

Redhill Race Results

Jan – June 2010

Major Oak Trail, 8.5k – 23rd June 2010

Karyn Stander 35.56 (3rd Lady)
Sarah Parker 37.59 (5th Lady)

Wollaton Park 5k – 29th June 2010

Neil Rossin 17.41
Simon Nash 18.15
Stan Pascoe 18.37
Alex Eustace 20.20
Jim Munro 20.38
Paul Stacey 21.32
Sarah Kybird 22.45
Carl Davey 23.03
Jo Stocks 24.43
Mark Webster 25.28
Andy Barks 25.35
Michelle Newton 26.03
Lyndsey Adkin 26.26
Julie Webster 30.02

National Sprint Triathlon Championships, Milton Keynes - 6th June 2010

Andy T wins National Sprint Tri Championships!

		Swim 750m	T1	Bike 20k	T2	Run 5k	Total Time
1	Andy Tarry	9.52	00.50	28.36	00.31	17.07	56.59

Bala, middle distance, Triathlon – 13th June 2010

		Swim 1.2m	T1	Bike 56m	T2	Run 13m	Total Time
378	Elsie Roberts	40.42	3.26	3.03.13	2.12	1.38.59	5.28.35

A day in the Dales, Triathlon – 27th June 2010

This race included a choppy swim in Ullswater, bike course inc Kirkstone Pass & Shap Fell & an off road fell ½ m.

		Swim 1.2m	T1	Bike 56m	T2	Run 13m	Total Time
246	Elsie Roberts	46.46	8.08	3.59.37	2.06	2.18.53	7.15.30

Mansfield ½ m – 27th June 2010

Andy Wetherill	1.18.04 (1 st Vet, 1 st M50)
Lee Stubbs	1.26.13
Simon Nash	1.26.32
Dave Walsh	1.30.12
Mark Davies	1.43.09
Chris Aikman	1.47.08
Graham Webster	1.47.27
Angie Mills-Cooper	1.52.25
Mark Tomlinson	1.56.29
Steve Gelderd	1.56.52
Pete Henley	2.07.15
Mike Drury	2.11.07
Mark Webster	2.24.35
Dave Onion	2.34.36
Arthur Hughes	2.40.48

Prestwold 10k – 27th June 2010

Bev Barnes 49.23

Great Bakewell Pudding Fell run, 10.2k – 27th June 2010

26 Jon Coupland 50.36

Riber Fell run – 23rd June 2010

9 Gary McMahon 35.07 (1st M50)

Wharfedale off road marathon, (25 m, 2,530 ft ascent) - 5th June 2010

10 Dave Walsh 3:44:27 (1st M45)

Cheltenham Circular Challenge, 26.2 m – 20th June 2010

7 Dave Walsh 4:08:11.

Rushcliffe Park, 4m – 24th June 2010

Neil Rossin	23.04
Simon Nash	23.17
Stan Pascoe	23.54
Jim Munro	26.31
Alex Eustace	26.58

Paul Stacey	27.56
Martin Newton	30.46
Jo Stocks	31.30
Jo Raven	33.04
Andy Barks	33.18
Mark Webster	33.26
Lyndsey Adkin	33.37
Michelle Newton	33.44
Mark Taylor	37.44
Julie Webster	39.57

10k County Champs, Holme P, 10k – 22th June 2010

**Lee runs to 10k county title!
Medals also for Simon, Stan & Jim!**

Lee Stubbs	32.57	(Senior Gold)
Simon Nash	36.43	(Senior Bronze, M40 Silver)
Stan Pascoe	37.02	(M50 Gold)
Neil Rossin	37.16	
Elsie Roberts	42.41	
Jim Munro	42.53	(M60 Gold)
Alex Eustace	44.28	
Sarah Kybird	46.29	
Carl Davey	47.00	
Paul Stacey	47.02	
Martin Newton	49.20	
Jo Stocks	50.07	
Mike Monks	50.57	
Michelle Flint	53.25	
Lyndsey Adkin	54.34	
Michelle Newton	54.51	
Jo Raven	55.07	
Mark Webster	55.29	
Julie Webster	62.27	

