Sarah Costin
74	Kevin Squires	73	Gina Salter
77	Martin McHale	79	Amanda English
78	Nigel Swinscoe		
80	Stan Pascoe		
108	Noel McGuinness		
134	James Butler		
174	Trevor Onions		
186	Andrew Stredder		
187	Bruce Olpin		
195	Clive Greyson		
206	John Cass		
222	David Tetley		
243	Kevin Humphreys		
246	Maurice Lever		

Goose Fair Gallop 10k – 6th October 2002

On an ideal autumn morning Helen Cawthorne won the ladies race, Nigel the V60 prize & new personal bests were achieved by Bruce, Andy S & Philippa.

7	Julian Richardson	35.17
9	Terry Smith	36.08
17	Kevin Squires	37.23
25	Mark Slater	38.27 (2 nd claim)
29	Helen Cawthorne	38.42 (1 st Lady)
48	Bruce Olpin	41.38 p.b.
56	Andrew Stredder	42.17 p.b.
62	David Giles	43.00
70	Kevin Humphreys	43.38
72	Nigel Daniels	44.00 (1 st V60)
161	Andy Barks	51.34
142	Dennis Reeson	49.22
169	Philippa Fabb	52.27 p.b.
	John Truscott	

Great North Run ½ marathon – 6th October 2002

Andy Wetherill	70.55
Stan Pascoe	81.23
Richard Hammond	89.08
Chris Middleton	94.00
Pat McGovern	1.42.31
Graham S-Smith	1.43.16
Mike Hankin	1.53.00
Pearl Dixon	1.53.30 p.b.
Ruth Sturt	1.55.12
Amanda English	1.55.12 p.b.

Retford ½ Marathon – 29th September 2002

Helen Cawthorne won the ladies race & was 10th overall

8 th	Nigel Cobb	79.43
10 th	Helen Cawthorne	81.00 (1 st lady)

National Vet 5k Championship, Grimsby – 29th September 2002

Helen Burrell won the National Vets 5k Championship in which the first 4 ladies all beat 18 minutes ! The race was keenly fought with the course flat & predominantly smelling of fish as it ran round an industrial estate. The ladies race was best described by 2 men who had just ran.
1st male - "Here comes the lead car for the first woman"
2nd male - "Bl**dy h*ll, look at that time!"

1ST Helen Burrell 17;37

Alan Maddocks also ran finishing 15th in the mens race in a time of 16.24

[Bestwood Country Park 10k – 29th September 2002 - Link](#)

[Bestwood Country Park 10k – Male Team Results 2002 - Link](#)

[Bestwood Country Park 10k – Female Team Results 2002 - Link](#)

Bestwood Country Park 10K – 29th September 2002

On a near perfect morning 313 runners completed the 10k course. The mens race was won by Dean Cross of Sutton Harriers whilst & the ladies by Verity Butler of Formula One. Shepshed won the mens team prize by positioned 3 in the 1st 7 whilst the ladies team race was a close affair narrowly won by Nottingham University from Holme Peirrepoint. 100 ran in the fun runs to again make the event a true family affair.

The club would like to thank all the Sponsors namely, T.F.N., the Body Shop, Frudds, Roberts & Sale Solicitors, Aqua-Pura, Physio Direct Sherwood & High 5.

The following Redhill members ran the race.

4 th	Terry Smith	37.56
8 th	Graham Brown	38.36
9 th	Martyn McHale	38.45
11 th	Stan Pascoe	39.01

26 th	Pete Gillespie	40.38
28 th	Steve Shayler	40.58
31 st	Simon Nash	41.08
36 th	James Butler	41.52
37 th	Richard Hammond	41.55
41 st	Richard Mayes	42.14
61 st	Richard Beale	43.42
63 rd	Bruce Olpin	43.55
68 th	Ian Abbott	44.21
79 th	David Giles	44.52
80 th	Mark Anslow	44.52
87 th	Mike Hankin	45.17
90 th	Chloe Nelson	45.20
99 th	Robert Hayes	46.13
103 rd	Nigel Daniels	46.16
108 th	Paul Ward	46.45
109 th	Tim Cunningham	46.45
135 th	Graham S-Smith	47.52
139 th	Tony Symington	48.09
153 rd	Rob Hickling	48.49
177 th	Mark Taylor	50.39
202 nd	Dennis Reeson	52.24

