

# Redhill Race Results

July – Dec 2009

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## Aylesbury 5k – 26<sup>th</sup> December 2009

Kevin Brown 20.05

## Chevin Chase, 7m, Fell – 26<sup>th</sup> December 2009

Tim Metcalfe 49.45

## X/mas relays, Wollaton Park – 27<sup>th</sup> December 2009

|            |  |       |              |
|------------|--|-------|--------------|
| <b>4.</b>  | <b><u>Redhill Road Runners (A)</u></b> |       | <b>61.46</b> |
| 1.         | Nicola Mabbott                         | 14.50 |              |
| 2.         | Bev Barnes                             | 18.13 |              |
| 3.         | Carolyn Hay                            | 16.01 |              |
| 4.         | Leigh Stubbs                           | 12.42 |              |
| <b>18.</b> | <b><u>Redhill Road Runners (2)</u></b> |       | <b>71.24</b> |
| 1.         | Peter Scoffings                        | 17.27 |              |
| 2.         | Paul Ward                              | 20.06 |              |
| 3.         | Amanda English                         | 17.34 |              |
| 4.         | Ian Abbott                             | 16.17 |              |

## Santa Run, Wollaton Park – 13<sup>th</sup> December 2009

Bev Barnes 1<sup>st</sup> lady

## Turkey Trot ½ m – 13<sup>th</sup> December 2009

|                    |             |
|--------------------|-------------|
| Lee Stubbs         | 74.18       |
| David Grant        | 79.32       |
| Mark Davies        | 83.23 p.b.  |
| Mark Yates         | 84.55       |
| Jon Coupland       | 93.33       |
| Sarah Richards     | 95.02       |
| Carl Davey         | 99.00       |
| Sarah Parker       | 99.15       |
| Jo Spicer          | 100.17 p.b. |
| Steve Gelderd      | 1.02.09     |
| Andy Phillips      | 102.49      |
| Pete Scoffings     | 103.20      |
| Emma Futcher       | 111.01      |
| Pete Henley        | 111.13      |
| Jo Raven           | 112.33      |
| Amanda English     | 113.43      |
| Jon Morley         | 114.57      |
| Catherine Charlton | 115.53      |
| Linda Taylor       | 116.20      |
| Lyndsey Adkin      | 121.14      |
| Dave Onion         | 126.12      |
| Andrew Bradley     | 138.32      |

## Bolsover 11k – 13<sup>th</sup> December 2009

|                |       |
|----------------|-------|
| Andy Stevens   | 39.42 |
| Terry Chambers | 48.42 |
| Tim Cunnington | 50.54 |
| Martin Newton  | 52.43 |
| Sally Dodsley  | 55.06 |
| Dennis Reeson  | 55.51 |
| Colin Peet     | 68.41 |

**Bedford ½ m – 13<sup>th</sup> December 2009**

Toni Minniti 1.26.50

**Luton marathon – 6<sup>th</sup> December 2009**

David Grant 3.11.28

**Edwinstowe 10k Trail Race – 6<sup>th</sup> December 2009**

Helen was nearly 4 minutes clear in her victory at Edwinstowe.

|               |                              |
|---------------|------------------------------|
| Helen Burrell | 40:20 (1 <sup>st</sup> Lady) |
| Michael Jones | 58:25                        |

**Barnsley 10k – 15<sup>th</sup> November 2009**

Adam Wright 39:46

**North Mids x/country, Berry Hill – 5<sup>th</sup> December 2009**

U15 Ladies

13 Alice Cobb

Ladies

|    |                    |
|----|--------------------|
| 38 | Catherine Charlton |
| 66 | Jane Wheatley      |
| 73 | Liz Green Davies   |

Men

|     |                      |
|-----|----------------------|
| 5   | Andy Tarry           |
| 39  | Andy Wetherill (Vet) |
| 69  | Nigel Lever          |
| 87  | Nigel Cobb (Vet)     |
| 96  | James Butler (Vet)   |
| 109 | Simon Nash           |
| 110 | Dave Walsh           |
| 116 | Mark Attenbrough     |
| 119 | Tim Metcalfe         |
| 141 | Jim Munro            |
| 143 | Andy Stredder        |
| 167 | Geoff Jackson        |
| 210 | Nigel Daniels        |
| 212 | Andy Bakes           |

**Clowne ½ Marathon – 29<sup>th</sup> November 2009**

**Andy has enjoyed success at Clowne over the years, and this year he was first V50.**

|                 |         |
|-----------------|---------|
| Andy Wetherill  | 1:17:36 |
| David Walsh     | 1:24:28 |
| Tim Dove        | 1:35:08 |
| Nigel Clark     | 1:40:10 |
| Carl Davey      | 1:42:03 |
| Dennis Reeson   | 1:52:56 |
| Martyn Newton   | 1:59:50 |
| Michelle Newton | 1:59:50 |

**Thirst 10m – 29<sup>th</sup> November 2009**

|             |       |
|-------------|-------|
| Andy Norton | 58.08 |
|-------------|-------|

**East Midlands x/country, Bramcote – 29<sup>th</sup> November 2009**

|                 |    |
|-----------------|----|
| Jane Pidgeon    | 5  |
| Bev Barnes      | 22 |
| Helen Lowe      | 27 |
| Michelle Yates  | 28 |
| Amanda English  | 29 |
| Liz Green-Davis | 43 |