Lake relays, 1.1m – 23rd June 2010

Jo Parker	5.45	
Sarah Kybird	7.32	
Richard Turner	6.34	
Alex Eustace	6.44	
Colin Bones	6.53	33.28
Steve Stone	5.42	
Bev Barnes	7.52	
Mark Davies	6.05	
Nigel Clarke	6.58	
Chris Jones	7.16	33.53
Ian Winstanley	5.50	
Amanda English	8.15	
Tim Metcalfe	6.27	
Jim Muro	6.51	
Martyn Newton	7.15	34.38
Lee Stubbs	5.26	
Angie Dickinson	8.38	
Dave Walsh	6.57	
Bob Hayes	7.33	

Tony Brown	6.18	34.52
Simon Nash	6.00	
Helen Lowe	7.47	
Mark Tomlinson	6.37	
Jon Coupland	6.41	
Pat McGovern	7.55	35.00

Stathern 10k – 20th June 2010

Mark Davies	35.43 p.b.
Mike Monks	48.21

Notts R R, Erewash, race 3, 5.4m – 16th June 2010

Helen is 2nd & Lee 3rd at Erewash!

2	Helen Burrell	33:55
13	Catherine Charlton	37:22
17	Elsie Roberts	37:29
31	Karen Stander	40:19
35	Sarah Kybird (vet)	40:37
40	Sarah Parker (vet)	41:15
47	Tracey Jones (vet)	42:41
48	Helen Flint	42:44
52	Bev Barnes	42:57
62	Amanda English	43:31
70	Amanda Lowton	44:24
79	Jo Raven	45:55
83	Michelle Flint	46:42
91	Lyndsey Adkins	47:41
94	Kate Maltby	47:52
97	Ann-Marie Fretwell	48:11
119	Sarah James	48:22
110	Karen Stennent	48:41
117	Michelle Newton	49:10

Total ladies = 19

3	Leigh Stubbs	29:30
6	Andy Wetherill	29:58
14	Matt Stratford	32:09
15	Ian Winstanley	32:13
16	Neil Rossin	32:14
19	Simon Nash	32:25
23	Steve Stone	32:33
32	Joe Parker	32:52
37	Mark Davis	33:04
51	Stan Pascoe	33:14
56	Gary MacMahon	33:36
59	Dave Walsh	33:53
62	Tony Lowe	33:59
76	Tim Dove	35:48
84	Kevin Brown	36:14
96	Mark Tomlinson	36:56
108	Mark Anslow	37:17
111	Jim Munro	37:29
123	Jon Coupland	38:06
124	Mark Attenborough	38:11
127	Alex Eustace	38:35

132	James Butler	38:53
135	Graham Webster	38:59
136	Chris Middleton	39:05
139	Chris MacDonald	39:11
141	Chris Aikman	39:20
148	Liam Perez	39:41
161	Paul Stacey	40:18
164	Steve Geldred	40:46
165	Nigel Clark	40:48
168	Carl Davey	40:58
175	Chris Jones	41:19
187	Martin Newton	42:29
192	Tim Cunnington	43:11
197	Prad Verma	43:37
198	Nigel Daniels	43:46
199	Andy Phillips	43:55
203	Arthur Hancock	44:30
205	Pat McGovern	44:43
206	Mike Monks	44:49
209	Jon Morley	45:06

Total men = 41

Total = 60

Senior Men Overall

1 Redhill A	260
2 Notts A C	326
3 Mansfield	580
6 Redhill B	1241
15 Redhill C	2458
16 Redhill D	2938
17 Redhill E	3391

Veteran Mens Overall

1 Long Eaton	382
2 Mansfield	382
3 Southwell	551
4 Redhill A	555

Senior Women Overall

1 Notts	43
2 Sutton	101
3 Redhill A	104
9 Redhill B	378
14 Redhill C	687
17 Redhill D	834

Veteran Ladies Overall

1 Holme P	135
2 Mansfield	228
3 Notts A C	332
4 Long Eaton	380
5 Redhill	416

Man V Horse, Llanwrtyd, Wales, 22m – 14th June 2010

Toni Minniti 2.48.27 (1st Lady)

