

Redhill Race Results

July – Dec 2008

Southwell 10k – 28th December 2008

Andy Wetherill	33.32	(1 st M50)
Lee Stubbs	34.15	
Simon Nash	36.27	
Helen Burrell	38.01	(1 st Lady Vet)
Mark Davies	38.05	
Dave Walsh	38.16	
Mark Tomlinson	39.21	
Jim Munro	39.36	(1 st M60)
Adam Wright	40.23	
Terry Chambers	40.47	
Andy Stredder	43.49	
Steve Gelderd	43.55	
Bob Hayes	45.10	
Mike Drury	45.48	
Bev Barnes	46.28	
Geoff Jackson	47.03	
Nigel Daniels	47.57	
Dennis Reeson	48.17	
Dave Onion	49.37	
Richard Wheatley	50.26	
Andy Bryne	50.45	
Michelle Flint	51.31	
Colin Peet	56.04	
Jane Wheatley	56.51	
Kathryn Walsh	63.39	

Notts AC Christmas relays – 27th December 2008

Mark Yates	13.09	(3 rd)
Matt Clapp	12.56	
Nicola Mabbott	14.15	
Paul Newton	13.65	(53.45)
Pete Scoffings	19.33	(19 th)
Nigel Lever	13.30	
Bev Barnes	?	
Andy Stredder	?	(66.41)
Amanda English	17.57	(37 th)
Dawn Hales	19.31	
Michelle Yates	?	
Pat McGovern	?	(74.59)

Round Rotherham, 50m – 13th December 2008

Dominic Fletcher	11.47.00
------------------	----------

Bolsover 10k – 14th December 2008

Andy Stevens	35.55
Pete Gillespie	38.42
Adam Wright	41.20
Steve Gelderd	45.29
Tim Cunnington	47.14
Bob Hayes	48.54
Cathy Partridge	67.10

Sneyd Striders Pudding Run, 10m – 14th December 2008

Catherine Charlton 1.11.24 p.b.

Bedford ½ marathon – 14th December 2008

Ben Bennett 1.12.33 p.b.
Toni Minniti 1.28.26

Keyworth, Turkey Trot, ½ marathon – 14th December 2008

1st for Carolyn at the “T Trot!”

Carolyn Hay	1.24.10 (1 st Lady)
Tom McCulloch	1.24.18
Ian Beckingham	1.26.28
Mark Tomlinson	1.27.20
Mark Davies	1.27.57
Elsie Roberts	1.33.02 p.b.
Pete Scoffings	1.42.18
Andy Phillips	1.43.21
Chris Jones	1.44.58 p.b.
Jon Spicer	1.46.01 p.b.
Dennis Reeson	1.50.11
Rachael Parkinson	1.53.42
Dave Onion	1.55.48
Lyndsey Adkin	1.57.49
Linda Taylor	1.58.11
Michelle Newton	2.00.25
Gill Salmon	2.04.28
Jean Adkin	2.06.27

Edwinstowe, x/mas, 10k – 7th December 2008

Helen is 1st lady at the Major Oak!

Helen Burrell	39.24 (1 st Lady)
Steve Gelderd	46.36
Dennis Reeson	50.42
Dave Onion	50.51
Colin Peet	60.27

Wollaton Park, Santa Run, 2.75k (gps) – 7th December 2008

Catherine is 1st lady Santa!

3 Catherine Charlton (1st lady)

East Midlands x/c, Long Eaton – 30th November 2008

3rd for Catherine & Mark at Long Eaton!

3 Catherine Charlton
7 Elsie Roberts
13 Bev Barnes (Vet)
15 Sarah Parker (Vet)
19 Karyn Stander
23 Amanda English (Vet)

3 Mark Yates
4 Nigel Lever
16 Martyn McHale
16 Mark Davies
26 James Butler
33 Pete Gillespie (Vet)
36 Dave Walsh (Vet)
39 Mark Tomlinson (Vet)
40 Andy Stredder
58 Steve Gelderd (Vet)
64 Keith Palmer
67 Dennis Reeson
71 Chris Jones
76 Arthur Hancock

North Midlands x/country, Berry Hill – 29th November 2008

Redhill lady Vets win race 3 at Mansfield!

12 Sharon Smith (Vet)
15 Carolyn Hay (Vet)
30 Ann Ford (Vet)
55 Bev Barnes
69 Amanda English

18 Andy Wetherill (Vet)
19 Lee Stubbs
30 Paul Newton (Vet)
44 Nigel Lever
81 Gary McMahon (Vet)
86 Clive Greyson
97 Simon Nash
105 Mark Attenborough
107 Ian Abbott
108 Dave Walsh
120 Terry Chambers
127 Mark Tomlinson
158 Colin Bones
165 Keith Palmer
171 Chris Middleton
180 Mike Drury
186 Dennis Reeson
196 Richard Wheatley

Leeds Abbey Dash 10k – 3rd November 2008

43 Ben Bennett 33:17 p.b.
52 Matt Clapp 33:41

Clowne ½ marathon – 23rd November 2008

2nd Lady & 1st F35 for Carolyn & 2nd Vet & 1st M50 for Andy W at Clowne!

