

Redhill Race Results

July – Dec 2005

New Years Eve Midnight 2k – 31st Dec 2005/1st Jan 2006

Tony Lowe 6.52

Southwell 10k - 31st December 2005

Matthew Clapp	35.47
Nigel Cobb	36.15
Pete Gillespie	37.21
Simon Nash	38.04
Mark Attenborough	38.48 p.b.
Helen Burrell	39.12 (2 nd F35)
Jim Munroe	39.27
Ann Ford	40.38 (1 st F45)
James Butler	41.02
Bernie Ford	41.17
Geoff Jackson	41.58
Ian Livsey	42.39
Andrew Stredder	42.45
Andrew Norton	43.15
John Lowton	43.58
Mike Drury	44.27
Bob Hickling	45.04
Pete Scoffings	45.16
Chris Middleton	45.20
Paul Ward	45.50
Carl Davey	46.21
Dave Giles	46.22
Elsie Roberts	46.33 p.b.
Julie Lowton	46.56
Dave Onions	48.12
Dennis Reeson	48.41
Pete Hamilton	48.37
Michelle Flint	49.08
Jo Spinak	49.55
Karyn Stander	50.10 p.b.
Jo Stocks	51.49
Alison Herbert	52.21
Amanda English	55.26
Jackie Dixon	60.21
Lynn Cowie	73.25

Queens Head 5k (Lara) – 27th December 2005

Rob Keal 16.29 (3rd)

Notts AC Christmas Relays – 27th December 2005

7th - Redhill "A" (57.12)

Alan Smith 12.28 (fastest Vet)

Paul Newton 12.48

Helen Lowe 18.45

Mark Yates 13.11

19th - Redhill B (62.03)

Mark Attenborough 14.31

Julian Richardson 13.49

Jo Stocks 19.36

Andrew Proffitt 14.07

23rd - Redhill Vets (63.38)(2nd VetTeam)

Kevin Squires 14.11

Simon Nash 14.39

Amanda English 20.37

Barry Moss 14.11

36th - Redhill "C" (70.20)

Pete Scoffings 16.52

Tim Metcalfe 14.59

Nikki Dixon 22.33

Andrew Stredder 15.56

44th - Redhill "D" (78.00)

Phil Hopewell 20.50

Paul Ward 16.00

Sarah Parker 18.17

Jackie Dixon 22.53

Barrow 6m – 26th December 2005

Steve Humber 36.50

John Truscott 45.42

Dave Onion	46.32
Dennis Reeson	47.24
Jo Spinak	49.38

Bolsover 10k – 18th December 2005

Andy Wetherill	32.52 (1 st Vet)
Bruce Olpin	38.54 p.b.
Andrew Norton	42.37
Carl Davey	43.24 (Beaumont Leys)
Mike Monks	46.59
Dave Onions	48.10
Dennis Reeson	48.46
Jo Spinak	50.28 (Beaumont Leys)
Kevin Humphreys	51.26
Phil Hopewell	58.33
Lisa Hopewell	59.01
Jacki Dixon	59.47 p.b.
Nikki Dixon	60.56 p.b.

Midland 7m / 5m x/country – 17th December 2005

Ann Ford	33.01
Helen Lowe	38.53

Bronze medal for Redhill's men at Midland 7!

Lee Stubbs	37.49
Tony Lowe	40.13
Gary McMahon	40.37
Martyn McHale	40.59
Simon Nash	45.15
Andy Stredder	48.39
Geoff Jackson	49.30

Turkey Trot ½ marathon – 11th December 2005

Kevin Squires	1.19.30
Tony Lowe	1.22.22
Mark Attenborough	1.25.29 p.b.
Ian Beckingham	1.28.23
Adam Brooks	1.31.10
Arthur Hancock	1.33.50
Emily Rose	1.36.01 p.b.
Carl Davey	1.36.47 (Beaumont Leys)
Keith Graetz	1.38.28
Andrew Norton	1.38.38
Bob Hickling	1.44.03
Dennis O'Neill	1.45.27
Paul Ward	1.45.48
Dave Onions	1.46.18
Dennis Reeson	1.47.14
Michelle Flint	1.48.45
Helen Lowe	1.49.11
Alison Herbert	1.49.11 p.b.
Jo Stocks	1.50.59
Andrew Bryne	1.52.59
Gill Salmon	2.02.16

Amanda English 2.03.03
Liz Green-Davies 2.13.27

East Mids X/country, Long Eaton – 4th December 2005

1-2-3 for Paul, Lee & Kevin in the mud of Trent Meadows!