**Men - Redhill's Vets win and Seniors are 2<sup>nd</sup> in the 2<sup>nd</sup> race of the series!**

|                |     |
|----------------|-----|
| Mark Yates     | 9   |
| Mark Davis     | 12  |
| Nigel Lever    | 13  |
| Simon Nash     | 20  |
| Tom McCulloch  | 24v |
| Fred Pidgeon   | 26v |
| James Butler   | 27v |
| Stan Pascoe    | 32v |
| Martyn Mchale  | 33  |
| Kevin Squires  | 38  |
| David Payne    | 39  |
| Matt Hemsley   | 46  |
| Andy Stredder  | 54  |
| Jon Coupland   | 58  |
| Chris Aikman   | 64  |
| Paul Stacey    | 72  |
| Chris Jones    | 80  |
| Bob Hayes      | 84  |
| Arthur Hancock | 90  |
| Steve Geldred  | 100 |
| Nigel Daniels  | 112 |

**East Midlands x/country – 22<sup>nd</sup> November 2009**

**Men's Senior Team 3<sup>rd</sup>**

**Men's Vet Team 1<sup>st</sup>**

|    |                |
|----|----------------|
| 5  | Jane Pidgeon   |
| 47 | Kathryn Walsh  |
| 8  | Tony Lowe      |
| 11 | Nigel Lever    |
| 14 | Ian Beckingham |
| 20 | Stan Pascoe    |
| 22 | Tom McCulloch  |

|     |                   |
|-----|-------------------|
| 28  | James Butler      |
| 29  | Martyn McHale     |
| 33  | Fred Pidgeon      |
| 46  | Kevin Squires     |
| 47  | Matt Hemsley      |
| 50  | Dave Walsh        |
| 51  | Mark Attenborough |
| 52  | Dave Pain         |
| 53  | Andy Stredder     |
| 56  | Mark Anslow       |
| 68  | Chris Aikman      |
| 95  | Bob Hayes         |
| 98  | Carl Davy         |
| 99  | Arthur Hancock    |
| 103 | Steve Gelderd     |
| 115 | Dennis Reeson     |
| 119 | Nigel Daniels     |

### **Town Moore marathon – 22<sup>nd</sup> November 2009**

#### **Catherine wins Town Moore marathon!**

Catherine Charlton      3:30:57      (1<sup>st</sup> Lady)

Durham City's Anna Seeley set the early pace in the women's contest but was overtaken before the halfway point by Midlands visitor Catherine Charlton, who went on to take first prize in 3:30:57 – and then revealed her inspiration. Charlton, who was born in Newcastle but has settled in Nottingham after completing her university degrees, was delighted to be back in the North East and taking part in the first Town Moor Marathon. "I had to come home and run here today," said the 30-year-old Redhill Road Runners club athlete, who only started running three years ago. "I ran my first marathon earlier this year in London and I was slightly quicker, but you can't compare the two courses at all as this was quite tough. "I'll be back in the North East over the Christmas period and I hope to fit in a race then. I know there is a race on the Town Moor but I think I've had enough of that for a while so may run the one in Morpeth on New Year's Day instead." Seeley, despite slowing in the later stages, hung on for second place with Kate Sloan, of Heaton Harriers, crossing the line in third place.

### **Heanor 10k – 15<sup>th</sup> November 2009**

|                 |                             |
|-----------------|-----------------------------|
| Ian Beckingham  | 40.36                       |
| Paul Stacey     | 42.37                       |
| Chris Aikman    | 43.06                       |
| Terry Chambers  | 44.14                       |
| Pete Scoffings  | 44.56                       |
| Sarah Kybird    | 44.57                       |
| Steve Gelderd   | 45.51                       |
| Jo Spicer       | 45.59 p.b.                  |
| John Cass       | 46.05                       |
| Geoff Jackson   | 46.14                       |
| Bob Hayes       | 46.39                       |
| Carl Davey      | 48.46                       |
| Nigel Daniels   | 48.48 (1 <sup>st</sup> M70) |
| Paul Ward       | 50.03                       |
| Sally Dodsley   | 51.02                       |
| Dennis Reeson   | 51.23                       |
| Chris Middleton | 51.25                       |
| Amanda English  | 51.42                       |
| Michelle Flint  | 52.56                       |
| Michael Jones   | 58.46                       |

### British Masters, British and Irish International X/C – 14<sup>th</sup> November 2009

Andy Wetherill ran for England in the M50 race on the *tough and demanding* Perry Bar course. Over a distance of 8k he finished in tenth place in a time of 31:55, as the fourth counter for the winning team.

### North Midland x/country, Corby – 14<sup>th</sup> November 2009

|     |                   |
|-----|-------------------|
| 59  | Amanda English    |
| 34  | Paul Newton (Vet) |
| 49  | Mark Yates (Vet)  |
| 61  | Tony Lowe         |
| 64  | Nigel Cobb (Vet)  |
| 66  | Mark Davies       |
| 67  | Nigel Lever       |
| 82  | James Butler      |
| 91  | Martyn McHale     |
| 123 | Matt Hemsley      |
| 124 | Jim Munro         |
| 136 | Jon Coupland      |
| 139 | Ian Abbott        |
| 159 | Colin Bones       |
| 166 | Paul Ward         |

### National x/country relays, 4 x 5k, Berry Hill – 31<sup>st</sup> October 2009

|                |                                     |
|----------------|-------------------------------------|
| Matt Stratford | 17.54                               |
| Andy Wetherill | 17.42                               |
| Alan Smith     | 16.44                               |
| Tony Lowe      | 18.56 (1.11.16) (67 <sup>th</sup> ) |

### Snowdonian marathon – 24<sup>th</sup> October 2009

|             |                            |
|-------------|----------------------------|
| David Grant | 2.58.03 (9 <sup>th</sup> ) |
|-------------|----------------------------|

### Great South run, 10m – 25<sup>th</sup> October 2009

|             |              |
|-------------|--------------|
| Chris Jones | 1.14.17 p.b. |
|-------------|--------------|