Andy Wetherill	1.16.37
Clive Greyson	1.23.34
Carolyn Hay	1.26.02
Pete Gillespie	1.27.30
Mark Tomlinson	1.30.24
Elsie Roberts	1.36.52
Jane Matthews	1.46.49
Dennis Reeson	1.50.44
Jo McMillan	1.53.30
Michelle Newton	1.57.37

Midland 7, Leicester – 22nd November 2008

5th Team

12	Lee Stubbs
22	Paul Newton
27	Mark Yates
31	Nigel Lever
50	Nigel Cobb
56	Mark Attenborough

East Midlands x/c, Holme P – 23rd November 2008

Callum wins race 1 of the East Mids series!

5	Catherine Charlton	
9	Mary Bolland	
20	Bev Barnes	
23	Sarah Parker	(Vet)
28	Amanda English	(Vet)
38	Dawn Hales	(Vet)
49	Liz Green Davies	
1	Callum Cullen	
11	Nigel Lever	
24	Martyn McHale	(Vet)
26	Mark Davies	
33	James Butler	
35	Ian Abbott	
39	Matt Hemsley	
50	Paul Stacey	(Vet)
52	Dave Walsh	(Vet)
77	Steve Gelderd	(Vet)
81	Des Gibbons	
89	Bob Hayes	
97	Arthur Hancock	

Seagrave Challenge, 15.7m – 15th November 2008

Tom McCulloch	2.12.00
Ian Beckingham	2.11.00 (with Jess 2 nd Dog)

Heanor 10k – 16th November 2008

3rd Lady for Toni & “Christmas puds” for all at the Heanor! “Pud” run!

Clive Greyson	37.36
Toni Minniti	40.35 (3 rd Lady, 1 st F35)
Stan Pascoe	42.19

Ann Ford	42.35 (1 st F55)
Catherine Charlton	43.45
Steve Gelderd	44.41
Bob Hayes	47.08
Tim Cunnington	47.14
Dennis Reeson	48.36
Nigel Daniels	49.05
Mike Monks	50.46
Colin Peet	63.50

New York City Marathon – 2nd November 2008

Jo Stocks 3:44:38 pb

Civil Service x/c championships 10.5k, Richmond Park – 5TH November 2008

Matthew Clapp	4 th	1 st M35	34:59
Nigel Cobb	27 th	3 rd M40	39:10

The Roaches, Fell, 15m – 9th November 2008

Dominic Fletcher 3:06:52.

North Midlands x/country, Corby – 8th November 2008

Redhills Lady & Men's Vets win race 2 at Corby!

9	Sharon Smith	(Vet)
28	Ann Ford	(Vet)
29	Catherine Charlton	
45	Bev Barnes	(Vet)
64	Sally Dodsley	
7	Callum Cullen	(Owls)
17	Andy Weatherill	(Vet)
22	Lee Stubbs	
26	Paul Newton	(Vet)
62	Nigel Lever	
73	Clive Greyson	(Vet)
84	Martyn McHale	
107	Mark Attenborough	
118	Ian Abbott	
140	Everton Aikman	

Notts AAA's ½ marathon Championships, Worksop – 26th October 2008

Carolyn Hay is ½ marathon County Champion!

Helen Burrell wins Silver!

Carolyn & Helen also win F35 & F45 Golds!

Caroline Norton wins F35 Silver!

English x/country relay Championships, Berry Hill – 1st November 2008

Redhill ladies run to their best ever result at these Championships!

Ladies

29th 0:34:44.00 Redhill Road Runners

T Minnitti 0:11:33.05

S Smith	0:11:33.55
C Hay	0:11:37.40

Men

74th 1:11:01.45 Redhill Road Runners 'A'

N Lever	0:18:32.30
M Yates	0:18:01.80
B Bennett	0:17:38.55
A Smith	0:16:48.80

121st 1:18:02.75 Redhill Road Runners 'B'

M McHale	0:19:38.60
N Cobb	0:19:17.05
C Greyson	0:19:40.75
S Nash	0:19:26.35

M Attenborough	0.20.06	Redhill Road Runners 'B'
T Lowe	0.21.54	

Beachy Head marathon - 25th October 2008

432 Tim Wells 4.52.00

Transpyreeneen marathon - 26th October 2008

8 Dave Walsh 3.29.13

BUPA Great South Run, 10m - Sunday 26th Oct 2008

Chris Jones 01:16:05 p.b.

Worksop ½ marathon – 26th October 2008

**Carolyn & Helen are 2nd and 3rd at Worksop!
Redhills Men win team prize (Paul, Clive, Kevin B, Matt, Mark T & Pete G)!
Redhills Ladies also win team event (Carolyn, Helen, Catherine & Caroline)!**

Awaiting County Champ results

Paul Newton	1.19.51
Clive Greyson	1.21.43
Carolyn Hay	1.23.24 (2 nd Lady, 1 st Vet)
Helen Burrell	1.24.35 (3 rd Lady, 2 nd Vet)
Kevin Brown	1.26.47
Matt Hemsley	1.27.27
Mark Tomlinson	1.29.09
Pete Gillespie	1.29.56
Catherine Charlton	1.34.30
Tim Dove	1.34.32
Chris Aikman	1.35.46
Steve Gelder	1.37.03
Everton Alkman	1.40.29
Mike Drury	1.40.34
Bob Hayes	1.42.28
Andy Phillips	1.43.34
Ian Reynolds	1.43.49
Carolyn Norton	1.44.34

Bev Barnes	1.45.59
Richard Wheatley	1.46.00
Paul Ward	1.46.37
Paul Theed	1.47.05
Nigel Daniels	1.48.42
Dave Onion	1.49.30
Dennis Reeson	1.50.38
Amanda English	1.52.17
Brian Moon	1.53.12
Michelle Flint	1.55.03
Emma Futchter	1.55.50
Amanda Lowton	1.55.51
Michelle Newton	2.00.14
Jane Wheatley	2.01.20
Kate Maltby	2.02.21
Caroline Thornley	2.04.49
Pete Speakman	2.04.40
Barry Davies	2.19.29

Amsterdam ½ marathon – 19th October 2008

Ben Bennett 1.13.47

Evil Sheriff Off Road Duathlon – 19th October 2008

Lindsay Hackin 1.29.44 (3rd Lady)
Mark Widdowson 1.37.37

Leicester marathon – 19th October 2008

1st Vet for Andy W at Leicester marathon!