Redhill Men Team Positions

2nd

4	0:37:56	SMITH, Terrance
8	0:38:36	BROWN, Graeme
9	0:38:45	MCHALE, Martyn
21	1:55:17	Totals

3rd

11	0:39:01	PASCOE, Stan
25	0:40:38	GILLESPIE, Peter
27	0:40:58	SHAYLER, Steve
63	2:00:37	Totals

4th

30	0:41:08	NASH, Simon
34	0:41:52	BUTLER, James
35	0:41:55	HAMMOND, Richard
99	2:04:55	Totals

8th

39	0:42:14	MAYES, Richard
56	0:43:42	BEALE, Richard
58	0:43:55	OLPIN, Bruce
153	2:09:51	Totals

11th

62	0:44:21	ABBOTT, Ian
70	0:44:52	GILES, David
71	0:44:52	ANSLOW, Mark
203	2:14:05	Totals

12th

77	0:45:17	HANKIN, Mike
86	0:46:13	HAYES, Robert

89 0:46:16 DANIELS, Nigel
252 2:17:46 Totals

17th

93 0:46:45 WARD, Paul
94 0:46:45 CUNNINGTON, Tim
115 0:47:52 SCANDRETT-SMITH, Graham
302 2:21:22 Totals

19th

119 0:48:09 SYMINGTON, Anthony
128 0:48:49 HICKLING, Robert
145 0:50:39 TAYLOR, Mark
392 2:27:37 Totals

Lara 3 Counties Duathlon Series (Southwell) - 28th September 2002

Position		Total time	Run 1 5k	Bike 12m	Run 2 5k
6 th	Simon Nash	72.17	18.42	32.21	21.14
8 th	Mike Hankin	77.59	22.08	34.01	21.50

Midland Mens 6 stage – Sutton Park – 28th September 2002

28th Redhill RR 2:03.32

A Wetherill (11) 18:42
T Smith (22) 20:46
P Newton (27) 20:55
S Humber (25) 21:17
K Squires (27) 21:28
J Richardson (28) 20:24

67th Redhill RR B 2:15.31

N Swinscoe (63) 21:16
L Stubbs (56) 20:58
A Stredder (64) 23:46
J Cass (70) 23:40
T Onions (73) 23:55
M McHale (67) 21:56

93rd Redhill RR C 2:35.19

B Olpin (109) 24:39
G S Smith (106) 25:58
C Middleton (101) 24:34
K Humphries (98) 25:37
C. Middleton (2) (97) 26:30
K. Humphries (2) (93) 28:01

Midland Ladies 4 stage – Sutton Park – 28th September 2002

45th	Redhill RR		1:19.05
	C Nelson	(37)	18:17
	P Dixon	(46)	20:20
	A English	(49)	21:31
	S. Costin	(45)	18:57

Southwell Last Minute Triathlon – 22nd September 2002

1	Mark Redwood	54.40
30	Steve Shayler	64.29
53	Mike Hankin	67.34
127	Ruth Sturt	77.42 (15 th lady)
132	Dawn Hart	78.46 (16 th lady)
151	Amanda English	82.32 (21 st lady)

Woodhall Spa 10k – 22nd September 2002

Sarah Costin 46.00

Yorkshireman off road marathon - 8th September 2002.

21st Dave Walsh 4:16:07.

Cleveland Viking Chase Four Peaks Fell Race (7.8 miles), 1200ft climb – 7th September 2002

22nd Mike Hankin 1:22.43

Robin Hood Marathon – 15th September 2002

A special well done to Arthur for completing the marathon.

144 Arthur Hancock 3.23.08

Robin Hood ½ Marathon – 15th September 2002

Helen Burrell came 3rd in the ladies race breaking her p.b. in the process whilst Andy Weatherill was 2nd Vet & was part of the Notts Team that finished 2nd overall in the Sweatshop National Grand Prix series. Personal bests were achieved by Bruce, Chloe, Rachel, Rob, Pearl, Amanda & Jaz that we know to. **Overall a total of 51 club members did the ½ marathon!**

11	Andy Weatherill	72.19 (2 nd V40)
15	Alan Smith	72.37
76	Terry Smith	78.42
97	Nigel Cobb	79.57
108	Helen Burrell	80.36 p.b. (1 st V35, 3 rd lady)
115	Mark Yates	81.09
170	Pete Gillespie	83.28
171	Helen Cawthorne	83.20 (3 rd V40, 9 th lady)
207	Paul Newton	85.00
210	Ian Hales	85.09
338	Tim Metcalfe	89.07
347	Richard Mayes	89.18