Long Eaton 5m – 13th June 2010

Andy Stevens	28.12	(3 rd Vet)
Mark Davies	29.10	
Mark Tomlinson	33.31	
Chris Aikman	34.12	
Steve Gelderd	35.17	
Bev Barnes	37.47	
Dennis Reeson	40.20	
Mark Webster	40.55	
Dawn Hales	41.18	
Julie Webster	47.27	

Sinfin 10k – 6th June 2010

Helen Burrell	39.15	(2 nd Lady, 1 st F45)
Graham Webster	43.39	
Paul Stacey	44.11	
Bev Barnes	49.00	
Mike Monks	52.22	

Calver Fell race – 9th June 2010

Gary McMahon	37.06	(1 st M50)
Danny Goodwin	49.50	

Scissett sprint Triathlon - 6th June 2010

Dawn Hales	1:07:08	(2 nd F40)
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Clawson 10k, Challenge – 23rd May 2010

Nigel Clark	59.38	
Dennis Reeson	1.02.21	(1 st M60)

Notts 10m, Notts County Champs – 4th June 2010

**Andy W wins County 10m Champs!
Championship medals also for, Leigh, Simon, Mark Y, Amanda E & Michelle!**

Andy Wetherill	56.40	(Gold, M50 Gold)
Lee Stubbs	57.49	(Silver)
Matt Stratford	59.51	
Ian Winstanley	60.59	
Steve Stone	61.55	
Joe Parker	62.26	
Simon Nash	62.39	(M40 Silver)
Mark Yates	62.41	(M40 Bronze)
Mark Davies	66.27	
Mark Tomlinson	70.12	
Andy Proffitt	70.30	
Kevin Brown	71.47	
Jon Coupland	72.09	
Chris Middleton	73.47	
Chris McDonald	73.49	
Liam Perez	73.51	
Karen Stander	74.11	

Terry Chambers	75.52	
Sarah Parker	77.29	
Pete Henley	79.18	
Mike Drury	79.25	
Emma Fitcher	79.37	
Nigel Clark	82.08	
Nigel Daniels	84.23	
Amanda Lowton	85.33	
Amanda English	86.47	(F45 Silver)
Michelle Flint	88.59	(F45 Bronze)
Jon Morley	89.56	
Jo Raven	92.17	
Karen Stennent	100.53	
Andrew Bradley	103.03	
Rebecca Drake	103.03	

Edinburgh marathon – 23rd May 2010

Lee Stubbs	3.10.40
Simon Nash	3.15.35

Edinburgh ½ m – 23rd May 2010

Carolyn Hay	1.29.21
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White Peaks marathon – 22nd May 2010

Dave is 3rd & 2nd Vet on a very warm day in Derbyshire!

Dave Walsh	3.13.40 (3 rd)
Steve Gelderd	4.19.42
Colin Bones	4.22.55

White Peaks ½ m – 22nd May 2010

Dave Onion	2.14.08
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Yorkshire 3 Peaks, 24m – 24th April 2010

Dave Walsh	4.27.28
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Eyam ½ m – 16th May 2010

Pete Gillespie	1.37.19
Tim Dove	1.41.22
Martyn Newton	2.02.18
Dave Onion	2.11.14
Pete Speakman	2.12.28

Hinkley ½ m – 9th May 2010

Steve Gelderd	1.38.26
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Windermere marathon – 16th May 2010

Sarah Richards	3.50.59
Jane Wheatley	4.26.08 p.b.
Richard Wheatley	6.10.37

Related result) - Anniversary Waltz, Lake District, 11.5 miles, 3600' ascent – 24th April 2010

111 Gary McMahon 2.19.44

BMAF Road Relays, 3m, Sutton Park – 15th May 2010

Toni Minniti 17.54
Sharon Smith 18.16
Ann Ford 20.55
Helen Burrell 17.54 1.14.59 (4th)

Mark Yates 16.21
Simon Nash 17.09
Alan Smith 15.17
Mark Tomlinson 19.48
Martyn McHale 17.48
Ben Bennett 16.08
Andy Wetherill 16.05
Stan Pascoe 17.22 2.15.58 (12th)

Notts R R, Holme P, race 2, 5m – 12th May 2010

Andy T & Lee are 1st & 3rd whilst Helen is 2nd at Holme P!