Senior Men 1st (1st overall)
Senior Men "B" 1st (1st overall)
Senior Men "C" 1st (1st overall)
Vet Men 4th (2nd overall)
Senior Ladies 4th (4th overall)

1	Paul Newton	16	Elsie Roberts
2	Lee Stubbs	17	Helen Lowe
3	Kevin Squires	24	Liz Green-Davies
9	Tony Lowe	30	Amanda English
10	Mathew Clap	34	Gill Salmon
13	Mark Attenborough		
20	Matt Hemsley		
37	Mark Anslow		
38	Arthur Hancock		
42	Andy Stredder		
49	Dave Walsh		
50	Richard Wheatley		
51	Dave Giles		
60	Kevin Humphreys		
65	Keith Palmer		

North Mids X/country, Berry Hill – 3rd December 2005

Alan wins to strengthen his lead in the 2005/6 series! Vets home in on title after convincing win at Berry Hill!

Senior Men 4th (3rd overall)
Vet Men 1st (1st overall)
Senior Ladies 3rd (3rd overall)

1	Alan Smith	(1 st M40)	4	Kate Rice	
7	Andy Wetherill	(1 st M45)	13	Ann Ford	(1 st F50)
14	Lee Stubbs		46	Fliss Garland	(2 nd F50)
24	Paul Newton		61	Helen Lowe	
44	Mark Yates		76	Gill Salmon	
54	Tony Lowe		78	Amanda English	
55	Martyn McHale		79	Liz Green-Davies	
58	Paul Clarke				
66	Kevin Squires				
91	Simon Nash				
96	Matt Hemsley				
134	Andy Stredder				
138	Bill Johnson	(2 nd M60)			
140	Dave Giles				
158	Richard Wheatley				
173	Chris Middleton				
174	Wade Lowther				
175	Graham Parker				

Seagrave Wold Challenge, 14.5m (off road) – 14th November 2005

Mike Drury 2.20.00 (extra 3 miles included)

Clowne ½ marathon – 27th November 2005

Andy W is 1st Vet & 3rd in Derbyshire!

Andy Wetherill	1.12.30	3 rd (1 st Vet)
Richard Wheatley	1.32.35	
Carl Davey	1.39.39	
John Truscott	1.41.48	
Dennis Reeson	1.49.10	
Dave Onion	1.50.33	

St Neots ½ marathon, Bedford – 20th November 2005

Ben Bennett	1.16.50
Dave Onions	1.47.39

Heanor 10k – 20th November 2005

Andy T wins Heanor Pudding run with Caroline (1st F35) & Ann (1st F45) gaining age category wins, & Ann, Caroline & Bettina winning the Ladies Vet team prize!

Andy Tarry	32.14	(1 st)
Kevin Squires	36.35	
Tony Lowe	36.38	
Ann Ford	40.24	(1 st F45)
John Lowton	41.56	
Paul Stacey	42.01	
Mike Drury	42.15	
Andrew Norton	43.04	
Carl Davey	43.31	(Beaumont Leys)
Caroline Norton	43.42	p.b. (1 st F35)
Paul Ward	44.25	
John Cass	45.16	
Kevin Humphreys	45.27	
Bettina Kneller	45.30	
Dennis Reeson	48.16	
Julie Lowton	48.18	
Helen Lowe	48.46	
Michelle Flint	49.13	
Jo Stocks	50.34	(Beaumont Leys)
Lisa Tarry	50.59	
Alison Herbert	51.30	
Amanda Lowton	53.25	
Amanda English	56.07	
Jacqueline Dixon	61.56	

Poppy run 5m, Boston, Lincs – 13th November 2005

Dave Onions	37.58
Jacqueline Dixon	45.19

Barnsley 10k – 13th November 2005

Mike Monks	46.13
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San Diego, Silver Stand ½ marathon, U.S.A. – 13th November 2005

30	Dave Walsh	1.24.59
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Saab Salomon Hellrunner 11.5 m, Longmoor Camp - 23th October 2005

John Truscott 1:37:13

Leg it Round Lathkilldale, 12k – 13th November 2005

John Truscott 62:47 (1st M60)

East Midlands, X/country, Holme P – 13th November 2005

Senior Men "A" – 3rd, Senior Men "B" – 2nd, Senior Men "C" – 1st
Vet Men "A" – 1st, Vet Men "B" – 4th,
Senior Ladies "A" – 5th, Senior Ladies "B" – 5th,

8	Matthew Clapp	25	Elsie Roberts
10	Kevin Squires	26	Helen Flint
12	Terry Smith	34	Michelle Flint
13	Martyn McHale	40	Liz Green-Davies
22	Mark Attenborough	45	Gill Salmon
31	Matt Hemsley		
32	Jamie Bevington		
34	James Butler		
49	Tim Metcalfe		
52	Arthur Hancock		
54	Andy Stredder		
57	Paul Stacey		
64	Dave Giles		
66	Ian Livsey		
71	Bob Hayes		
84	Andy Phillips		
90	Cam Davies		

High Peak Relays, Derbyshire – 13th November 2005

Dave Denton informed us at the start that the last time Redhill entered the High Peak relays was back in 1993 when they finished 3rd. This year a credible 9th place out of a record field of 48 teams.