425	Simon Nash	91.25
483	Fliss Garland	92.58 (2 nd V50, 46 th lady)
490	Ian Abbott	93.07
528	Dave Tetley	93.27
565	Bob Litchfield	93.55
600	James Butler	94.54
624	Bruce Olpin	95.10 p.b.
677	John Cass	95.34
688	Chloe Nelson	96.11 p.b. (65 th lady)
732	Nigel Daniels	97.02
844	Richard Beale	97.26
860	Pat McGovern	98.31
1035	Rachel Martin	100.20 p.b. (2 nd claim)
1128	David Giles	100.42
1202	William Collier	101.50
1218	Colin Shipman	102.01
1266	Tony Symington	101.45
1292	Graham S-Smith	103.03
1562	Rob Hickling	104.48 p.b.
1587	Karen Harley	106.04
1614	John Truscott	106.55
1670	Maurice Lever	106.02
1693	Andy Stredder	107.50
1885	Dennis O'Neil	109.37
1932	Brian Moon	109.50
2299	Dennis Reeson	111.41
2844	Pearl Dixon	116.37 p.b.
2852	Taff Ramsey	115.12
2868	Mark Taylor	116.07
3032	Amanda English	117.10 p.b.
3065	Kevin Humphreys	117.29
3906	Graham Ledbetter	127.41
4530	Jas Klair	135. 37 p.b.
4531	Steve Cartwright	135.38
4928	Caroline Humber	146.30
4976	Sarah Monkton	148.22
5255	Stewart Frew	169.26
5256	Margaret Glover	169.26

Derby Triathlon – 15th September 2002

Position		Total time	Swim 400m	Swim position	Bike 18k	Bike position	Run 5k	Run position
2 nd	Mark Redwood	56:10	7:17	7 th	29:13	1 st	19:40	5 th
15 th	Iain Hamilton	62:31	7:44	14 th	33:57	45 th	20:50	16 th
119 th	Mike Hankin	71:09	12:05	304 th	35:17	89 th	23:47	126 th

Llanberis ½ Ironman Triathlon – 8th September 2002

With a long day ahead & with the enthusiasm of meeting the Ironman World Record holder (Luc Van Leide) the previous day not even the abysmal weather could ruin this special day at over 1000 brave soles took on the rain, cold & the mountains of Wales in the 2nd running of this event.

Spurred on by a dozen Redhill members who appeared at various points throughout the course both Tim & myself completed (when even the world record holder didn't!) & neither did former club member Andy Tarry who unfortunately suffered 2 punctures on what was a dreadful road surface in places. Tim's one memory was seeing Annie Emerson fly past him on the run to record a 73 minute ½ marathon split to win the ladies race having been several minutes adrift off the bike leg, my personal memory was spending an excessive time in T1 ensuring I was suitably dressed for the bike leg only to then have to wade out of the change tent to get to my bike.

Great race, running a ½ marathon up pen-y-pass (with 300m of climbing in the 1st ½) just has to be done to be believed after 56 miles on a bike & a glacial lake swim in the rain – great scenery though!).

Position			Swim 1900m	Transition 1	Bike 56 mile	Transition 2	Run 13.1 miles	Total Time
335 th	Tim	Metcalfe	32:12	8:10	2:57:42	3:59	1:36:10	5:18:15
762 nd	Kevin	Humphreys	39:42	9:53	3:12:31	6:56	1:56:36	6:05:40

Crossdale 10k – 8th September 2002

The men were 2nd in the team event on the day.

8 th	37:26	Terrance Smith
10 th	37:47	Graeme Brown
40 th	41:55	Ian Abbott
162 nd	50:14	Mark Taylor

Chesterfield ½ marathon – 1st September 2002

Helen Cawthorne won the ladies race in a time of 1:24:02 (& was also 23rd overall)

Rother Valley Sprint Triathlon – 1st September 2002

Position		Total time	Swim 750m	Swim position	Bike 20k	Bike position	Run 5k	Run position
22nd	Mike Hankin	1:20:07	16:18	22 nd	43:54	20th	19:55	17th

Elsecar Skelter, trail challenge, 25 miles - 17/8/02

Dave Walsh was again in action to record 3 hours 57 minutes & finish 5th in the second of his recent races.