2	Helen Burrell	29:57
16	Catherine Charlton	33:20
17	Elsie Roberts	33:22
29	Helen Flint	34:46
43	Sarah Kybird (Vet)	36:19
50	Sarah Parker (Vet)	36:41
58	Bev Barnes (Vet)	37:42
70	Amanda English	38:36
71	Emma Fitcher	38:36
76	Amanda Lowton	38:58
102	Angie Marriott	41:15
103	Michelle Flint	41:22
105	Jane Wheatley	41:33
110	Karen Stennent	42:25
116	Ann-Marie Fretwell	43:13
117	Michelle Newton	43:15
119	Sarah James	43:48

Total ladies = 17

1	Andy Tarry (Vet)	25:48
3	Leigh Stubbs	26:01
9	Andy Wetherill	27:02
18	Matt Clapp	27:40
23	Matt Stratford	28:04
27	Simon Nash	28:24
37	Ian Winstanley	28:26
41	Neil Rossin	29:06
45	Joe Parker	29:12
46	Martyn McHale (Vet)	29:16
49	Mark Davis	29:43
64	Dave Walsh (Vet)	30:15
81	Kevin Brown	31:15
94	James Butler (Vet)	32:06
97	Mark Anslow	32:11

103	Matt Hemsley	32:26
107	Alex Eustace	32:32
117	Mark Tomlinson	32:55
137	Jim Munro	33:53
142	Chris Aikman	34:14
146	Steve Geldred	34:25
149	Geoff Jackson	34:25
153	Terry Chambers	50:59
156	Liam Perez	34:41
161	Chris Middleton	34:51
163	Kevin Dickinson	35:00
191	Stuart Bell	36:30
193	Pete Henley	36:34
196	Prad Verma	37:07
198	Tim Cunnington	37:14
202	Mike Drury	37:22
204	Chris Jones	37:29
206	Tony Brown	37:31
207	Martin Newton	37:40
213	Arthur Hancock	38:17
214	Nigel Clarke	38:21
225	Pat McGovern	39:14
227	Jon Morley	39:25
243	Dennis Reeson	40:43
254	Kevin Humphreys	43:27
261	Colin Peet	48:14

Total men = 41

Total = 58

Tewsbury ½ m – 9th May 2010

2nd for Ben at Tewsbury!

Ben Bennett 1.14.39 (2nd)

Uttoxeter ½ m – 2nd May 2010

Dave Onion 2.05.01

London marathon – 24th April 2010

Matt Clapp	2.42.56
Mark Davies	2.55.07
Matt Stratford	2.57.49
Catherine Charlton	3.19.33 p.b.
Carolyn Hay	3.20.54
Mark Tomlinson	3.22.22
Tom McCulloch	3.34.58
Carl Davey	3.49.36
Jo Stocks	3.49.48
Chris Jones	4.04.01
Paul Stacey	4.05.08
Kate Maltby	4.29.30
Jon Morley	4.32.08
Helen Lowe	4.32.23
Kate Riley	4.34.12
Pete Speakman	4.53.57

Sheffield ½ m – 24th April 2010

Andy Wetherill	1.15.56 (1 st M50)
Ian Winstanley	1.19.59
Simon Nash	1.21.47
Steve Gelderd	1.39.57
Sarah Kybird	1.41.21
Angie Mills-Cooper	1.42.21
Bev Barnes	1.48.36
Dave Onion	2.05.07

Paws 10k – 17th April 2010

Mark Yates	36.36 (1 st Vet)
Steve Gelderd	45.17
Bev Barnes	48.19
Dennis Reeson	51.14
Mike Monks	51.33

Broxtowe 5k – 16th April 2010

Chris Jones	22.17
Mike Drury	23.24
Dennis Reeson	25.55

Notts RR League, race 1, Epperstone, 5.9m – 14th April 2010

Andy T wins & Leigh and Helen B are both 2nd in the first road race of the season!