Andy Wetherill 2.36.28 (5th, 1st Vet)
Richard Wheatley 4.03.45

Leicester marathon – 19th October 2008

3rd Lady for Toni & 1st M50 for Stan in the ½ marathon! Redhill also win team prize (Andy S, Stan, Simon & Toni)!

Andy Stevens	1.18.55
Stan Pascoe	1.21.36 (1 st M50)
Simon Nash	1.24.35
Toni Minniti	1.26.40 (3 rd Lady)
Mark Tomlinson	1.27.24
Paul Stacey	1.31.26
Mary Bolland	1.32.07 p.b.
Tim Dove	1.32.13
Carl Davey	1.45.57
Dave Onion	1.48.22
Alexandra Rastin	2.09.08
Claire Wilson	2.18.38

Merrill Striders 10k – 12th October 2008

Ben Bennett	34.02
Mark Davies	38.31 p.b.
Paul Stacey	42.02
Steve Gelderd	43.37
Dennis Reeson	47.50

North Midlands x/c, Marceaton Park, Derby – 11th October 2008

**Ladies Senior's 4th
Lady Vet's 2nd**

Ladies (6.5k)

Sharon Smith	7	
Mary Bolland	22	
Catherine Charlton	25	
Ann Ford	26	(Vet)
Bev Barnes	40	(Vet)
Sally Dodsley (Plastow)	72	(Vet)
Kathryn Walsh	104	

**Men's Vets 1st
Men Senior's 8th**

Men (9.7k)

Alan Smith	11	(Vet)
Matthew Clapp	18	
Andy Wetherill	26	(Vet)
Nigel Lever	49	
Mark Yates	53	(Vet)
Nigel Cobb	63	
Simon Nash	83	
Gary McMahon	92	
Martyn McHale	102	(Vet B)
Clive Greyson	104	(Vet B)
Kevin Squires	124	(Vet B)
Mark Tomlinson	127	
Noel McGuinness	132	
Mark Attenborough	139	
Ian Abbott	142	
Paul Stacey	153	
Tony Lowe	156	
Jim Muro	158	
Everton Aikman	184	
Carl Davey	188	
Chris Alkman	189	
Chris Jones	196	
Keith Palmer	210	
Mike Drury	213	
Geoff Jackson	214	
Andy Barks	228	
Arthur Hancock	231	
Chris Middleton	234	

Nottinghamshire County Marathonship results (from Robin Hood)

Matthew is confirmed as County Champ!

Matthew Clapp	Senior County Champion
Dave Walsh	M40 Bronze
Suzi Artis	F45 Bronze

Stange Struggle – 21st September 2008

Sarah Costin	60.00
--------------	-------

Amanda English 66.00

Goose Fair Gallop – 5th October 2008

James Butler	40.58
Steve Gelderd	46.09
Andy Barks	51.03
Nigel Daniels	51.20
Dennis Reeson	53.02

BMAF X/country Relays, (3 or 6 x 4k) , Berry Hill – 4th October 2008

Helen, Bev & Ann win British Masters x/c relay title!

Carolyn, Sharon & Toni take Silver in a thrilling F35 race!

Alan & Andy run sublime legs to help Redhill's men finish 5th in their men's race!

Individual F45 Gold for Helen & F45 Silver for Ann!

Berry Hill has seen some great x/c races over the years, one in particular is always remembered, the 2002 BMAF x/c champs where in an epic Ladies race Helen B summoned up all her strength to pass a tiring Wendy Roethenbaugh (Derby AC) within the last 50m to win individual silver. What would this years relays bring.....?

A quick study of the ladies start list saw strong opposition in the ladies F35 race from Dulwich Runners (who we had beat by a mere 1 second back in March to win the 2008 BMAF x/c team title but who had since gained revenge in the road relays by 1 ½ minutes in May where they took Silver to our Bronze.) All the ladies age group teams started together, the race was not to disappoint.