The Rutland Venture trail challenge, 26 miles - 28/7/02

Dave Walsh clocked 4 hours 25 minutes to win by about 5 minutes in the hot conditions!

Cropwell 10 mile – 1st September 2002

Whilst a large contingent of "Redhill's" men broke all records at Newcastle (not running related!) & 4 of Redhill's ladies competed in the Burghley team event (see below), Redhill was also out in force at Cropwell where Helen Burrell won the ladies race, Andy Weatherill was 2nd in the mens & Andy Stredder recorded a p.b.

	Time	Name
2	0:53:59	WETHERILL, Andrew
9	0:59:09	COBB, Nigel
24	1:01:49	BURRELL, Helen
29	1:02:14	GILLESPIE, Peter
	1:04:50	HAMMOND, Richard
66	1:09:21	ABBOTT, Ian
68	1:09:39	TETLEY, David
70	1:10:04	LITCHFIELD, Robert
80	1:10:43	CASS, John
106	1:13:34	HAYES, Robert
113	1:14:15	DANIELS, Nigel
120	1:14:40 p.b.	STREDDER, Andrew
161	1:19:45	DREYER, Peter
168	1:20:05	LEVER, Maurice
195	1:23:50	REESON, Dennis
204	1:25:31	TAYLOR, Mark

The trials of Burghley - 1st September 2002

4 of Redhill's "finest" ladies (Amanda English, Chloe Nelson, Sarah Costin & Rachel Martin) tackled the fences, mud & hills at Burghley to finish first over the line. (Whether they were first overall no one will ever know as positions & times for the race were not taken by the organisers).

Brighton Novice Triathlon – 31st August 2002

Position		Total time	Swim 200m	Swim position	Bike 10k	Bike position	Run 2.5k	Run position
47 th (12 th lady)	Amy Atherton	46:55	12:20	70th	23:34	87th	11:01	14 th

National Vets 10K championships - Bishop Auckland 10K

5th Vet Andy Wetherill 32.48

Tim Wealthall Mile – 27th August 2002

Race 2 - 12th Gina Salter 7.20.8

Clumber Park Triathlon – 24th August 2002

Position		Total time	Swim 750m	Swim position	Bike 22k	Bike position	Run 5k	Run position
50	Tim Metcalfe	1:18:52	16:09	44th	41:46	87th	20:57	36 th

114	Mike Hankin	1:25:01	20:11	176th	41:29	80th	23:21	112 th
159	Kevin Humphreys	1:29:18	19:17	145th	43:47	145th	26:14	195th

Redhill's "Round the Lake" relay (1.1 miles) – 21st August 2002

Graham Brown	5.59	6 th	Bruce Olpin	6.25	7 th
Nicola Mabbott	6.37	4 th	Phil Wombwell	5.58	2 nd
Paul mellors	6.13	2 nd	Mike Hankin	6.48	3 rd
Andy Stredder	6.24	1 st	Nigel Daniels	7.34	3 rd
Ian Abbott	6.32	1 st	Chloe Nelson	7.21	5 th
Nigel Swinscoe	5.43	3 rd	Alan Smith	5.28	1 st
Ruth Sturt	7.25	5 th	Trevor Onions	6.39	1 st
Richard Hammond	6.28	5 th	John Cass	6.41	1 st
Dave Tetley	6.52	2 nd	Gina Salter	8.16	4 th
Martyn McHale	6.03	2 nd	Bob Hayes	7.12	6 th
Kevin Squires	5.57	4 th	Julian Richardson	5.33	2 nd
Mark Salter	6.30	3 rd	Dawn Hart	7.59	6 th
Dennis O'Neil	7.08	4 th	David Giles	6.50	6 th
Rob Hickling	7.26	5 th	Maurice Lever	7.37	7 th
Paul Newton	5.50	3 rd	Brian Moon	7.53	7 th
Ian Hales	5.58	5 th			
Sarah Costin	7.42	7 th			
Mark Anslow	6.43	7 th			
Tim Cunnington	7.04	6 th			
Richard Beale	6.25	4 th			

Newcastle "Fireman's" Triathlon – 18th August 2002

Position		Total time	Swim 400m	Swim position	Bike 20k	Bike position	Run 5k	Run position
67 th	Mike Hankin	1:05:40	00:9.01	131	00:35.56	58	00:20.43	62

Teversal Road Race – 14th August 2002

Redhill Senior ladies team win gold, Senior men silver & Men's Vets bronze in the Nottinghamshire Road Race Series!