Andy Proffitt	27.05	3.8m uphill	
Rachel Martin	17.44	2.5m uphill	
Ian Hales	36.18	5.5m	
Helen Lowe	18.25	2.5m	
Tony Lowe	21.43	3.5m	
Richard Wheatley	23.02	3.5m	
Kevin Humphreys	16.56	2.5m	
Lee Stubbs	28.43	5.5m	
Simon Nash	14.09	2.5m downhill	
Vicky Hards	24.06	3.8m downhill	(2.28.11) 9 th (2 nd Mixed team)

Also running

Lisa Tarry	28.22	3.5m
Dave Musgrove	35.00	3.5m

National X/country relays, Berry Hill – 12th November 2005

Ladies 43rd

Toni Minniti	11.04
Ann Ford	11.47

Fliss Garland	13.20	(36.11)
Sarah Costin	11.56	(Notts AC)

Men 58th

Mark Yates	17.22	
Andy Wetherill	16.33	
Ben Bennett	17.42	
Lee Stubbs	17.32	(1.09.09)

Men 107th

Martyn McHale	18.31	
Steve Carroll	19.59	
Clive Greyson	21.24	
Jim Munroe	19.49	(1.20.02)

Men 125th

Bill Johnson	21.02	
Mike Hankin	28.14	
Martyn McHale (2)	19.04	
Chris Middleton	24.01	(1.32.21)

New York marathon – 6th November 2005

Louise Reed	3.44.32 p.b.
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Shepshed 7m – 6th November 2005

Dave Musgrove	1.13.57
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North Mids X/country, Shipley Park – 5th November 2005

Race 2 of the North Mids x/c saw mud, mud & mud! The Vet men won for the 2nd race (if only by 1 point) whilst the senior men again finished 3rd and Ladies 4th in the 2nd race of the series. Individually, Alan leads the overall series by a single point & the Vet 40 category. Ann & Andy W also lead their age categories, with Bill being 2nd in his.

Race day Team results

Redhill Senior Men 3 rd ,	(3 rd overall)
Redhill Vet Men 1 st ,	(1 st overall)
Redhill Ladies 4 th ,	(2 nd overall)

2	Alan Smith	(1 st M 40)	5	Toni Minitti	
9	Andy Wetherill	(1 st M 45)	15	Ann Ford	(1 st F 50)
24	Mark Yates		34	Fliss Garland	(2 nd F 50)
28	Paul Newton		62	Helen Lowe	
32	Rob Keal				
42	Tony Lowe				
46	Ben Bennett				
47	Matthew Clapp				
55	Kevin Squires				
64	Martyn McHale				
78	Andy Proffitt				
85	Nigel Cobb				
87	Mark Attenborough				
95	Matt Hemsley				
116	Steve Carroll				

124	Bruce Olpin
142	Simon Nash
144	Bill Johnson (3 rd M 60)
167	Geoff Jackson
175	Paul Barratt
180	David Giles
183	Richard Wheatley
191	Bob Hayes
193	Chris Middleton
208	Maurice Lever (5 th M 60)

Workshop ½ marathon – 30th October 2005

Andy is 1st Vet on a wet and windy day in North Notts!

Andy Wetherill	1.14.14 (1 st Vet)
Rob Keal	1.16.33
Julian Richardson	1.20.09
Craig Henderson	1.21.15
Ben Bennett	1.21.18
Kevin Squires	1.22.15
Tom McCulloch	1.25.52 p.b.
Ian Beckingham	1.26.13 p.b.
Matt Hemsley	1.26.23
Mark Attenborough	1.27.21
Steve Carroll	1.28.27 p.b.
James Butler	1.29.14
Sarah Costin	1.29.50 p.b. (Notts AC)
Mark Anslow	1.31.01
Paul Mellors	1.31.03
Bettina Kneller	1.34.31
Mike Drury	1.37.24
Paul Stacey	1.37.53
Chris Middleton	1.37.58
Emily Rose	1.39.28 p.b.
Steve Shayler	1.40.09
Carl Davy	1.40.55 (Beaumont Lees)
Mark Davies	1.41.03
Paul Ward	1.42.29
Kevin Humphreys	1.43.03
Bob Hickling	1.46.11
Julie Lowton	1.47.03
Sarah Parker	1.47.17
Michelle Flint	1.48.43
Dave Onions	1.48.51
Dennis Reeson	1.49.13
Jo Stocks	1.49.22
Rachel Martin	1.52.10
Jo Spinak	1.54.31 (Beaumont Lees)
John Lowton	1.57.11
Amanda Lowton	1.57.11 p.b.
Amanda English	2.04.06
Barry Davies	2.09.56
Dave Musgrove	2.45.28