As soon as the 1st leg got under way Dulwich's (International) Claire Elms stormed away from all, including fellow international Kate Ramsey (Barrow) to open a full minute lead after her leg. Carolyn returned 4th but with Kate Ramsey running just individually for GB selection gave our F35 Ladies 2nd spot with Ilkley a further minute adrift in 3rd. Helen also running 1st ran a stormer to be 3rd back & handing over to Bev (making her BMAF debut), there were no other F45 teams in sight. Back to the F35 race then, Sharon set off on leg two chasing Dulwich, by the time they had both climbed the short hill after the lake the lead had reduced by 7 seconds. Redhill supporters shouted her on, at the end of her 1st lap the lead had reduced by 20, as the pair entered the final straight for the 2nd time Dulwich were in sight and the gap at hand over to Toni was down to 20 seconds. We looked at both athletes trying to access their relative speeds, it was going to be close. At the hill again the gap was down to 15 seconds & at the end of lap 1 it was still visibly closer. However Ilkey were closing on both of these athletes, their last leg lady was "flying" & at the base of the hill on lap 2 she had caught Toni who by now was only 15 yards off Dulwich, less than a mile to go and as all 3 raced off into the far side of the course virtually together. We waited with eyes set on the far end of the finishing straight for the leaders to reappear. When they did it was Ilkley who came into sight 1st 15 metres in front of Dulwich with Toni 5 yards adrift. The victory would go to Ilkley but would it to be second of third of our Ladies? It was now or never for Toni & with Helen & Stan amongst others screaming their heads off she gave it one last effort, the gap visibly closed, 7 metres to 5 metres as both athletes ran into that final notorious dip. As they exited Toni finally caught her rival and immediately strode away to finish second. (shades of 2002 revisited). Stunning finish (Toni may not agree ☺).

Almost forgotten in all this was Ann (we do apologise), who having taken over from Bev consolidated Redhill's lead in the F45 category to anchor the team home for victory by over 6 minutes from the nearest opposition to win Redhill's 2nd BMAF title in 2008. Congratulations to all.

The men's start list contained all the big names, Martyn knew it would be difficult in this one. Back end loading the team meant Nashy led the team off followed by Mark & Nigel which left us in 14th.

Enter Alan & Andy into the fray, "Smithy" flew round to get the team up to 9th & Andy (ran the run of the day) to post a time only 22 seconds slower than Alan to get us up to 5th. Newts set off on the last lap 20 yards adrift of once leaders Telford with Morpeth just behind.

"Our guys an Ex North x/c Champ" one of their guys said, what's yours like, " a knackered donkey" was Martyn's reply. He subsequently caught Paul & and went past, (afterwards Paul thought he had either gone off too fast or was good, he was good). Paul stuck at it and caught and passed Telford to regain the place, the team finished 5th a good result in that field!

Unlike the ladies race Stan was cheering on the opposition as well as Redhill as "Sunderland" (minus red & white shirts) finished 2nd overall.

Ladies F35

Carolyn Hay	15.53	
Sharon Smith	15.53	
Toni Minniti	16.22	48.08 (Silver)

Ladies F45

Helen Burrell	15.51	(Individual, Gold)	
Bev Barnes	19.04		
Ann Ford	18.05	(Individual Silver)	53.00 (Gold)

Men M40

Simon Nash	15.08	
Mark Yates	14.45	
Nigel Cobb	15.23	
Alan Smith	13.24	
Andy Wetherill	13.46	
Paul Newton	14.17	1.26.43 (5 th)

Latest News

Redhill's Men win Robin Hood Marathon Team Race (Matthew, Dave W, Ian B & Tommo)!

Redhill's Ladies win Robin Hood Marathon Team Race (Jo, Linda, Michelle Y & Suzi)!

Redhill's Ladies win Robin Hood ½ Marathon Team Race (Carolyn, Helen B, Catherine & Bev)!

Redhill's Men win Robin Hood ½ Marathon Team Silver (Andy W, Lee, Mark Y & Simon)!

Clumber 10k – 28th September 2008

2nd Lady for Elsie in Clumber Park!

Elsie Roberts	42.16 (2 nd Lady) p.b.
Carl Davey	45.14
Tim Cunnington	46.20
Jane Wheatley	51.53
Jo McMillan	51.47
Caroline Thorneley	54.28
Cathy Partridge	63.58

Swansea Bay 10k - 21st September 2008

Chris Jones 45:20 p.b.

Karlsruhe Half Marathon – 21st September 2008

Mark Widdowson 1:41:05
Lindsay Hackin 1:41:24

Crossdale 10k, trail – 21st September 2008

Matthew wins on the trails of Keyworth & Redhill's men team (Matthew, Mark, Paul & Steve) to also win the team prize!

Matthew Clapp 35.08
Mark Davies 39.34
Paul Stacey 43.07
Steve Gelderd 44.54
Dennis Reeson 51.33
Kevin Humphreys 53.39

Midland 6 stage relays, Sutton Park – 20th September 2008

Andy Wetherill 19.27
Ben Humphreys 21.39
Gary McMahon 22.44
Martyn McHale 22.26
Ben Bennett 19.57
Paul Newton 20.25 (2.06.38) 38th

Midland 4 stage relays, Sutton Park – 20th September 2008

Carolyn Hay 16.20
May Bolland 17.17
Carolyn Charlton 18.05
Helen Burrell 16.11 (1.07.53) 13th

Robin Hood Marathon – 14th September 2008

Mathew wins County Marathon Championships!
(other county champ results to follow when available)

Team results awaited

Mathew Clapp 2.43.11
Dave Walsh 3.00.11
Ian Beckingham 3.00.44
Mark Tomlinson 3.10.31 p.b.
Phil Williams 3.29.20
Pete Scoffings 3.44.46
Chris Jones 3.59.31 p.b.
Gordon Ross 4.02.44
Mike Drury 4.06.58
Jo McMillan 4.18.40 p.b.
Pete Henley 4.20.22 p.b.
Linda Taylor 4.21.23
Jon Morley 4.28.31 p.b.
Michelle Yates 4.33.31
Suzi Artis 4.44.08 p.b.
Brian Moon 4.49.46

Total = 16

Robin Hood ½ Marathon – 14th September 2008

Andy is 2nd Vet & 1st M50, Helen is 1st F45, Carolyn is 2nd F35!