The final race of the series also saw individual success for Helen Burrell who won on the night as well as winning both the series lady's Senior & Vet categories, Andy Wetherill who was 1st Vet overall & 2nd Senior & to Colin Astil who won the 1st Vet 50 category.

We would also like to thank all the other Redhill members who ran throughout the series which helped Redhill field the greatest number of runners at each race, (including a record breaking 80 at Epperstone!).

Positions	Mens	Positions	Ladies
4	Andy Wetherill	1	Helen Burrell
12	Mark Yates	5	Amy Atherton
15	Julian Richardson	9	Nicola Mabbott
19	Terry Smith	39	Ruth Sturt
21	Nigel Cobb	40	Sarah Costin
26	Nigel Swinscoe	42	Leona Sharp
30	Stan Pascoe	54	Pearl Dixon
35	Kevin Squires	78	Nichola Griffin
41	Paul Newton	81	Alpa Modha
46	Martyn McHale	85	Tracey Lowton
52	Simon Nash		
57	Colin Astil		
65	Ian Hales		
66	David Walsh		
67	Arthur Hancock		
68	Richard Hammond		
77	Ian Abbott		
78	Pete Gillespie		
80	Richard Mayes		
93	James Butler		
95	Mark Anslow		
99	John Cass		
108	Bruce Olpin		
124	Chris Jackson		
130	Bob Hayes		
131	Dave Tetley		
135	Mike Hankin		
165	Nigel Daniels		
188	Mike Monks		
191	Andy Barks		
194	Brian Moon		

Newark Half marathon - 11th August 2002

Helen's come 1st & 2nd at Newark !

"Redhill's" Helen Burrell & Helen Cawthorne finished 1st & 2nd respectively in the ladies race whilst Rob Litchfield ran a personal best even though he was just apparently going to "trot" round with Dave Tetley !

Andy Wetherill	73:04	(5 th overall)
Terrance Smith	78:00	
Julian Richardson	78:00	
Nigel Cobb	79:08	
Helen Burrell	81:06	(1st lady)
Helen Cawthorne	84:19	(2nd lady)
Ian Hales	86:38	
Dave Tetley	92:29	
Robert Litchfield	92:44	p.b.
Ian Abbott	95:06	
Nicola Mabbott	97:29	
Colin Shipman	101:33	
Rachel Martin	102:13	(2 nd claim)
John Truscott	103:03	
Michael Monks	111:12	
Andrew Stredder	115:00	
Mark Taylor	116:39	
Amanda English	118:42	
Kevin Humphreys	118:42	

National Triathlon Relay Championships, Holme Peirrepoint – 10th August 2002

Whilst Mark Redwood ran in the National Tri Club team time trial, 4 other Redhill members ran in their respective T.F.N. 4 man/lady teams over the 500m/15k/5k course.

Overall Team Positions		T.F.N. Teams	Total Time
36 th	Tim Metcalfe	Seniors	3:33:46
62 nd	Ray Gayne	Seniors	3:45:40
71 st (10 th Vets)	Kevin Humphreys	Vets	3:49:36
113 th (14 th Ladies)	Dawn Hart	Ladies	4:14:40

Hucknall 10k – 4th August 2002

Nigel Daniels was 1st V60 & retained the title that he won last year.

Terry Smith	35:29
Julian Richardson	36:00
Stuart Lebelinski	37:48
Roger Nixon	39:21
Richard Hammond	39:54
Bob Litchfield	41:39
Dave Tetley	41:51
Mike Hankin	43:30
Bruce Olpin	43:54

Mark Anslow	43:58
Chris Jackson	44:14
Nigel Daniels	44:16
Bob Hayes	46:31
Colin Shipman	46:53
John Truscott	49:10
Dennis Reeson	51:00
Amanda English	52:33
Kevin Humphreys	52:33

Tough Guy – 28th July 2002

23rd Phil Wombwell 1:58:00

Crewe & Nantwich Sprint Triathlon – 21st July 2002

Position		Total time	Swim 750m	Swim position	Bike 20k	Bike position	Run 5k	Run position
133 rd	Mike Hankin	1:18:07	00:18.52	245	00:37:12	81	00:22.:01	142

Milton Keynes Triathlon – 28th July 2002

Whilst the mens race was being won by Tim Don, (with Andy Tarry finishing 3rd), Helen Cawthorne made light work of the hot conditions to finish 3rd lady in what was a high quality field.