National Road Relays, Sutton Park – 22nd October 2005

Men 57th

Andy Wetherill	(60) 19.13
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Mark Yates	(65) 19.52	
Bob Keal	(64) 19.48	
Steve Humber	(66) 21.18	
Paul Newton	(64) 19.44	
Lee Stubbs	(57) 19.17	1.59.12
Alaster Stewart	17.58	(Belgrave Harriers, 1 st)

Ladies 42nd

Toni Minniti	(51) 16.23	
Kate Rice	(33) 15.48	
Ann Ford	(36) 17.01	
Bettina Kneller	(42) 18.17	1.07.29
Sarah Costin	16.59	(Notts AC, 39 th)

Scott King 5m, Hucknall – 16th October 2005

James Butler	30.27
Andy Proffitt	30.31
Steve Carroll	31.03 p.b.
Graham Webster	32.34 p.b.
Paul Stacey	33.10
Andrew Norton	33.19
Geoff Jackson	34.23
Ian Livsey	34.46
John Cass	34.58
Bettina Kneller	34.58 (1 st F45)
Bob Hayes	35.10
Paul Ward	35.11
Sarah Parker	36.58 p.b.
Kevin Humphreys	37.03
Dave Onions	37.33
Michelle Flint	38.17
Paul Hodgkinson	39.01
Steve Kneller	39.18
Dennis Reeson	39.30
Lynn Cowie	58.54

North Mids, X/Country, Marceaton Park – 15th October 2005

An excellent start to the North Mids x/country season saw Alan & Kate both finish 3rd whilst the Vet men were 1st, Ladies 2nd and Senior men 3rd at Derby!

(age category positions below)

3	Alan Smith	(1 st M40)	3	Kate Rice	(3 rd Senior)
6	Andy Tarry		12	Ann Ford	(1 st F40)
10	Andy Weatherill	(1 st M45)	13	Helen Burrell	(2 nd F40)
11	Paul Newton		84	Helen Lowe	
30	Rob Keal				
52	Matthew Clapp				
55	Kevin Squires				
81	Martyn McHale				
85	Gary McMahon				
98	Nigel Cobb				
117	Mark Attenborough				
142	Jamie Beverton				
145	Bruce Olpin				
169	Geoff Jackson				

182	Bill Johnson	(2 nd M60)
214	Bob Hayes	
221	Chris Middleton	
230	Graham Parker	

County Champs, marathon news – 14th October

Clean Sweep in County Marathon Champs for Redhill's men!

The County Champ medals have now been confirmed as,

Senior Men.

1st	Alan Smith	2:23:38	Gold
2nd	Andy Wetherill	2:34.05	Silver
3rd	Dave Walsh	3:01.02	Bronze

Vet Men 40 - 49

1st	Andy Wetherill	2:34.05	Gold
2nd	Dave Walsh	3:01.02	Silver
3rd	Ian Beckingham	3:11.29	Bronze

Bestwood 10k – 9th October 2005

The familiar faces of Bill Speak (Notts AC) & Kate Rice both win at Bestwood whilst Lee is 2nd and Redhill's men break with tradition to win the men's team event!

Lee Stubbs	35.02 (2 nd)
Mark Yates	36.21
Kate Rice	39.19 (1 st lady)
Ian Beckingham	40.48
Jamie Beverton	41.20
Dave Walsh	41.38
Adam Wright	42.08
Andrew Norton	44.14
Ian Livsey	45.42
John Lowton	46.04
Ian Hamilton	47.04
Tim Cunnington	49.06
Dennis Reeson	51.45
Jo Stocks	53.18
Julie Lowton	53.26
Amanda Lowton	53.26
Leona Scurr	54.29
Paul Hodgkinson	54.35
Jill Salmon	55.30
Jackie Dixon	66.04
Nikky Dixon	66.06

Kimberley 5m – 2nd October 2005

John T wins M60 category, Ann is 3rd & Redhill's men win team prize on the trails of Kimberley!

6	Ian Abbott	30.03
11	Tony Lowe	30.41
25	Ian Beckingham	32.44
27	James Butler	32.45
29	Tom McCulloch	32.47

33	Steve Carroll	33.20
36	Bruce Olpin	33.28
40	Ann Ford	33.53 (3 rd Lady)
63	Andy Norton	35.56
64	Andy Stredder	36.04
83	John Truscott	37.49 (1 st M60)
95	Andy Phillips	39.14
197	Colin Peet	55.11

Ashbourne ½ marathon – 19th September 2005

Dave Onions 1.52.04 (2nd M65)

Swinton ½ marathon – 25th September 2005

Dave Onions 14735 (2nd M65)

Macclesfield ½ marathon – 2nd October 2005

Dave Onions 1.45.41 (1st M65)

Merrill 10k – 2nd October 2005

Michelle Flint 48.21
Dennis Reeson 48.29

Leicester marathon – 2nd October 2005

Dave Walsh 3.0427
Richard Wheatley 3.33.04

Northampton “Road” Triathlon – 26th September 2005

1st for Mark at Northampton Tri!