### Worksop ½ m – 25<sup>th</sup> October 2009

**Helen B is 2<sup>nd</sup> lady at Worksop!**  
**Redhills ladies & men both win team prizes**  
**(Helen, Carolyn, Catherine & Sarah)**  
**(Andy, Paul, Lee Steve, Simon & Tony)**  
**Carolyn is 1<sup>st</sup> F35**  
**Andy W is 1<sup>st</sup> M50**  
**Paul is 2<sup>nd</sup> M40.**

|                |   |
|----------------|---|
| Andy Wetherill | 1.17.08 (1 <sup>st</sup> M50)                       |
| Paul Newton    | 1.17.44 (2 <sup>nd</sup> M40)                       |
| Lee Stubbs     | 1.21.01   |
| Steve Stone    | 1.22.22   |
| Simon Nash     | 1.23.26   |
| Helen Burrell  | 1.23.28 (2 <sup>nd</sup> Lady, 1 <sup>st</sup> F45) |
| Tony Lowe      | 1.26.01   |
| Adam Wright    | 1.28.23   |
| Carolyn Hay    | 1.29.21 (1 <sup>st</sup> F35)                       |
| Pete Gillespie | 1.29.43   |

|                    |         |
|--------------------|---------|
| Matt Hemsley       | 1.29.55 |
| Chris Aikman       | 1.34.51 |
| Catherine Charlton | 1.35.44 |
| Steve Gelderd      | 1.38.43 |
| Carl Davey         | 1.39.59 |
| Sarah Parker       | 1.40.27 |
| Karen Stander      | 1.40.57 |
| John Cass          | 1.41.11 |
| Nigel Clarke       | 1.41.40 |
| Caroline Norton    | 1.42.45 |
| Mike Drury         | 1.44.45 |
| Colin Bones        | 1.45.22 |
| Steve Widdowson    | 1.47.08 |
| Bev Barnes         | 1.47.08 |
| Paul Theed         | 1.48.53 |
| Pete Henley        | 1.48.37 |
| Amanda English     | 1.49.38 |
| Tracey Jones       | 1.51.27 |
| Nigel Daniels      | 1.51.32 |
| Dave Onion         | 1.53.26 |
| Martin Newton      | 1.55.42 |
| Prad Verma         | 1.56.32 |
| Emma Futchter      | 1.56.21 |
| Amanda Lowton      | 1.56.21 |
| Dennis Reeson      | 1.57.05 |
| Jane Wheatley      | 1.58.46 |
| Kate Maltby        | 1.59.18 |
| Michelle Flint     | 1.59.20 |
| Jon Morley         | 1.57.54 |
| Pete Speakman      | 2.05.47 |
| Richard Wheatley   | 2.18.21 |

**Coventry ½ m – 25<sup>th</sup> October 2009**

|                |         |
|----------------|---------|
| Mark Tomlinson | 1.32.01 |
|----------------|---------|

**Great Cumbrian ½ m – 25<sup>th</sup> October 2009**

|              |         |
|--------------|---------|
| Jon Coupland | 1.34.16 |
|--------------|---------|

**Charnwood Aquathon – 25<sup>th</sup> October 2009**

|                | Swim<br>400m | Run<br>5k | Total |
|----------------|--------------|-----------|-------|
| Pete Scoffings | 7.11         | 24.33     | 31.44 |

**Amsterdam marathon – 18<sup>th</sup> October 2009**

|             |              |
|-------------|--------------|
| Dave Walsh  | 2.52.44      |
| Mark Davies | 2.56.57 p.b. |
| Paul Stacey | 3:47.05      |

### Amsterdam ½ marathon 18<sup>th</sup> October 2009

|            |         |
|------------|---------|
| Mike Drury | 1.37.01 |
| Carl Davey | 1:37.55 |

### Birmingham ½ marathon – 11<sup>th</sup> October 2009

|                |         |
|----------------|---------|
| Matt Clapp     | 1.15.05 |
| Andy Norton    | 1.21.22 |
| Ian Winstanley | 1.23.45 |
| Mark Tomlinson | 1.29.31 |
| Andy Byrne     | 1.45.52 |
| Dave Onion     | 1.50.15 |

### Peterborough ½ m – 11<sup>th</sup> October 2009

|                |              |
|----------------|--------------|
| David Grant    | 1.16.36 p.b. |
| Tim Dove       | 1.27.56 p.b. |
| Andrew Bradley | 2.20.01      |
| Wendy Lawson   | 2.20.01      |

### Leicester marathon – 11<sup>th</sup> October 2009

|                |         |
|----------------|---------|
| Graham Webster | 3.27.02 |
|----------------|---------|

### Leicester ½ m – 11<sup>th</sup> October 2009

|                    |         |
|--------------------|---------|
| Paul Stacey        | 1.33.35 |
| Mike Drury         | 1.38.50 |
| A Sargant          | 1.52.25 |
| Jane Wheatley      | 1.54.59 |
| Richard Wheatley   | 2.04.37 |
| Annette Pilkington | 2.41.22 |