Teams results awaited

Andy Wetherill	1.13.12 (2 nd Vet, 1 st M50)
Lee Stubbs	1.16.39
Mark Yates	1.20.53
Carolyn Hay	1.23.05 p.b. (2 nd F35)
Simon Nash	1.23.13
Stan Pascoe	1.24.13
Tom McCulluch	1.24.42
Helen Burrell	1.24.56 (1 st F45)
Mark Davies	1.27.27
Andy Norton	1.27.28
James Butler	1.27.57
Tim Dove	1.30.55
Ian Abbott	1.35.46
Catherine Charlton	1.35.50 p.b.
Steve Gelderd	1.36.21
Chris Dwyer	1.37.42
Tony Lowe	1.38.02
Carl Davey	1.39.52
Rob Baker	1.41.12
Chris Aikman	1.41.47
Tony Curtis	1.43.24
Paul Stacey	1.44.31 (pacer)
Dennis Reeson	1.47.18
Gavin Herbert	1.48.05
Bev Barnes	1.48.15
Pat McGovern	1.48.22
Nigel Daniels	1.49.17
Andy Philips	1.49.47
Richard Wheatley	1.52.13
Tracey Jones	1.53.53
Prad Verma	1.53.57
Bob Hickling	1.56.16
Michelle Flint	1.57.14
Lyndsey Adkin	1.57.54
Kate Maltby	1.58.23 p.b.
Rachel Rarkinson	1.58.46 p.b.
Holly Edwards	1.59.04
Jo Raven	2.00.32
Caroline Thornley	2.01.17
Rossalyn Keward	2.01.41
Jean Adkin	2.01.56
Melissa Eaton	2.02.56 p.b.
Nicola Dewing	2.03.00 p.b.
Michelle Newton	2.07.21 p.b.
Dawn Hall	2.07.46
Karen Edge	2.11.12
Jane Wheatley	2.13.27
Jennifer Fearon	2.16.10
Mark Taylor	2.20.26
Katheryn Walsh	2.24.28
Cathy Partridge	2.24.54 p.b.

Micheal Majiliamskas 2.25.52
 Wendy Lawson 2.31.39 p.b.
 Beth Gardner 2.31.35 p.b.
 Barry Davies 2.31.59
 Dennis O'Neill 2.33.35

Total = 55

Bala Triathlon – 14th September 2008

On a foggy morning & in a very cold lake in Wales!

Pos		Swim 1500m	Bike 40k	Run 10k	Total Time
226	Paul Ward	31.06	68.05	48.26	2.27.37
275	Elsie Roberts	34.41	75.59	41.31	2.32.11 p.b.
358	Amanda English	34.12	75.09	51.04	2.40.25

Derby Triathlon – 14th September 2008

Andy T wins at Derby!

Pos		Swim 750m	Bike 20k	Run 5k	Total Time
1	Andy Tarry	6.22	28.13	17.11	51.46
48	Matt Hemsley	9.47	33.31	21.32	1.05.04

Stockholm ½m- 6th September 2008

50 Ben Bennett 1.14.55
 418 Gary McMahon 1.28.22

Mansfield 5k – 5th September 2008

Simon Nash 18.03
 Helen Burrell 19.12
 Steve Gelderd 21.21
 Colin Bones 21.49
 Mike Dury 22.45
 Jo Mcmillan 26.06
 Colin Peet 27.24
 Caroline Thornley 26.48

Baltonsborough 5m, Somerset – 25th August 2008

Dave Walsh 31.16 (9th)

Chesterfield Spire 10m – 31st August 2008

Steve Gelderd 76.22
 Carl Davey 78.25

Prad Verma 88.35

Shipley Double or Quit, 10m – 30th August 2008

Bev Barnes 83.15 2nd Lady (1st Lady Vet)
Colin Bones 84.34

Grimsthorpe Castle 10k – 24th August 2008

Steve Gelderd 45.12

Battle of Sedgemoor 10k – 24th August 2008

Keith Palmer 45,06

Ridgeway Challenge, 85m trail – 23rd August 2008

Dominic Fletcher 24.24.00

Newstead Abbey Dash, 3m – 22nd August 2008

**Nicola wins at the Dash, 2nd for Paul & 3rd for Mary & Andy S!
Simon is 1st M40!**

Paul Newton	16.15	(2 nd)
Andy Stevens	16.16	(3 rd)
Simon Nash	16.55	(1 st M40)
Martyn McHale	17.19	
Nicola Mabbott	17.20	(1 st Lady)
James Butler	18.01	
Mary Bolland	19.02	(3 rd Lady)
Catherine Charlton	19.36	
Chris Jones	20.22	p.b.
Alex Eustace	20.25	
Tony Lowe	20.52	
Chris Dwyer	21.24	
Mike Drury	22.12	
Dennis Reeson	22.50	
Geoff Jackson	23.00	
Michelle Flint	23.17	
Brian Moon	23.29	
Melissa Eaton	23.32	
Nicola Dewing	24.35	
Caroline Thornley	24.37	

Swansea Bay 10k – 5th August 2008

Chris Jones 22.28 p.b.