Pos		Swim 414m	Bike 20k	Run 5k	Total Time
1	Mark Redwood	5.22	31.48	16.41	53.51

Sydney ½ marathon, Australia

Stewart Lake 1.41.23

Sun Herald City 2 Surf, 14k, Australia

Stewart Lake 1.06.30

Berlin Marathon – 25th September 2005

Ben Bennett 2.43.59
Toni Minnitti 2.55.32

Southwell, last minute triathlon – 25th September 2005

Sprint	Swim 400m	T1	Bike 12m	T2	Run 5k	Total Time
John O’Neill	6.50	0.36	29.28	0.39	20.05	57.38
Ian Livsey	7.44	0.53	33.05	0.50	23.18	1.05.50
Pete Scoffings	10.20	1.38	44.38	1.02	24.56	1.22.34

Crossdale 10k – 25th September 2005

Mathew Clapp	37.49 (4 th)
Ian Abbott	38.22
Steve Carroll	42.14
Graham Webster	43.35
Mike Drury	46.07
John Truscott	46.31
Andy Stredder	46.54

Retford ½ marathon – 25th September 2005

Dennis Reeson	1.48.32
Jo Stocks	1.52.17
Kevin Humphreys	1.52.19
Barry Davies	2.13.29

Stange Fell race – 25th September 2005

Sarah Costin	55.56 (Notts AC)
Paul Ward	58.29
Rachel Martin	61.55
Amanda English	68.00

Midland mens 6 & ladies 4 stage relays, Sutton Park – 24th September 200

11 <u>Redhill Men</u>	<u>1:57:19</u>
Leigh Stubbs	(19) 19:10
A Weatherill	(10) 19:09
Ian Abbott	(14) 20:50
Alan Smith	(11) 18:38
Andy Tarry	(10) 18:32
Steve Humber	(11) 21:00

35 <u>Redhill Ladies</u>	<u>1:15:02</u>
Ann Ford	(20) 16:54
Helen Burrell	(16) 16:36
Michelle Flint	(27) 20:21
Helen Lowe	(35) 21:11

5th World Masters Mountain Running Championships, Keswick – 17th September 2005

M50

7	Gary McMahon	61.03
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M60

40	John Truscott	58.56
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Baden marathon, Karlsruhe – 18th September 2005

Tony Lowe	3.15.00 p.b.
Helen Lowe	4.23.00 p.b.

Chris Ingram 10k – 18th September 2005

Ben Bennett	35.11
Helen Burrell	40.08 (1st Lady Vet)
Andrew Phillips	47.52

Michelle Flint	48.45
Dennis Reeson	49.59

Yorkshire Off Road marathon – 11th September 2005

Dave Walsh	4.15.13
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Friends 10k – 4th September 2005

Results now available

Andy & Mark are 2nd and 3rd in West Bridgford!

Andy Tarry	32.53 (2 nd)
Mark Yates	35.43 (3 rd)
Ian Abbott	37.48
Pete Gillespie	38.55
Paul Stacey	42.12
Ian Livsey	44.05
Mike Drury	44.46
Dennis O'Neill	48.01
Gillian Salmon	55.51

Robin Hood marathon – 11th September 2005

To be confirmed but we believe at least 7 p.b.'s in the full, together with a County Champs Gold & Silver for Alan & Andy & a 2nd in the team competition!

Alan Smith	2.32.38 p.b.	(County Champs Senior Gold)
Andy Weatherill	2.34.05	(County Champs Senior Silver, Vet Gold)
Dave Walsh	3.01.02	
Ian Beckingham	3.11.29 p.b.	
Paul Stacey	3.12.37 p.b.	
Richard Wheatley	3.34.19	
Harvey Cramp	3.43.30	
Rachel Martin	3.52.12 p.b.	
Jo Stocks	3.59.39 p.b.	
Amanda English	4.14.33 p.b.	
Bob Hickling	4.16.33 p.b.	

Robin Hood ½ marathon – 11th September 2005

As with the full, plenty of p.b.'s and again we believe a 2nd in the men's team event!

Lee Stubbs	1.14.59 p.b.
Paul Newton	1.15.39
Julian Richardson	1.19.14
Kevin Squires	1.20.44
Tony Lowe	1.21.31 p.b.
Martin McHale	1.22.27
Steve Humber	1.23.03
Simon Nash	1.23.19
Stan Pascoe	1.23.34
Nigel Cobb	1.23.46
Pete Gillespie	1.24.31
James Butler	1.25.53
Ann Ford	1.25.55
Tom McCulloch	1.26.01 p.b.
Ian Hales	1.26.16
Mark Attenborough	1.27.40 p.b.