2	Helen Burrell
16	Sarah Richards
19	Catherine Charlton
22	Elsie Roberts
27	Karyn Stander
28	Helen Flint
35	Sarah Kybird v
49	Sarah Parker v
51	Caroline Richardson
59	Bev Barnes v
67	Tracey Jones
75	Amanda English
76	Emma Fitcher
77	Amanda Lowton
82	Jo Raven
89	Lyndsy Adkin
92	Michelle Flint
100	Ann-Marie Fretwell
101	Michelle Newton
105	Jane Wheatley
108	Sarah Jarvis

Total ladies = 21

1	Andy Tarry
2	Leigh Stubbs
6	Andy Wetherill
12	Matt Stratford
23	Ian Winstanley
26	Neil Rossin
28	Simon Nash v

34	Paul Newton v
36	Steve Stone
41	Martyn McHale v
43	Stan Pascoe v
67	Gary McMahon
73	Mark Davis
83	Andy Proffitt
94	Matt Hemsley
99	Jon Coupland
106	tony Lowe
115	Mark Smith
116	Alex Eustace
122	James Butler
132	Steve Geldred
133	Graham Webster
135	Terry Chambers
138	Chris Mac Donald
139	Chris Jones
141	Nigel Clarke
142	Jason Stansfield
144	Chris Dwyer
151	Chris Middleton
154	Paul Stacey
155	Andy Phillips
162	Steve Widdowson
163	Darren Lightfoot
171	Geoff Jackson
174	Pete Henley
175	Kevin Dickinson
176	Mark Tomlinson
183	Mike Drury
185	Carl Davey
189	Tim Cunnington
190	Arthur Hancock
194	Pete Scoffings
195	Joe Spicer
198	Paul Ward
207	Martin Newton
215	Prad Verma
217	Jon Morley
218	Nigel Daniels
223	Pat McGovern
221	Mike Monks
228	Dennis Reeson
239	Kevin Humphreys
253	Colin Peet
254	Richard Wheatley

Total men = 54

Total = 75

Rotterdam marathon – April 2010

Dave Walsh 2.52.42

Hose ½ m – 11th April 2010

Simon Nash 1.19.33

Steve Stone 1.20.33

Mark Davies	1.21.03
Joe Parker	1.22.00
Mark Tomlinson	1.32.00
Terry Chambers	1.34.34
Karen Stander	1.36.57 p.b.
Steve Gelderd	1.37.24
Nigel Clark	1.37.56
Andy Phillips	1.39.36
Paul Stacey	1.43.46
Carl Davey	1.46.49
Nigel Daniels	1.47.35
Amanda English	1.48.49
Emma Futchter	1.53.50
Amanda Lowton	1.53.50
Jane Wheatley	2.10.48
Richard Wheatley	2.18.31

Derby 10k – 11th April 2010

Jon Coupland	40.43
Jason Stansfield	44.34
Martyn Newton	48.06
Jo Raven	50.40
Lyndsey Adkin	52.15
Karen Stennett	53.57
Jean Adkin	56.26

Friskney ½ m – 11th April 2010

Tim Dove	1.36.53
Dave Onion	1.59.14

Wollaton Park, Easter 10k – 5th April 2010

Paul Newton	37.38	(2 nd Vet)
Joe Parker	40.28	
Jon Coupland	43.27	
Alex Eustace	45.40	
Colin Bones	45.47	
Nigel Clark	45.56	
Nigel Daniels	51.24	
Dennis Reeson	52.42	
Michelle Flint	55.05	
Brian Moon	65.21	

Wilmslow ½ m – 28st March 2010

Ben Bennett	1.12.09	(2 nd M40)
Helen Burrell	1.24.25	(1 st F45)

Ashby 20m – 21st March 2010

Mark Davies	2.12.26
Steve Gelderd	2.39.38
Chris Aikman	2.43.14
Carl Davey	2.43.43
Kate Riley	3.05.51
John Miles	2.18.40

Bradford 10k – 21st March 2010

Ben wins in Bradford!

Ben Bennett 33.15 (1st)

County Championships, Retford 1/2m – 21st March 2010

Leigh wins Retford ½ marathon!
Carolyn & Andy W are both 3rd!