Belper Rover 30k – 17th August 2008

Mary Bolland	2.46.51
Tim Wells	2.52.55
Dennis Reeson	3.05.22

Race the Train 10k – 16th August 2008

Steve Gelderd 48.34

Nottingham Road Race Series, Teversal, Race 5 – 13th August 2008

6 GOLDS! – Redhill’s finest claimed 6 titles at the Nottinghamshire Road Race Series, individually Andy Tarry made it 5 out of 5 race victories to become series champion & was joined by gold winning performances by Andy Wetherill (M50) & Jim Munro (M60). Redhill also collected a further 3 gold’s though the ladies senior team and both the men’s senior & vet teams who were also victorious over the 5 race series. Further success was gained through Helen Burrell (senior & F35 silvers), Sharon Smith (Senior & F35 bronzes), Nigel Cobb (M40 bronze) & Stan Pascoe (M50 Bronze). The senior mens “B” team also beat off the opposition to grab impressive senior team silver medals!

Ladies

Helen B is 2nd & Redhill Ladies finish 5 in the top 11 to win on the trails of Teversal!

**Redhill ladies are crowned Nottinghamshire Road Race Champions!
Redhill’s Lady Vets also win Series team Silver medals!**

Individually, Helen B wins Senior Silver & Sharon Smith takes Bronze!

Age Categories

F35 Helen Burrell – Silver, Sharon Smith - Bronze!

2	Helen Burrell	
5	Sharon Smith	(Vet)
6	Nicola Mabbott	
9	Mary Bolland	
11	Catherine Charlton	
18	Elsie Roberts	
45	Amanda Lowton	
47	Bev Barnes	(Vet)
68	Michelle Flint	(Vet)
88	Kate Maltby	
89	Paula Argyle	
94	Lisa Hopewell	
96	Karen Edge	

Total Ladies = 13

Men

Andy T wins to make it a perfect “5 out of 5” & Lee is 2nd in the men’s race!

**Redhill Senior Men win race 5 to retain their Nottinghamshire Road Race title!
Redhill’s Senior “B” team beat off the challenge from Notts AC, Long Eaton & Worksop to win unprecedented series team Silver medals!
Redhill’s Vets also win Nottinghamshire Road Race title!**

Individually, Andy Tarry is overall Series Champion & Lee Stubbs takes Silver!

Age Categories

M40 – Nigel Cobb - Bronze

M50 – Andy W – Gold, Stan Pascoe - Bronze

M60 – Jim Munro - Gold

1	Andy Tarry
2	Lee Stubbs
5	Andy Wetherill
15	Paul Newton
18	Nigel Cobb

19	Matt Stratford
22	Clive Greyson
25	Simon Nash
31	Tom McCulloch
38	Martyn McHale
39	Stan Pascoe
45	Mark Davies
47	Kevin Brown
51	Marl Tomlinson
54	Dave Walsh
65	Jim Muro
75	Mark Attenborough
78	James Butler
82	Matt Hemsey
104	Paul Stacey
120	Tony Lowe
122	Tim Wells
125	Tim Dove
146	Colin Bones
148	Chris Jones
149	Keith Palmer
150	Andy Phillips
158	Chris Middleton
164	Richard Wheatley
168	Geoff Jackson
177	Nigel Daniels
189	Arthur Hancock
191	Prad Verma
193	Dennis Reeson
196	Mike Monks
197	Jon Morely
201	Brian Moon
206	Phil Hopewell

Total men = 38

Total = 51

Newark ½ marathon – 10th August 2008

Carolyn is the East Midlands inaugural ½ marathon Champion!

Andy Stevens	1.20.10
Andy Norton	1.23.09
Dave Walsh	1.25.24
Carolyn Hay	1.26.42 (1 st East Midlands ½ marathon Champion)
Mark Tomlinson	1.26.45
Matt Hemsley	1.27.25
Pete Gillespie	1.30.03
Tim Dove	1.31.56
Mark Davies	1.32.42
Elsie Roberts	1.36.01
Catherine Charlton	1.36.58
Mark Attenborough	1.38.40
Mark Anslow	1.38.47
Mark Widdowson	1.41.59
Paul Theed	1.47.10
Mike Drury	1.50.33
Nigel Daniels	1.50.53
Bev Barnes	1.53.47

Chris Jones	1.54.01
Dave Onion	1.55.53
Dennis Reeson	1.55.56
Brian Moon	2.04.03
Pete Speakman	2.10.43
Colin Peet	2.27.09
Cathryn Walsh	2.31.11

Jagermeister 10k – 8th August 2008

Mark is 3rd Vet at the Jag!

Mark Yates	36.21 (3 rd M40)
Tom McCulloch	38.07
Kevin Brown	38.32
Paul Stacey	41.58
Steve Gelderd	42.24
Keith Palmer	44.27
Rob Baker	44.55
Colin Bones	45.18
Paul Ward	47.58
Cam Davies	49.47

Lancaster Wagon & Horses 10m – 3rd August 2008

Mark Davies 65.30

European Masters Track & Field Championships, Slovenia – July 08

M60 1500m

Jim Munro 5.21

Nottingham Triathlon – 3rd August 2008

Pos		Swim 750m	Bike 20k	Run 5k	Total Time
105	Paul Ward	12.32	33.34	25.46	1.11.53
179	Kevin Humphreys	15.24	35.08	28.07	1.18.41

Tim Wealthall 5k – 26th July 2008

Rob Keal	16.02
Callum Cullen	16.09 (Owls)

Heckington 10m – 26th July 2008

Catherine Charlton	74.47
Carl Davey	83.46
Pat McGovern	84.47
Bev Barnes	86.02

Sherwood Pines 10k – 20th July 2008

Helen wins on the Forest trails!