### Bestwood 10k – 11<sup>th</sup> October 2009

**Catherine and Elsie are 1<sup>st</sup> & 2<sup>nd</sup> at Bestwood!**  
**Lee also comes 2<sup>nd</sup> in the men's race!**  
**Simon & Stan are 1<sup>st</sup> M40 & M50 Vets!**  
**Lee, Steve & Simon win men's team prize!**  
**Catherine, Elsie & Tracey win ladies race!**

|                    |                              |
|--------------------|------------------------------|
| Lee Stubbs         | 37.06 (2 <sup>nd</sup> )     |
| Steve Stone        | 39.14                        |
| Simon Nash         | 39.21 (1 <sup>st</sup> M40)  |
| Stan Pascoe        | 39.32 (1 <sup>st</sup> M50)  |
| Chris Aikman       | 44.44                        |
| Jason Stansfield   | 45.06                        |
| Catherine Charlton | 46.18 (1 <sup>st</sup> lady) |
| Chris Jones        | 46.22                        |
| Alex Eustace       | 46.29                        |
| Elsie Roberts      | 46.32 (2 <sup>nd</sup> lady) |
| Angie Cooper       | 49.07                        |
| Geoff Jackson      | 50.26                        |
| Martin Newton      | 51.45                        |
| Tracey Jones       | 53.07                        |
| Kate Riley         | 53.29                        |
| Dennis Reeson      | 54.07                        |
| Lyndsey Adkin      | 55.33                        |
| Caroline Thoreney  | 57.59                        |

### North Midlands x/country, Marceaton Park – 10<sup>th</sup> October 2009

|     |                    |       |
|-----|--------------------|-------|
| 30  | Catherine Charlton |       |
| 65  | Helen Lowe         |       |
| 67  | Amanda English     |       |
| 75  | Kate Maltby        |       |
| 9   | Alan Smith         | (vet) |
| 10  | Andy Tarry         |       |
| 18  | Andy Wetherill     | (vet) |
| 19  | Paul Newton        | (vet) |
| 44  | Mark Yates         |       |
| 62  | Mark Davies        |       |
| 63  | Nigel Cobb         |       |
| 65  | Ben Humphreys      |       |
| 70  | Simon Nash         |       |
| 72  | Nigel Lever        |       |
| 76  | Tony Lowe          |       |
| 96  | Dave Walsh         |       |
| 100 | James Butler       |       |
| 109 | Matt Hemsley       |       |
| 125 | Ian Abbott         |       |
| 135 | Jim Munro          |       |
| 138 | Paul Stacey        |       |
| 145 | Steve Gelderd      |       |
| 177 | Colin Bones        |       |
| 179 | Kevin Dickinson    |       |
| 180 | Steve Widdowson    |       |

### Kimberley Gallop, 10k – 4<sup>th</sup> October 2009

|                |       |
|----------------|-------|
| Adam Wright    | 41.66 |
| Paul Stacey    | 45.09 |
| Graham Webster | 45.43 |
| Karen Stander  | 45.36 |
| Steve Gelderd  | 46.34 |

### BMAF x/c relays, Berry Hill – 3<sup>rd</sup> October 2009

**Carolyn, Sharon & Toni run to F35 BMAF title!**  
**Redhill's men go one better than last year, finishing a creditable 4<sup>th</sup>!**

#### F35 Ladies – 4k

|              |       |                    |
|--------------|-------|--------------------|
| Carolyn Hay  | 17.14 |                    |
| Sharon Smith | 16.09 |                    |
| Toni Minniti | 16.23 | (1 <sup>st</sup> ) |

#### F45 Ladies – 4k

|                |       |   |
|----------------|-------|---|
| Helen Burrell  | 16.08 | (fastest F45 individual Leg of the day) |
| Michelle Flint | 21.32 |   |
| Bev Barnes     | 19.38 | (4 <sup>th</sup> )                      |

#### M40 Men – 4k

|                |       |
|----------------|-------|
| Mark Yates     | 14.47 |
| Andy Wetherill | 14.19 |
| Gary McMahon   | 16.27 |

Simon Nash            15.36  
 Alan SMmith         13.47  
 Paul Newton         14.30 (4<sup>th</sup>)

**(Belated) Derby Triathlon – 13<sup>th</sup> September 2009**

**1<sup>st</sup> for Andy at Derby!**

|     |                    | Swim<br>400m | Bike<br>18k | Run<br>5k | Total Time |
|-----|--------------------|--------------|-------------|-----------|------------|
| 1   | Andy Tarry         | 6.25         | 28.54       | 16.15     | 51.34      |
| 57  | Matt Hemsley       | 9.21         | 34.28       | 20.33     | 1.04.22    |
| 143 | Helen<br>Cawthorne | 8.55         | 38.52       | 22.49     | 1.10.36    |

**Clumber 10k - 27<sup>th</sup> September 2009**

Terry Chambers        42.55 (3<sup>rd</sup> M50)  
 Michelle Flint         51.24

**Crossdale 10k – 27<sup>th</sup> September 2009**

**Neil, Andy, Mark & Dave win team prize at Keyworth!**

Neil Rossin            36.51  
 Andy Norton          38.01  
 Mark Davies          39.31  
 Dave Walsh          41.41  
 Paul Stacey          46.53  
 Mike Drury            48.59  
 Bev Barnes            49.42 (2<sup>nd</sup> F45)  
 Dennis Reeson        52.53

**Great North run – 20<sup>th</sup> September 2009**

Catherine Charlton    1.36.29  
 Carl Davey            1.42.55  
 Arthur Hughes        2.28.45

**Ponton Plod (27.5m trail) – 20<sup>th</sup> September 2009**

Dave Walsh            3.57.00 (1<sup>st</sup>)

**Berlin marathon – 20<sup>th</sup> September 2009**

Ben Bennett            2.31.08 (4<sup>th</sup> M40)

**Midland 6 & 4 stage relays, Sutton Park – 19<sup>th</sup> September 2009**

**6 Stage men**

Matt Clapp             19.49  
 Andy Norton          21.17  
 Dave Giles             23.05

|                   |       |                     |
|-------------------|-------|---------------------|
| Andy Wetherill    | 20.07 |                     |
| Mark Attenborough | 23.49 |                     |
| Martyn McHale     | 22.29 | (43 <sup>rd</sup> ) |