Mark Anslow	1.29.34
Graham Webster	1.31.08 p.b.
Richard Hammond	1.33.56
John Kelley	1.34.13
Mike Drury	1.35.32
Dennis O'Neill	1.36.34
Bob Hayes	1.37.01
Mark Davies	1.38.46
Paul Mellors	1.39.16
Tony Curtis	1.40.10
Keith Palmer	1.43.36 p.b.
John Lowton	1.44.31
Louise Read	1.44.39
Andy Phillips	1.44.53
Michelle Flint	1.45.34
Pat McGovern	1.46.44
Dave Onion	1.47.54
Pete Scoffings	1.48.32
Andrew Byrne	1.48.43
Helen Metcalfe	1.49.02
Lisa Tarry	1.49.34
Dennis Reeson	1.49.41
Alun McCarthy	1.50.42 p.b.
Helen Lowe	1.50.29 p.b.
Mark Taylor	1.57.01
Paul Hodgkinson	1.59.38
Liz Green-Davies	2.01.41
Gill Salmon	2.03.28
Colin Peet	2.06.53
Barry Davies	2.07.11
Sarah Freeman	2.08.29 p.b.
Leona Scurr	2.09.36
Elizabeth Rouke	2.10.05
Carl Neal	2.10.30
Karen Edge	2.13.51 p.b.
Jennifer Fearon-Beckford	2.19.54 p.b.
Suzi Artis	2.28.44
Lydia Chapman	2.42.10 p.b.
Michelle Fletcher	2.47.26

Derby Triathlon – 11th September 2005

Sprint	Swim 750m	Bike 20k	Run 5k	Total Time
Mike Hankin	11.48	35.19	31.19	1.18.21

Vitruvian (Rutland) ½ ironman distance triathlon – 10th September 2005

Fancy a longer event, then a long cold swim followed by 2 hilly laps of Rutland Reservoir on the bike finishing off with a ½ marathon will test your resolve (especially in the pouring rain). (Hum, brings back memories of Llamberis 2002!)

Final pos		Swim 1900m	T1	Bike 85k	T2	Run 13.1m	Total Time
4	Mark Redwood	26.10	1.50	2.13.45	1.11	1.28.11	4.11.07
267	Paul Ward	37.52	3.10	2.48.37	1.27	1.53.12	5.24.18

Hubert Bancroft Memorial Race, Thringstone, Leics. 4m- 7th September

Vicky Hards 26:44 (2nd Lady)

World Masters Athletic Champs, San Sebastian, Spain 2005

British Best for Jane at the Worlds !

W40, 2000m Steeplechase

Jane Pidgeon (Notts AC) 7.16.49 (**Gold**), **British W40 Record !**

Lincolnshire Wolds 10m – 3rd September 2005

Paul Clark	1.02.47 (2 nd Vet)
Phil Hopewell	1.47.13
Lisa Hopewell	1.47.13

Leek ½ marathon – 28th August 2005

Rachel Martin 1.58.04

Grimsthorpe 10k – 28th August 2005

Well we found it, a hillier grass/trail race than our very own 10k! No quick times but certainly a great day out never the less! Coupled with this, Lee finished 3rd overall, Simon was 1st Vet and the men's team of Lee, Tony, Simon & Martyn took the men's team prize.

3	Lee Stubbs	35.15
10	Tony Lowe	38.57
11	Simon Nash	39.19
14	Martyn McHale	39.35
19	Stan Pascoe	40.02
23	Mark Attenborough	40.59
31	Steve Carroll	42.13
37	Ian Hales	42.25
47	James Butler	44.02
60	Mark Davies	45.22
71	Ian Livsey	46.19
74	John Truscott	46.29
85	Mike Drury	47.23
94	Nigel Daniels	48.00
113	Bruce Olpin	49.03
128	Bob Hickling	50.12
133	Dennis O'Neill	50.42
134	Chris Middleton	50.48
135	Kevin Humphreys	50.53
145	Michelle Flint	51.28
167	Wade Lowther	53.13
173	Helen Lowe	53.39
203	Sarah Freeman	63.49