County Medals for

Lee	County Champion (Gold)
Andy W	Silver & M50 Gold
Carolyn	Silver & F35 Gold
Simon	M40 Bronze
Dennis	M60 Gold

Lee Stubbs	1.11.45 (1 st Overall & County Champion)
Andy Wetherill	1.15.52 (3 rd Overall & County Silver & M50 Gold)
Simon Nash	1.21.11 (County M40 Bronze)
Dave Walsh	1.22.38
Carolyn Hay	1.30.33 (3 rd Overall, County Silver & F35 Gold)
Dennis Reeson	1.52.24 (County M60 Bronze)

Lincoln 10k – 21st March 2010

Ian Winstanley	36.20 p.b.
Tony Lowe	37.06
Terry Chambers	43.46
Charoline Richardson	46.13
Mike Drury	47.36
Amanda English	48.51
Michelle Flint	53.34
Richard Wheatley	1.10

3rd Redhill Road Runners Masters 'A' 2:13:11

Bronze for Redhills Masters at Sutton Park!

Andy Wetherill	(2) 29:49
Stan Pascoe	(3) 17:49
Nigel Cobb	(3) 17:35
Mark Yates	(3) 31:38
Gary McMahon	(3) 18:28
Paul Newton	(3) 17:52

Spenneth 20m, West Yorkshire, 14th March 2010

Dave Walsh 2.16.51

Mad March 10, Christchurch, Dorset – 14th March 2010

Jo Spicer 1.16.45 p.b.

The Beast, 10m obstacles -

Mike Drury	1.30.33
Carl Davey	1.30.33
Steve Gelderd	1.37.41

Kilomathon, 26k – 14th March 2010

Lee Stubbs	1.33.06
Steve Stone	1.45.59
Tom McCulloch	1.48.27
Sharon Smith	1.50.32 (3 rd F35)
Terry Smith	1.53.04
Mark Tomlinson	1.57.16
Carolyn Hay	1.57.17
Jon Coupland	1.58.12
Steve Gelderd	2.04.54
Sarah Kybird	2.05.01
Paul Stacey	2.06.28
Carl Davey	2.09.31
Chris Jones	2.09.43
Jason Stansfield	2.13.19
Bev Barnes	2.14.48
Andy Bryne	2.18.12
Martin Newton	2.20.04
Amanda Lowton	2.34.45
Michelle Newton	2.36.49
Richard Wheatley	3.16.08

Inter Counties x/country Championships, Birmingham – 13th March 2010

Congratulations to both Catherine and Andy for representing Nottinghamshire!

Ladies

209 Catherine Charlton

Men

216 Andy Wetherill

Grantham ½ m – 7th March 2010

Chris Aikman	1.36.07
Dennis Reeson	1.53.01

Ballbuster Duathlon – 7th March 2010

		Run	T1 8m	Bike 24m	T2	Run 8m	Total Time
95	Elsie Roberts	59.04	-	1.30.41	2.17	1.02.03	3.36.15

East Midlands x/country, Darley Park – 7th March 2010

16 Emma Futcher

17	Amanda English
18	Kate Raynor
22	Jane Wheatley
4	Tim Raynor
7	Simon Nash
8	Tony Lowe
9	Matt Stratford
11	Paul Newton
21	Kevin Squires
24	James Butler
28	Mark Anslow
36	Matt Hemsley
37	Dave Walsh
42	Terry Chambers
52	Chris Jones
56	Bob Hayes
61	Arthur Hancock
62	Pete Henley
71	Jon Morley
73	Richard Wheatley

Rushcliffe 10k – 7th March 2010

3rd Lady for Catherine in Ruddington!

Catherine Charlton	41.19
Paul Stacey	42.53
Alex Eustace	44.01 p.b.
Everton Aikman	44.54
Geoff Jackson	45.15
Nigel Daniels	49.12
Michelle Flint	53.11
Micheal Jones	55.51

Granham Canal run, 29.3m – 6th March 2010

Dave is 2nd in Cotgrave to Granham Canal run!