#### 4 Stage ladies

|                 |       |                     |
|-----------------|-------|---------------------|
| Helen Burrell   | 16.16 |                     |
| Helen Cawthorne | 18.39 |                     |
| Nicola Mabbott  | 16.24 |                     |
| Sharon Smith    | 16.46 | (12 <sup>th</sup> ) |

#### Robin Hood marathon – 13<sup>th</sup> September 2009

**Carolyn Hay is 3<sup>rd</sup> Lady in the Robin Hood marathon!**  
**Andy Wetherill is 5<sup>th</sup> overall & 1<sup>st</sup> M50!**  
**Redhill ladies are 1<sup>st</sup> ladies team**  
**Redhill's men also win team event**

#### County Championship results

**Carolyn & Andy W win Notts County Champ marathon titles!**  
**Senior Gold – Andy Wetherill**  
**M40 Silver – Dave Walsh**  
**M50 Gold – Andy Wetherill**  
**Senior Gold – Carolyn Hay**  
**F35 Gold – Carolyn Hay**  
**F45 Silver – Amanda English**  
**F45 Bronze – Suzi Artis**

|                  |         |                        |
|------------------|---------|------------------------|
| Andy Wetherill   | 2.41.24 | (1 <sup>st</sup> M50)  |
| Dave Walsh       | 2.59.59 |                        |
| Mark Davies      | 3.09.47 |                        |
| Mark Tomlinson   | 3.09.48 |                        |
| Carolyn Hay      | 3.14.48 | (3 <sup>rd</sup> Lady) |
| Phil Williams    | 3.24.57 |                        |
| Colin Bones      | 3.37.58 |                        |
| Jo Stocks        | 3.55.43 |                        |
| Emma Fitcher     | 3.58.13 | p.b.                   |
| Chris McDonald   | 3.58.15 |                        |
| Amanda English   | 4.16.08 |                        |
| Rachel Parkinson | 4.26.13 |                        |
| Jon Morley       | 4.30.35 |                        |
| Stuart Bell      | 4.37.47 |                        |
| Suzi Artis       | 4.44.14 |                        |

Marathon Total = 15

#### Robin Hood ½ marathon – 13<sup>th</sup> September 2009

**Redhill's men are 2<sup>nd</sup> team**  
**Redhills ladies are 3<sup>rd</sup>**

|                |         |
|----------------|---------|
| Matt Clapp     | 1.14.39 |
| Paul Newton    | 1.18.10 |
| Neil Rossin    | 1.19.04 |
| Matt Stratford | 1.20.19 |
| Ian Winstanley | 1.23.53 |
| Tom McCulloch  | 1.25.54 |
| Simon Nash     | 1.26.27 |
| Tony Lowe      | 1.33.46 |

|                   |              |
|-------------------|--------------|
| Jason Stansfield  | 1.33.50      |
| Chris Dwyer       | 1.34.25      |
| Graham Webster    | 1.35.12      |
| Steve Gelderd     | 1.35.19      |
| Sarah Richards    | 1.37.12      |
| Bob Hayes         | 1.38.19      |
| Karen Stander     | 1.39.03      |
| Jon Coupland      | 1.39.14      |
| John Lovatt       | 1.41.48      |
| Chris Jones       | 1.42.52      |
| Steve Widdowson   | 1.42.54      |
| James Butler      | 1.43.06      |
| Tony Curtis       | 1.43.58      |
| Pete Scoffings    | 1.45.45      |
| Iain Reynolds     | 1.47.33      |
| Andy Bryne        | 1.47.36      |
| Andy Phillips     | 1.47.41      |
| Bev Barnes        | 1.47.57      |
| Jo Spicer         | 1.48.13      |
| Susi Fawcett      | 1.50.02 p.b. |
| Mike Drury        | 1.51.55      |
| Nigel Daniels     | 1.52.07      |
| Amanda Lowton     | 1.52.57      |
| Helen Lowe        | 1.53.45      |
| Dave Onion        | 1.55.46      |
| Kate Riley        | 1.58.01      |
| Michelle Flint    | 1.58.25      |
| Pat NcGovern      | 1.56.37      |
| Dennis Reeson     | 1.56.49      |
| Lyndsey Adkin     | 1.59.04      |
| Daniel O'Boyle    | 1.59.08      |
| Kate Maltby       | 1.59.48      |
| Jo Raven          | 1.59.54      |
| Caroline Thornley | 2.01.51      |
| Holly Edwards     | 2.02.47      |
| Jane Wheatley     | 2.05.51      |
| Richard Wheatley  | 2.06.31      |
| Jean Adkin        | 2.07.36      |
| Michelle Newton   | 2.09.23      |
| Max Hughes        | 2.20.55      |
| Mark Taylor       | 2.22.10      |
| Nicola Wallace    | 2.24.53      |
| Claire Gollin     | 2.26.02      |
| Rebecca Drake     | 2.27.10      |
| Andrew Bradley    | 2.30.03      |
| Beth Gardner      | 2.30.03      |

½ Marathon Total = 54

Total = 67

### **10,00ft 10k, Colorada – September 2009**

Sarah Proffitt (Parker) 1.08.12  
Amy Smith (also ran)

### **Trafford 10k – 13<sup>th</sup> September 2009**

**Ben is 1<sup>st</sup> Vet in Manchester!**

Ben Bennett 32.45 (1<sup>st</sup> Vet) p.b.