Position		Total time	Swim 1500m	Swim position	Bike 40k	Bike position	Run 10k	Run position
68 th (3 rd lady)	Helen Cawthorne	02:14:31	00:27:38	162	01:07:09	75	00:39:44	53
249 th	Kevin Humphreys	02:34:46	00:31:20	271	01:15:01	217	00:48:25	227

Notts A.C. 5 mile – 26th July 2002

On yet another warm evening Helen won the ladies race & the mens vet team (including Rich Mayes) won their category.

Place	Women	Men	Name	Time
30		30	Stewart Lebizlinski	29:10
39		39	Ian Hales	29:40
40	1		Helen C Burrell	29:41
42		41	Martin McHale	29:51
43		42	Kevin Squires	29:54
46		45	Graeme Brown	29:59
51		50	Nigel R Cobb	30:09
59		57	Ian Abbott	30:41
66		64	Richard Hammond	30:55
88		82	Richard Mayes	31:59
96		90	Raymond Gayne	32:38
98		92	Phil Wombwell	32:51
114		106	David Tetley	33:31
135		126	Bruce Olpin	34:34

163		151	Nigel Daniels	35:52
170	13		Rachel Martin (2 nd claim)	36:09
179		164	Mike Hankin	36:34
227		199	Dennis Oneill	39:10
272		229	Mark Taylor	42:14
279		235	Barry Davies	43:00
287	50		Amanda English	43:36

Summer League Worksop Road Race (5.7m) – 17th July 2002

The Ladies again won their race & the men were second on the night.

Positions	Mens	Positions	Ladies
2	Andy Wetherill	3	Helen Burrell
15	Terry Smith	5	Ann Ford
16	Julian Richardson	6	Helen Cawthorne
19	Nigel Cobb	11	Fliss Garland
21	Mark Yates	12	Nicola Mabbott
24	Stan Pascoe	47	Sarah Costin
33	Stewart Lebelinski	51	Pearl Dixon
34	Colin Astill	52	Leona Sharpe
40	Kevin Squires	60	Gina Salter
46	Paul Newton	64	Sarah Jefferies
49	Bernie Ford	74	Sue Revill
50	Nigel Swinscoe	76	Nicola Griffin
64	Ian Abbott	81	Alpa Modha
68	Roger Nixon	82	Tracey Lowton
73	Arthur Hancock		
78	Richard Mayes		
95	Trevor Onions		
106	Bob Litchfield		
117	Dave Tetley		
121	Mark Anslow		
126	Andy Stredder		
131	John Cass		
132	Bruce Olpin		
140	Kevin Humphreys		
141	Bob Hayes		
144	Mike Hankin		
154	Nigel Daniels		

163	Chris Jackson
165	Tim Cunnington
170	Taff Ramsey
174	Mike Monks
175	Graham Scandrett-Smith
177	Maurice Lever
180	Rob Hickling
198	Brian Moon
200	Barry Davies
211	Graham Leadbetter

Tara Kinder Memorial 10k - Fri 12 July 2002

26 th	Dave Walsh	0:39:15
145 th	Taff Ramsey	0:48:57

Notfast 10k – 14th July 2002

Helen Burrell came 2nd in the ladies race on what was a very hot morning for all competitors. Nichola Mabbott (back from Italy) came 6th whilst Sarah Jefferies ran her first race for the club in a time of 55.18. Terry Smith was 7th with “in form” Julian just behind in 8th

7 th	Terry Smith	35.08	
8 th	Julian Richardson	35.49	
13 th	Helen Burrell	37.37	(2 nd lady)
14 th	Ian Hales	37.41	
18 th	Martin McHale	38.27	
30 th	Roger Nixon	39.24	
35 th	Arthur Hancock	39.51	
41 st	Richard Mayes	41.02	
45 th	Ian Abbott	41.07	
58 th	Nichola Mabbott	43.11	(6 th lady)
81 st	Tony Cutis	44.38	
84 th	Mike Hankin	45.48	
86 th	Mark Anslow	45.00	
117 th	Joanne Shirley	47.09	
132 nd	Rob Hickling	47.55	
168 th	John Truscott	50.07	
186 th	Dennis Reeson	52.00	
211 th	Amanda English	54.20	
213 th	Barry Davies	54.27	
221 st	Sarah Jefferies	55.18 (p.b.)	