Helen Burrell	39.26 (1 st Lady)
Everton Aikman	43.48
Dennis Reeson	50.09
Colin Peet	56.46
Dave Musgrove	74.25

Heanor 5m – 25th July 2008

Steve Gelderd	35.41
Dennis Reeson	40.47
Mike Drury	41.54
Cam Davies	43.36
Colin Peet	48.37

Lincoln triathlon – 20th July 2008

Andy wins at Lincoln!

Pos		Swim 400m	Bike 24k	Run 5k	Total Time
1	Andy Tarry	5.52	36.21	13.26	55.41

Milton Keynes triathlon – 20th July 2008

P.B. for Elsie at the “Big Cow” (Milton Keynes)!

	Swim 1500m	Bike 25m	Run 10k	Total Time
Elsie Roberts	27.28	1.28.52	41.40	2.38.01

Notts 5m – 18th July 2008

Callum Cullen	26.27 (Owls)
Matthew Clapp	27.47
Andy Norton	28.40
Mark Yates	28.46
Simon Nash	29.49
Mark Anslow	30.48
Jim Munro	31.08 (1 st M60)
Mark Attenborough	31.13
Paul Stacey	33.30
Nigel Daniels	39.20
Cam Davies	41.32
Michelle Butler	41.37
Brian Moon	42.06
Dennis O'Neill	42.39

Sherwood 10m TT – 16TH July 2008

Mike Hankin	24:06
Ian Hales	25:40
Matt Hemsley	25:49

Paul Ward 26:48.
 Cameron Davis 28:42
 Liz Green-Davis 30:18

Notfast 10k – 13th July 2008

Carolyn wins Ladies race, Ann is 2nd Lady Vet & Andy Stevens is 3rd M40 at Newark!

Lee Stubbs 34.02
 Andy Stevens 36.02 (3rd M40)
 Andy Norton 36.58
 Simon Nash 37.52
 Dave Walsh 38.29
 Carolyn Hay 38.43 (1st Lady)
 Mark Tomlinson 39.44
 Matt Hemsley 39.55
 Mark Davies 39.59
 Jim Munro 40.25 (2nd M60)
 Paul Stacey 42.15
 Ann Ford 42.23 (2nd Lady Vet)
 Catherine Charlton 43.23
 Carl Davey 45.15
 Mike Drury 46.23
 Chris Jones 47.50
 Bev Barnes 48.30
 Arthur Hancock 50.52
 Dennis Reeson 51.20
 Mike Monks 51.22
 Michelle Flint 51.32
 Cam Davies 52.49
 Gill Salmon 55.46
 Amanda English 56.11
 Paula Argyle 56.20
 Caroline Thornley 56.22
 Kate Maltby 57.40
 Colin Peet 58.17
 Kathryn Walsh 66.08

Wakefield Triathlon – 6th July 2008

Andy T Wins Wakefield & National Age Group title at Hilly Wakefield!

Pos		Swim 1500m	T1	Bike 25m	T2	Run 10k	Total Time
1	Andy Tarry	19.29	1.28	1.04.57	1.04	34.32	2.01.30

Ironman Switzerland – 13th July 2008

Stunning performance by Amy in Switzerland, congratulations from all at the club!

Pos		Swim 2.4m	T1	Bike 112m	T2	Run 26.2m	Total Time
558	Amy Smith	58.29	4.46	5.38.17	5.16	4.05.14	10.52.02

Hardwick Hall 6m – 10th July 2008

Not a flat metre on this course for anyone that wishes to do it!

Clive Greyson	38:24 - 5th overall and 3rd Vet.
Dennis Reeson	50.55
Mike Monks	51.05

Notts Road Race series, race 4 Worksop, 5m – 9th July 2008

**Redhill ladies win road race 4 to extend their series lead!
Nicola is 2nd & Helen 3rd on the night!**

2	Nicola Mabbott	
3	Helen Burrell	
4	Sharon Smith	(Vet)
9	Mary Bolland	
14	Catherine Charlton	
20	Elsie Roberts	
29	Amanda Lowton	
31	Bev Barnes	(Vet)
48	Joanne Flewitt	(Vet)
56	Emma Fitcher	
59	Michelle Flint	
65	Jane Wheatley	
70	Rachel Grant	
74	Lindsey Adkin	
75	Justine Moore	
77	Jo Raven	
79	Suzi Artis	
80	Caroline Thornley	
87	Kate Maltby	
93	Jean Adkin	
95	Paula Argyle	
96	Michelle Newton	

Ladies = 22

**Andy T wins at Clumber!
Redhill's men also win in style!**

1	Andy Tarry	
4	Lee Stubbs	
5	Andy Wetherill	
7	Ben Bennett	
10	Matt Stratford	
13	Ben Humphreys	
15	Paul Newton	
18	Nigel Cobb	
20	Clive Greyson	
27	Simon Nash	
35	Stan Pascoe	
36	Tom McCulloch	(Vet)
40	Martyn McHale	(Vet)