**Mansfield 5k – 4<sup>th</sup> September 2009**

Ian Abbott 20.37  
Steve Gelderd 20.47  
Colin Bones 20.57

**Battle of Sedgemoor 10k, Somerset – 30<sup>th</sup> August 2009**

Keith Palmer 45.50

**Shipley Park “Double of Quits” 5m/10m – 29<sup>th</sup> August 2009**

10m

Dave Walsh 64.33  
Catherine Charlton 71.36 (3<sup>rd</sup> Lady)

5m

Steve Gelderd 35.15

**Newstead Dash, 3m – 28<sup>th</sup> August 2009**

**Paul is 1<sup>st</sup> Vet at the Dash!**

Paul Newton 16.15  
Neil Rossin 16.35  
Simon Nash 16.50  
David Giles 18.06  
Mark Attenborough 18.39  
Paul Gale 18.44  
Alex Eustace 19.47  
Ian Abbott 19.53  
Tim Cunnington 21.01  
Chris Jones 21.05  
Geoff Jackson 23.46  
Michelle Flint 23.55  
Katheryn Walsh 28.21

**MARS Matlock Triathlon – August 2009**

Tony Lowe 65.37  
Pete Scoffings 72.55  
Prad Verma 73.39  
Cam Davies 74.49  
Helen Lowe 74.54  
Paul Gayle 75.07  
Liz Green-Davies 79.21  
Catherine Charlton 80.08

**Rugby Rover 30k – 18<sup>th</sup> August 2009**

Catherine Charlton 2.56.52  
Steve Gelderd 2.56.55  
Colin Bones 3.00.32  
Dennis Reeson 3.27.32

**Notts Road Race 5, Teversal, 5.75m – 12<sup>th</sup> August 2009**

**2<sup>nd</sup> & 3<sup>rd</sup> for Sharon and Helen as Redhill ladies run to Road Race title & Vet Silver!  
3<sup>rd</sup> for Andy as Redhill retain Senior men and Vets road race titles!**

Team medals

**Gold - Mens seniors  
Gold – Mens Vets  
Gold – Ladies Seniors  
Silver – Ladies Vets**

Individual medals

**Silver - Sharon Smith  
Bronze – Emily Rose  
Silver F35 – Sharon Smith  
Bronze - Andy Wetherill  
Gold M40 – Paul Newton  
Gold M50 – Andy Wetherill  
Gold – M60 Jim Munro  
Bronze U20 – Alex Eustace**

2 Sharon Smith  
3 Helen Burrell  
5 Emily Rose  
12 Catherine Charlton  
15 Ann Ford  
34 Sarah Parker  
70 Michelle Newton  
72 Lyndsy Adkin  
74 Michelle Flint  
76 Jo Raven  
85 Kate Maltby  
88 Jean Adkin

Ladies = 12

3 Andy Wetherill  
6 Paul Newton  
8 Matt Startford  
20 Clive Greyson  
23 Nigel Cobb  
27 Mark Davies  
28 Simon Nash  
30 Andy Norton  
32 Steve Stone  
33 Martyn McHale  
37 Dave Walsh  
43 Dave Giles  
55 Mark Anslow  
56 Mark Tomlinson  
63 James Butler  
76 Jim Munro  
86 Tim Metcalfe  
90 Paul Gayle  
98 Alex Eustace  
99 Carl Davey  
104 Colin Bones  
114 Chris McDonald  
116 Stef Pratesi

|     |                |
|-----|----------------|
| 122 | Bob Hayes      |
| 132 | Tim Cunnington |
| 134 | Andy Phillips  |
| 137 | Keith Palmer   |
| 156 | Arhtur Hancock |
| 162 | Geoff Jackson  |
| 165 | Nigel Daniels  |
| 166 | Jo Spicer      |
| 168 | Chris Jones    |
| 171 | Dennis Reeson  |

Men = 33

Total = 45

**Notts County Champs, Newark ½ m – 9<sup>th</sup> August 2009**

**Notts Championship Silver and Vet Gold for Ben at a very hot Newark 1/2m!**

|                    |                                 |
|--------------------|---------------------------------|
| Ben Bennett        | 1.12.51 (Silver & Vet M40 Gold) |
| Adam Wright        | 1.27.03                         |
| Mark Tomlinson     | 1.29.27                         |
| Pete Gillespie     | 1.33.23                         |
| Simon Nash         | 1.34.39                         |
| Paul Stacey        | 1.37.36                         |
| Carl Davey         | 1.41.15                         |
| Mark Attenborough  | 1.41.58                         |
| Andy Phillips      | 1.47.29                         |
| Paul Theed         | 1.53.33                         |
| Nigel Daniels      | 1.57.26                         |
| Pete Speakman      | 2.03.09                         |
| Dave Onion         | 2.08.21                         |
| Darren Lightfoot   | 2.17.43                         |
| Arthur Hughes      | 2.36.56                         |
| Annette Pilkington | 2.32.38                         |

**Jagermeister 10k – 7<sup>th</sup> August 2009**

**1<sup>st</sup> for Matt and age category wins for Paul, Gary & Jim on this 2 lap University course!**

|                |                             |
|----------------|-----------------------------|
| Matthew Clapp  | 33.39 (1 <sup>st</sup> )    |
| Paul Newton    | 35.53 (1 <sup>st</sup> M40) |
| Mark Davies    | 37.56                       |
| Ian Winstanley | 38.08                       |
| Gary McMahon   | 39.17 (1 <sup>st</sup> M50) |
| Mark Anslow    | 41.02                       |
| Jim Munro      | 41.22 (1 <sup>st</sup> M60) |
| Paul Stacey    | 42.19                       |
| Steve Gelderd  | 43.12                       |
| Jon Coupland   | 43.40                       |
| Colin Bones    | 44.44                       |
| Karyn Stander  | 45.32                       |
| Keith Palmer   | 45.53                       |
| Chris Dwyer    | 46.01                       |
| Ian Reynolds   | 49.11                       |
| Michelle Yates | 49.47                       |
| Amanda English | 50.34                       |
| Michelle Flint | 54.14                       |
| Kate Maltby    | 56.59                       |
| Claire Gollin  | 64.10                       |