Ripon Triathlon – 13th July 2002

Run on a very warm summer's day (not helped by the 2 p.m. start) the best part of the event was without doubt the swim, with the run taxing the resolve of most competitors. Fortunately one spectator rigged up his garden hosepipe through which the entire field ran (or stopped at) to cool down. Most running times were slower than expected including mine, which saw any chance of a

p.b. on the course disappear. (Loosing extra time by not staying on the bike course also did not help. So much about checking the racecourse beforehand - see article in this months newsletter!). - kevin

Position	MH (40-45 years)	Name	Swim 1500m	Bike 41k	Run 10k	Total Time
141 st	29/41	Kevin Humphreys	28.04	75.12	46.16	2.29.32

Harwick Hall 6.2 miles

6th Clive Greyson 37.44
 Bob Litchfield
 Mike Monks
 John Truscott

Arron ½ marathon

21st Clive Greyson 86.22

Heritage series individual results - 2002

Men - Overall Position

5	Mark	Yates	M	01:41:50
6	Terrance	Smith	M	01:42:32
9	Nigel	Cobb	M	01:44:41
11	Stanley	Pascoe	M40	01:45:52
17	Phil	Wombwell	M	01:48:23
21	Martyn	McHale	M	01:49:27
23	Ian	Hales	M	01:50:30
27	Graeme	Brown	M40	01:51:40
30	Ian	Abbott	M	01:52:55
34	Richard	Mayes	M40	01:54:11
35	Roger	Nixon	M	01:54:56
42	James	Butler	M	01:56:53
53	Trevor	Onions	M40	02:00:24
92	Andrew	Stredder	M	02:07:54
106	Bruce	Olpin	M	02:10:24
143	R	Hickling	M50	02:19:50

Ladies - Ladies Only Position

2	Ann	Ford	F50	01:51:09
11	Chloe	Nelson	F	02:09:58
14	Sandra	Schneider	F	02:13:34

33	Ruth	Sturt	F	02:26:16
36	Amanda	English	F	02:29:47
59	Philippa	Fabb	F	02:53:54

Heritage results by Category - 2002

Senior Men

5	Mark	Yates	M	01:41:50
6	Terrance	Smith	M	01:42:32
8	Nigel	Cobb	M	01:44:41
14	Phil	Wombwell	M	01:48:23
18	Martyn	McHale	M	01:49:27
19	Ian	Hales	M	01:50:30
23	Ian	Abbott	M	01:52:55
25	Roger	Nixon	M	01:54:56
31	James	Butler	M	01:56:53
50	Andrew	Stredder	M	02:07:54
56	Bruce	Olpin	M	02:10:24

Men V40

2	Stanley	Pascoe	M40	01:45:52
4	Graeme	Brown	M40	01:51:40
6	Richard	Mayes	M40	01:54:11
11	Trevor	Onions	M40	02:00:24

Men V50

15	R	Hickling	M50	02:19:50
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Senior Ladies

9	Chloe	Nelson	F	02:09:58
11	Sandra	Schneider	F	02:13:34
26	Ruth	Sturt	F	02:26:16
28	Amanda	English	F	02:29:47
43	Philippa	Fabb	F	02:53:54

Heritage team results - 2002

Men teams

1	Redhill RR	Mark	Yates	5
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		Terrance	Smith	6
		Nigel	Cobb	9
4	Redhill RR	Stanley	Pascoe	11
		Phil	Wombwell	17
		Martyn	McHale	21
7	Redhill RR	Ian	Hales	23
		Graeme	Brown	27
		Ian	Abbott	30
10	Redhill RR	Richard	Mayes	34
		Roger	Nixon	35
		James	Butler	42
18	Redhill RR	Trevor	Onions	53
		Andrew	Stredder	92
		Bruce	Olpin	106

Ladies

3	Redhill RR	Ann	Ford	2
		Chloe	Nelson	11
		Sandra	Schneider	14
8	Redhill RR	Ruth	Sturt	33
		Amanda	English	36
		Philippa	Fabb	59

Mansfield ½ marathon – 7th July 2002

Andy Wetherill & Helen Burrell both win at Mansfield !