43	Gary McMahon	(Vet)
46	Kevin Brown	
53	Mark Tomlinson	(Vet)
57	Mark Davies	
58	Mark Attenborough	
59	James Butler	
60	Dave Walsh	
68	Matt Hemsley	
70	Jim Munro	
78	Daz Teager	
97	Tim Dove	
99	Paul Stacey	
103	Tim Wells	
108	Steve Gelderd	
123	Colin Bones	
124	Mark Widdowson	
126	Chris Drwyer	
127	Richard Wheatley	
130	Bob Hayes	
135	Mike Drury	
136	Carl Davey	
139	Keith Palmer	
144	Pete Scoffings	
145	Chris Middleton	
146	Tim Cunnington	
148	Neil Adkin	
150	Andy Phillips	
157	Chris Jones	
166	Nigel Daniels	
169	Steven Pot	
172	Authur Hancock	
181	Mike Monks	
182	Dennis Reeson	
188	Prad Verma	
190	Cam Davies	
191	Brian Moon	
195	Colin Peet	
198	Barry Davies	

Men = 51

Total = 73

Mansfield ½ marathon – 6th July 2008

Mark Tomlinson	1.27.59
Clive Greyson	1.28.00
Graham Webster	1.36.14
Tim Wells	1.37.18
Des Gibbons	1.37.46
Steve Gelderd	1.37.53
Everton Aikman	1.38.08
Carl Davey	1.38.57
Chris Aikman	1.39.49
Richard Wheatley	1.41.00
Nigel Daniels	1.50.02
Dennis Reeson	1.50.06
Dave Onion	1.50.51
Bob Hickling	1.52.22
Jo McMillan	1.56.37

Jane Wheatley	1.58.01
Brian Moon	2.08.50

British Masters 10k Championships – 29th June 2008

Further to the previous results it is now confirmed that the men have been crowned Midland Vets 10k team Champions & have also won British Masters Team Silver!

British Masters Track & Field Championships – 5th – 6th July 2008

Double British Masters Golds for Andy W!

1500m

Andy Wetherill	4.30 (M50 Gold)
----------------	-----------------

5k

Andy Wetherill	16.14 (M50 Gold)
----------------	------------------

3 Peaks Yacht Race 28th June – 1st July 2008

Sailing up the West Coast of Great Britain and running up and back down the 3 peaks is one serious challenge!

Ian Beckingham and Dave Walsh (Team Indian Summer)

8th position in 74 hours 22 minutes (9th fastest time in the race's 20-some year history)

Snowdon (25 miles run, night-time): 4h 21 min (2nd)

Scar Fell (34 miles cycle, 18 miles run): 10h 30 min (8th, navigation problems, wandering around the summit of Scar Fell in the middle of the night in thick fog and rain)

Ben Nevis (17 miles run, daytime): 3h 50 min (2nd)

Mountain aggregate: 18h, 41 min (5th)

Osmotherley, 33m, Fell – 5th July 2008

Dominic Fletcher	6 hrs 52 mins
------------------	---------------

Sherwood 10m TT – 7th July 2008

Mike Hankin	24:37
Matt Hemsley	25:57
Ian Hales	26:30
Paul Ward	27:10
Cameron Davis	29:02
Amanda English	30:28
Liz Green-Davis	31:46

Heritage, Colwick, 5m – 3rd July 2008

Stan is 2nd M50, Simon 3rd M40 & Redhill's Ladies 3rd team (Catherine, Bev & Sally) in the heritage series!

Simon Nash	29.27
Gary McMahon	30.09

Stan Pascoe	30.13
Mark Anslow	31.04
Chris Drwyer	35.08
Bob Hayes	36.14
Alex Eustace	36.21
Chris Jones	37.22
Andy Bryne	37.44
Nigel Daniels	38.55
Brian Moon	42.55
Mark Taylor	45.11
Colin Peet	47.40

Catherine Charlton	34.22
Bev Barnes	36.59
Sally Plastow	38.55
Michelle Flint	41.12

Redhill's round the Lake relays, 1.1m – 2nd July 2008

Callum runs to within 2 seconds of the course record at Bestwood lakes but can't prevent Matt's team from overall victory!!

Matt Stratford	5.43		
Mark Anslow	6.16		
Keith Palmer	6.59		
James Butler	6.26		
Emma Futcher	7.50	33.14	1st

Clive Greyson	6.06		
Andy Stevens	5.45		
Tracey Jones	8.25		
Ian Hales	6.18		
Graham Webster	6.53	33.28	2nd

Lee Stubbs	5.22		
Martyn McHale	6.11		
Michelle Newton	8.43		
Daz Teager	6.22		
Steve Gelderd	6.57	33.35	3rd

Callum Cullen	5.17		
Mark Tomlinson	6.18		
George Kujawnski	7.02		
Carl Davey	6.59		
Michelle Butler	8.21	33.57	4th

Ben Humphreys	5.55		
Dominic Fletcher	6.37		
Chris Jones	7.24		
Matt Hemsley	6.38		
Amanda Lowton	7.31	34.05	5th

Epperstone 10m TT – 1ST July 2008

Mike Hankin	24:01
Matt Hemsley	25:33
Paul Ward	26:24
Ian Hales	26:27
Cameron Davis	28:42
Amanda English	29:59

Liz Green-Davis 31:49

Heritage, Rushcliffe, 4m – 1st July 2008

Simon Nash	24.03
Stan Pascoe	24.26
Kevin Brown	25.15
Chris Drwyer	28.32
Bob Hayes	29.54
Andy Bryne	30.31
Nigel Daniels	32.14
Brian Moon	34.38
Mark Taylor	35.26

Catherine Charlton	27.36
Bev Barnes	29.33
Sally Plastow	31.30
Michelle Flint	33.25