Cathy Partridge 66.27

**Heanor 5 – 31<sup>st</sup> July 2009**

Steve Gelderd 34.32  
Colin Bones 36.29  
Mike Monks 42.35  
Dennis Reeson 43.22

**Notts 5 – 24<sup>th</sup> July 2009**

Paul Newton 26.58  
Andy Stevens 27.54  
Mark Davies 29.54 p.b.  
Paul Gale 32.08  
Jim Munro 32.46  
Catherine Charlton 33.14  
Steve Gelderd 33.19  
Colin Bones 33.58  
Keith Palmer 35.26  
Karyn Stander 36.01  
Bev Barnes 36.38  
Nigel Daniels 38.20  
Kevin Humphreys 38.46  
Amanda English 39.23  
Michelle Flint 41.55  
Kate Maltby 42.53

**Moors the Merrier, Mytholmroyd, marathon – 18<sup>th</sup> July 2009**

Dave Walsh 5.21.00.

**Sherwood Pines 10k – 19<sup>th</sup> July 2009**

Carl Davey 45.59  
Kevin Humphreys 51.20  
Dennis Reeson 52.18  
Alexandra Rastin 55.58  
Cathy Partridge 66.24  
Arthur Hughes 68.00

**Hardwick Hall 6m (ish) – 16<sup>th</sup> July 2009**

Clive Greyson 38.00  
Mark Davies 38.26  
Gary McMahon 40.34 (2<sup>nd</sup> M50)  
Mike Monks 53.43  
Dennis Reeson 53.12

**Tim Wealthall mile – 16<sup>th</sup> July 2009**

1m

Catherine Charlton 5.50.00

5k

Catherine Charlton 20.29.01

## Bestwood round the lakes relays, 1.1m – 15<sup>th</sup> July 2009

For the 1<sup>st</sup> time in years Stan didn't pick the teams!

### **1<sup>st</sup> Place**

|                |              |
|----------------|--------------|
| Martin McHale  | 6:04         |
| Joe Parker     | 6:00 (12:04) |
| Steve Gelderd  | 6:53 (18:57) |
| Terry Chambers | 6:42 (25:39) |
| Paul Gale      | 6:26 (32:05) |

### **2<sup>nd</sup> Place**

|                |              |
|----------------|--------------|
| Ian Winstanley | 5:59         |
| Mark Tomlinson | 6:43 (12:42) |
| Steve Stone    | 5:55 (18:37) |
| Bob Hayes      | 7:15 (25:52) |
| Tim Metcalfe   | 6:48 (32:40) |

### **3<sup>rd</sup> Place**

|                |              |
|----------------|--------------|
| Andy Stevens   | 5:36         |
| Stan Pascoe    | 6:02 (11:38) |
| Dave Walsh     | 6:40 (18:18) |
| Prad Verma     | 7:11 (25:29) |
| Brian Fletcher | 7:21 (32:48) |

### **4<sup>th</sup> Place**

|              |              |
|--------------|--------------|
| James Butler | 6:13         |
| Mark Anslow  | 6:25 (12:38) |
| Carl Davey   | 7:05 (19:43) |
| Keith Palmer | 7:11 (26:54) |
| Tim Dove     | 6:50 (33:44) |

### **5<sup>th</sup> Place**

|                   |              |
|-------------------|--------------|
| Simon Nash        | 5:57         |
| Mark Attenborough | 6:23 (12:20) |
| Karyn Stander     | 7:05 (19:25) |
| Michelle Newton   | 7:55 (27:20) |
| Pete Scoffings    | 7:19 (34:39) |

### **6<sup>th</sup> Place**

|                 |              |
|-----------------|--------------|
| Paul Newton     | 5:33         |
| Tony Lowe       | 6:29 (12:02) |
| Chris Macdonald | 6:49 (18:51) |
| Kate Maltby     | 8:28 (27:19) |
| Tim Cunningham  | 7:24 (34:43) |

## Ripon Triathlon – 12<sup>th</sup> July 2009

|              | Swim<br>1500m | T1   | Bike<br>41k | T2   | Run<br>10k | Total Time |
|--------------|---------------|------|-------------|------|------------|------------|
| Tim Metcalfe | 23.37         | 1.39 | 1.22.04     | 1.23 | 50.49      | 2.39.32    |
| Cam Davies   | 27.53         | 1.40 | 1.20.12     | 1.06 | 60.03      | 2.54.23    |

### **Bakewell Pudding Fell – 12<sup>th</sup> July 2009**

Keith Palmer                      58.45

### **Buxton Carnival 5m – 11<sup>th</sup> July 2009**

Steve Gelderd                      36.18

### **Notfast 10k (County Champs) – 12<sup>th</sup> July 2009**

#### **Ben runs to 10k County Champ title!**

|     |       |                    |  |
|-----|-------|--------------------|--|
| 1   | 33.52 | Ben Bennett        | (County Champion, Gold)                |
| 4   | 34.56 | Matthew Clapp      |  |
| 5   | 36.39 | Simon Nash         | (Senior Bronze & M40 Gold)             |
| 7   | 37.00 | Stanley Pascoe     | (M50 Gold)                             |
| 16  | 38.53 | David Walsh        | (M40 Silver)                           |
| 18  | 38.59 | Mark Davis         |  |
| 32  | 40.56 | Mark Tomlinson     |  |
| 54  | 43.15 | Catherine Charlton | (Senior Silver) (3 <sup>rd</sup> Lady) |
| 67  | 44.44 | Carl Davey         | (M40 Bronze)                           |
| 83  | 46.20 | Chris Middleton    | (M50 Silver)                           |
| 93  | 47.50 | Mike Drury         |  |
| 99  | 48.08 | Arthur Hancock     | (M50 Bronze)                           |
| 139 | 51.48 | Michael Monks      |  |
| 140 | 51.49 | Dennis Reeson      |  |
| 195 | 57.59 | Caroline Thornley  |  |