Ilkeston Double or Quit, 10m – 27th August 2005

Dennis O'Neill	1.15.34
Mike Drury	1.21.10
Dennis Reeson	1.25.10

Ilkeston Double or Quit, 5m – 27th August 2005

Jo Stocks	39.35 (3 rd lady)
Coin Peet	47.06

Newstead Abbey Dash, 3m – 26th August 2005

Lee Stubbs	14.52 (3 rd)	
Paul Newton	15.33	
Mark Yates	15.50	
Tony Lowe	16.42	
Ian Abbott	16.45	
Simon Nash	16.51	
James Butler	18.01	
Steve Carroll	18.12	
Bruce Olpin	18.35	
John Lowton	18.43	
Graham Webster	19.27	
Ian Livsey	19.30	
Mike Drury	19.59	
Andy Stredder	20.16	
Andy Phillips	20.56	
Wade Lowther	21.04	
Jo Stocks	21.25	
Rachel Martin	21.55	
Michelle Flint	22.23	
Helen Lowe	22.35	
Amanda Lowton	23.18	23.18
Julie Lowton	23.18	
Alex Eustace	24.05	
Colin Peet	25.21	
Sarah Freeman	25.36	
Karen Edge	28.01	
Lynne Cowie	33.07	

[Full Newstead Abbey Dash 2005 Results – click here](#)

Notts Road Race 5, Newark, 5.7m – 19th August 2005

Redhill's men dominate Notts road race series !

Teams

Redhill Senior men	Gold,	"B" Team 5 th ,	"C" Team 9 th ,	"D" Team 14 th ,	"E" Team 15 th
Redhill Vet men	Gold				
Redhill Senior ladies	Silver,	"B" Team 6 th			

Individual

Senior men

Andy Tarry	Gold
Andy Wetherill	Silver
Lee Stubbs	Bronze

Vet men

Andy Wetherill	Gold
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Race 5 Results

Andy Wetherill	3	Vicky Hards	4
Andy Tarry	4	Ann Fords	5
Lee Stubbs	5	Rachel Martin	26
Paul Newton	8	Michelle Flint	31
Mark Yates	13	Jo Stocks	32

Paul Clark	17	Lisa Tarry	37
Martyn McHale	21	Helen Lowe	44
Tony Lowe	26		
Nigel Cobb	27		
Simon Nash	32		
Kevin Squires	35		
Clive Greyson	40		
Mark Attenborough	53		
Pete Gillespie	55		
Mark Anslow	61		
Tom McCulloch	62		
Dave Walsh	68		
Matt Hemsley	69		
Steve Carroll	70		
James Butler	77		
Ian Hales	88		
Geoff Jackson	92		
Noel McGuinness	97		
Paul Stacey	109		
Graham Webster	116		
Arthur Hancock	122		
John Kelly	125		
Dennis O'Neill	131		
Mike Drury	153		
Tim Cunnington	155		
Andy Phillips	156		
Nigel Daniels	162		
Keith Palmer	167		
Wade Lowther	172		
Bob Hickling	174		
Alun McCarthey	175		
Dennis Reeson	178		
Pat McGovern	182		
Colin Peet	195		
Dave Musgrove	196		

Grimsby 5m – 14th August 2005

Paul wins Vet's @ Grimsby!

4 Paul Clark 28.22 (1st Vet)

Rutland Venture, 26m – 24th July 2005

Dave wins Rutland Venture!

1 Dave Walsh 3.45.00

Fairlands Valley Challenge 26.2m – 17th July 2005

7 Dave Walsh 3.43.00

Newark ½ marathon – 14th August 2005

Alan Wins County ½ marathon Championship!

Alan Smith	1.14.34 (County Champion)
Simon Nash	1.24.51
Helen Cawthorne	1.28.51
Arthur Hancock	1.33.00

Graham Webster	1.34.19 p.b.
Nigel Daniels	1.38.27
Louise Reed	1.44.54
Keith Palmer	1.45.41
Rachel Martin	1.47.56
Jo Stocks	1.48.22 p.b.
Dave Onions	1.49.24
Harvey Cramp	1.52.11

Jagermaster 10k – 12th August 2005

Lee sets new course record on Formula One's University based course!

Lee Stubbs	32.4 p.b.(1 st)
Clive Greyson	37.57
Mark Attenborough	39.06 p.b.
Steve Carroll	40.18 p.b.
Geoff Jackson	42.13
Paul Stacey	42.52
Mike Drury	44.13
Steve Kneller	44.32
Bettina Kneller	45.02
Sarah Parker	47.18
Lisa Tarry	47.54
Michelle Flint	48.34
Dennis Reeson	48.47
Jo Stocks	48.58 p.b.
Kevin Bazeley	51.34

Tim Wealthall Mile – 7th August 2005

Mark Yates	4.55
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Bassingham Boundary 5m – 6th August 2005

Dennis Reeson	38.20
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British Triathlon Relays Champs, Holme P – 6th August 2005

	Unclassified Category	Swim 500m	Bike 10m	Run 5k	Total Time
31	Andy Tarry, Tim Metcalfe, Kevin Humphreys, Simon Nash	38.31	1.37.17	1.19.43	3.35.31
76	Mike Hankin, Paul Ward, Matt Hemsley, Kevin Squires	40.23	1.42.06	1.30.02	3.52.31