In a closely fought race over this testing course Andy Wetherill (Redhill) out sprinted Derry Suter (Mansfield) in the finishing straight to take the win. Both men had ran together for all of the race with Derry following Andy during the first half. When they both were again sighted at the end of the loop (10 & ½ mile mark) the roles had been reversed & that's how it stayed until the last 50 metres.

In the ladies race Helen Burrell (Redhill) had a comfortable winning margin whilst Helen Cawthorne was third.

1 st	Andy	Wetherill	71.18	1 st
21	Terry	Smith	79.13	
27	Mark	Redwood	81.12	
30	Julian	Richardson	82.02	
32	Nigel	Cobb	82.28	
35	Helen	Burrell	82.53	1st lady
38	Clive	Greyson	83.42	
49	Helen	Cawthorne	85.10	3 rd lady
63	David	Walsh	86.41	
72	Ian	Abbott	87.47	
219	Bob	Litchfield	99.57	
307	Mike	Hankin	106.17	

Heritage series results

After the final race of the series "Redhill's" mens team of Mark, Terry & Nigel won the Heritage series team event. In the ladies team race which had been too close to call throughout the series Formula One eventually triumphed equal on points with Long Eaton with our ladies team of Ann, Chloe & Sandra one point adrift in 3rd place. Ann also was 2nd lady overall & won her age category, Stan was 2nd M40 in the series.

Colwick 5m – 4th July 2002

Men - Overall Positions

9	Mark	Yates	M	00:27:50
10	Terrance	Smith	M	00:28:02
17	Stanley	Pascoe	M40	00:28:42
19	Nigel	Cobb	M	00:28:50
24	Phil	Wombwell	M	00:29:20
25	Ian	Hales	M	00:29:22
30	Martyn	McHale	M	00:29:43
32	Graeme	Brown	M40	00:29:45
44	Ian	Abbott	M	00:30:51
52	Richard	Mayes	M40	00:31:34
55	Roger	Nixon	M	00:31:37
67	James	Butler	M	00:31:59
78	Trevor	Onions	M40	00:32:36
132	Mike	Hankin	M	00:34:37
144	Bruce	Olpin	M	00:34:51
149	Andrew	Stredder	M	00:35:10

193	Kevin	Humphreys	M40	00:36:41
228	R	Hickling	M50	00:38:23
229	Dennis	O'Neill	M50	00:38:41
255	Mark	Taylor	M40	00:39:41
283	Dennis	Reeson	M50	00:41:02
295	Barry	Davies	M60	00:42:00

Ladies Only Positions

2	Ann	Ford	F50	00:29:58
16	Chloe	Nelson	F	00:35:18
26	Sandra	Schneider	F	00:36:40
39	Pearl	Dixon	F	00:39:00
46	Ruth	Sturt	F	00:40:03
56	Amanda	English	F	00:41:09
78	Philippa	Fabb	F	00:45:54
80	Tracey	Lowton	F	00:46:23

Forest 4m – 2nd July 2002

Men - Overall Positions

6	Mark	Yates	M	00:22:17
8	Terrance	Smith	M	00:22:30
11	Nigel	Cobb	M	00:22:49
15	Stanley	Pascoe	M40	00:23:13
16	Phil	Wombwell	M	00:23:16
17	Ian	Hales	M	00:23:17
23	Martyn	McHale	M	00:23:36
29	Graeme	Brown	M40	00:24:07
38	James	Butler	M	00:24:35
39	Richard	Mayes	M40	00:24:41
45	Roger	Nixon	M	00:25:07
70	Trevor	Onions	M40	00:26:05
101	Andrew	Stredder	M	00:27:20
129	Mike	Hankin	M	00:27:55
149	Bruce	Olpin	M	00:28:28
166	Kevin	Humphreys	M40	00:29:09
202	R	Hickling	M50	00:30:39
220	Mark	Taylor	M40	00:31:36

222	Dennis	O'Neill	M50	00:31:39
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Ladies Only Positions

3	Ann	Ford	F50	00:24:24
9	Chloe	Nelson	F	00:27:57
16	Sandra	Schneider	F	00:29:07
30	Pearl	Dixon	F	00:31:13
35	Ruth	Sturt	F	00:31:42
41	Amanda	English	F	00:32:24
76	Philippa	Fabb	F	00:37:32

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