### **BMAF Track & Field Championships – 4<sup>th</sup> – 5<sup>th</sup> July 2009**

#### **Silver for Andy at the British Master T & F Champs!**

##### M50 5000m

Andy Wetherill                      16.27    (Silver)

##### W45 2000m Steeple Chase

Jane Pidgeon                      7.47    (Gold) (Notts AC)

### **Notts Road Race Series, race 4, Worksop, 5m – 8<sup>th</sup> July 2009**

#### **2<sup>nd</sup> for Emily at Clumber!**

|    |                    |       |
|----|--------------------|-------|
| 2  | Emily Rose         |       |
| 4  | Sharon Smith       | (Vet) |
| 8  | Catherine Charlton |       |
| 12 | Helen Cawthorne    | (Vet) |
| 14 | Ann Ford           | (Vet) |
| 29 | Sarah Parker       |       |
| 31 | Bev Barnes         |       |
| 72 | Lyndsey Adkin      |       |
| 73 | Kate Maltby        |       |
| 77 | Jo Raven           |       |
| 90 | Jean Adkin         |       |

ladies = 11

|     |                   |       |
|-----|-------------------|-------|
| 6   | Andy Wethewrill   |       |
| 9   | Paul Newton       |       |
| 11  | Lee Stubbs        |       |
| 12  | Matt Stratford    |       |
| 14  | Simon Nash        |       |
| 16  | Mark Yates        |       |
| 17  | Clive Greyson     | (Vet) |
| 25  | Nigel Cobb        | (Vet) |
| 26  | Stan Pascoe       | (Vet) |
| 35  | Martyn McHale     | (Vet) |
| 36  | Mark Davies       |       |
| 40  | Ian Winstanley    |       |
| 50  | Dave Walsh        |       |
| 51  | Dave Giles        |       |
| 63  | Tony Lowe         |       |
| 64  | Mark Anslow       |       |
| 69  | James Butler      |       |
| 74  | Mark Tomlinson    |       |
| 83  | Mark Attenborough |       |
| 86  | Tim Dove          |       |
| 89  | Jason Stansfield  |       |
| 90  | Jim Munro         |       |
| 95  | Paul Gayle        |       |
| 99  | Matt Hemsley      |       |
| 106 | Paul Stacey       |       |
| 117 | Alex Eustace      |       |
| 122 | Stef Prateso      |       |
| 133 | Andy Phillips     |       |
| 134 | Bob Hayes         |       |
| 137 | Pete Scoffings    |       |
| 139 | Chris Dwyer       |       |
| 149 | Darren Lightfoot  |       |
| 164 | Arthur Hancock    |       |
| 167 | Chris Jones       |       |
| 168 | Andy Barkes       |       |
| 173 | Geoff Jackson     |       |
| 174 | Mike Monks        |       |
| 186 | Dennis Reeson     |       |

men = 46

total = 57

**Heritage series, race 4, Colwick, 5m – 2<sup>nd</sup> July 2009**

**1<sup>st</sup> M40 for Simon, 1<sup>st</sup> M50 for Stan & 3<sup>rd</sup> M60 for Andrew in the Heritage series.  
 3<sup>rd</sup> team for Redhill's men (Neil, Simon & Stan)  
 3<sup>rd</sup> team for Redhill's ladies (Catherine, Sarah & Bev)**

|                  |       |                       |
|------------------|-------|-----------------------|
| Neil Rossin      | 28.24 |                       |
| Simon Nash       | 29.18 | (2 <sup>nd</sup> M40) |
| Stan Pascoe      | 29.42 | (1 <sup>st</sup> M50) |
| Mark Anslow      | 32.44 |                       |
| Paul Stacey      | 33.50 |                       |
| Jason Stansfield | 34.38 |                       |
| Carl Davey       | 35.52 |                       |
| Alex Eustace     | 36.09 |                       |
| Keith Palmer     | 36.43 |                       |
| Andy Phillips    | 36.50 |                       |

|               |       |
|---------------|-------|
| Bob Hayes     | 37.46 |
| Andy Bryne    | 39.19 |
| Nigel Daniels | 39.36 |
| Stuart Bell   | 42.13 |
| MarkTaylor    | 46.45 |

|                    |       |
|--------------------|-------|
| Catherine Charlton | 35.05 |
| Sarah Parker       | 36.42 |
| Bev Barnes         | 37.39 |
| Michelle Butler    | 42.41 |
| Lyndsey Adkin      | 42.48 |
| Jo Raven           | 44.07 |
| Michelle Flint     | 44.21 |
| Suzi Artis         | 46.01 |
| Jean Adkin         | 47.11 |

**(late result), 3 Lakes Classic. 15 miles trail - 21<sup>st</sup> June 2009**

Dave Walsh 1:46.14 (9<sup>th</sup>)

**Peakers Stroll 25m – 5<sup>th</sup> July 2009**

**2<sup>nd</sup> for Matt in Derbyshire!**

Matthew Clapp 3hrs 23mins (2<sup>nd</sup>)

**Austria Ironman – 5<sup>th</sup> July 2009**

|                | Swim<br>2.4m | T1   | Bike<br>112m | T2    | Run<br>26.2m | Total Time |
|----------------|--------------|------|--------------|-------|--------------|------------|
| Paul Ward      | 1.11.29      | 6.05 | 6.03.31      | 10.24 | 4.21.30      | 11.51.34   |
| Amanda English | 1.20.29      | 6.32 | 6.47.45      | 4.49  | 5.27.06      | 13.46.44   |