Dave Walsh	3.36.01
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Belvoir Challenge – 28th February 2010

26 miles

Dave Walsh	3.45.21
Kevin Dickinson	5.14.31

13 miles

Tom McCulloch	1.58.48
Mark Anslow	2.08.05
James Butler	4.32.08

National x/country championships, Leeds – 28th February 2010

664	Paul Newton
718	Tony Lowe
739	Martyn McHale
811	Tim Metcalfe

848 Mark Attenborough
1113 Terry Chambers
1119 Clive Greyson

Barcelona ½ m – 14th February 2010

Amanda Lowton 1.58.30

Charnwood Hills – 7th February 2010

Paul Stacey 2.20.01

Dewsbury 10k – 7th February 2010

13	Ben Bennett	33:08	(3 rd M40)
	Adam Wright	40.20	
	Dave Onion	52.45	

The Asics Alsager 5m – 7th February 2010

Andrew Norton 28:09

Midland x/country championships – 30th January 2010

130 Nigel Lever
166 Simon Nash
193 Martyn McHale
199 Ian Winstanley
227 Mark Attenborough
276 Mark Tomlinson

15th Place

Folksworth 15m – 24th January 2010

**3rd for Lee at Folksworth!
Carolyn is also 1st Lady Vet!**

Lee Stubbs	1.24.35	(3 rd)	
Simon Nash	1.39.10		(1 st F35 Lady)
Carolyn Hay	1.41.49		

Wilmot Wander, 32m trail – 24th January 2010

4 Dave Walsh 4.54.00

East Midland x/country, Holme P – 24th January 2010

Ladies

29 Amanda English
31 Jane Wheatley
36 Tracey Barton
41 Liz Green-Davies

Men

8 Nigel Lever
14 Tony Lowe
17 James Butler (vet)

21	Tim Metcalfe	(vet)
32	Kevin Squires	(vet)
35	Mark Davies	
37	Mark Anslow	(vet)
53	Chris Aikman	
72	Everton Aikman	
77	Bob Hayes	
81	Chris Jones	
84	Arthur Hancock	
85	Paul Stacey	
89	Steve Gelderd	
100	Nigel Daniels	

Notts x/country County Championships, Berry Hill – 23rd January 2010

Ladies

Helen B runs to Individual Bronze medal!
Redhill Ladies win Senior Ladies x/c title!
(Helen, Sarah R & Catherine)
Redhill Lady vets win team Bronze!
(Sarah P, Sarah K & Bev)
Helen B also wins F45 category Gold!

3	Helen Burrell	(Individual Bronze, F45 Gold)
5	Sarah Richards	
9	Catherine Charlton	
20	Sarah Parker	
21	Sarah Kybird	
25	Bev Barnes	
32	Angie Mills-Cooper	
33	Helen Lowe	
39	Amanda English	

Men

Andy Wetherill wins M50 Gold!
Mark Yates wins M40 Bronze!
Redhill Vets win team Silver!
(Andy, Mark, Simon and James)
Redhill seniors are 4th

12	Andy Wetherill	(M50 Gold)
23	Mark Yates	(M40 Bronze)
28	Nigel Lever	
31	Mark Davies	
34	Simon Nash	
37	James Butler	
40	Tony Lowe	
45	Martyn McHale	
53	Dave Walsh	
55	Kev Squires	
57	Mark Attenborough	
62	Matt Hemsley	
72	Mark Tomlinson	
74	Geoff Jackson	

North Midlands x/country, Wollaton Park – 16TH January 2010

Andy, Mark & Nigel retain North Mids x/c Vet team Championship!

**Andy W wins M50 Gold!
Jim wins M60 Gold!**

Men

20	Andy Wetherill
37	Mark Yates
58	Nigel Lever
61	Nigel Cobb
62	Simon Nash
73	Tony Lowe
78	Martyn McHale
80	Dave Wlash
81	James Butler
84	Tom McCullouch
96	Mark Attenborough
99	Ian Beckingham
119	Matt Hemsley
123	Jim Munro
133	Mark Tomlinson
140	Jon Coupland
147	Terry Chambers
177	Bob Hayes
181	Pete Henley
184	Geoff Jackson
190	Mike Drury
192	Steve Gelderd

Ladies

62	Amanda English
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New Years Day Hangover 5m – 1st January 2010

Icy conditions meant the course was reduced to 4.3 miles.

Bev Barnes	36:43
Dennis Reeson	39:23
Pete Speakman	41:54
John Truscott	43.17

Cleethorpes 10k – 1st January 2010

Lee starts off 2010 with a seaside win!

Lee Stubbs	32.02 p.b.
Carolyn Hay	40.15