British Triathlon Team Time Trial Champs – 7th August 2005

		Swim 500m	T1	Bike 12.75m	Run 6k	Total Time
7	Cam Davies (T.F.N.)	9.10	1.03	27.01	24.01	1.06.13

Milford Fell race, 4.5m – 3rd August 2005

Vicky Hards	32.33 (1 st Lady)
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Heanor, 5m – 29th July 2005

Matt Hemsley	32.47
Helen Cawthorne	33.20 (3 rd lady, 1 st lady Vet)

Mike Monks	37.09
Dennis Reeson	39.52

Notts, 5m – 29th July 2005

Andy Tarry	25.44 (3 rd)
Lee Stubbs	26.06
Mark Yates	27.46
Mark Attenborough	31.03 p.b.
James Butler	31.46
Dennis O'Neill	35.04
Mike Drury	35.13
Nigel Daniels	35.37
Alun McCarthey	37.37
Michelle Flint	37.48
Jo Stocks	39.17

Pride Park relays, Derby, 2m – 25th July 2005

Vets win at Derby relays!

<u>Senior men "A"</u>	<u>11th</u>	<u>Senior men "B"</u>	<u>16th</u>
Mark Yates	10.03	Tony Lowe	10.58
Leigh Stubbs	9.45	Andy Stredder	12.34
Steve Humber	10.27	Paul Newton	11.26
Andy Tarry	<u>14.00</u> (2.7m)	Ian Abbott	<u>11.32</u>
	<u>44.15</u>		<u>46.30</u>
Vet Men	1 st		
<u>Senior Ladies</u>	<u>9th</u>	<u>Vets "A"</u>	<u>1st</u>
Helen Cawthorne	12.39	Andy Wetherill	9.56
Lisa Tarry	13.45	Martyn McHale	10.40
Helen Lowe	<u>15.02</u>	Paul Clark	10.31
	<u>41.25</u>	Kevin Squires	<u>10.59</u>
			<u>42.06</u>
<u>Vets "B"</u>	<u>4th</u>		
Noel McGinness	11.44		
Nigel Cobb	11.25		
Stan Pascoe	<u>11.13</u>		
	<u>45.12</u>		

Hathersage triathlon – 24th July 2005

420m swim/20k bike (hilly)/6k run (fell)

32	Matt Hemsley	1.23.06
112	Paul Ward	1.35.23
171	Liz Green Davis	1.47.46
172	Mike Hankin	1.47.48
184	Amanda English	1.51.58
191	Cameron Davis	1.54.01

Wells 10k

Dave Walsh 39.29 (3rd Vet)

Hardwick Hall 6 miles 285 yds

Mike Monks 51.21
Dennis Reeson 51.39

Stathern 10k

Bob Hayes 47.40
Mike Monks 51.13
Graham Webster 57.04
Colin Peet 67.21

Spalding Triathlon – 17th July 2005

	Swim 400m	T1	Bike 12.75m	T2	Run 5k	Total Time
Matt Hemsley	9.06	1.48	34.40	0.55	19.08	1.05.37
Simon Nash	9.23	1.49	35.47	0.53	19.20	1.07.12
Kevin Humphreys	8.15	1.51	36.09	1.11	23.36	1.10.56
Mike Hankin	8.25	2.25	36/13	1.11	27.51	1.16.05
Phil Hopewell	11.49	3.34	46.16	0.43	27.16	1.29.36

Assorted results, also belated congratulations to Michelle F, Jo & Vicky for finishing 3rd in the ladies team event at the recent heritage series!

San Diego Rock & Roll Marathon – 5th June 2005

Jo Stocks 4.00.53 p.b.

North Downs Trail – 26th June 2005

29 Dave Walsh 2.18.49

British Masters Track & Field Championships – 17th July 2005

M45 5000m

Andy Wetherill 16.03.46 (2nd)

W40 1500m

JanePidgeon 4.55.18 (1st) Notts AC

Buxton 5m – 16th July 2005

Stewart Leblinski 35.46

Notts Road Race 4, Holme P, 5m – 13th July 2005

Andy T, Vicky & both men's teams win @ road race 4!

1	Andy Tarry	1	Vicky Hards
2	Alan Smith	5	Helen Cawthorne

3	Lee Stubbs	36	Sarah Parker
5	Paul Newton	38	Lisa Tarry
6	Andy Wetherill	41	Michelle Flint
12	Mark Yates	67	Helen Lowe
24	Paul Clark	79	Liz Green-Davies
29	Martyn McHales	80	Amanda English
32	Kevin Squires	97	Karen Edge
34	Clive Greyson	99	Lydia Chapman
35	Stan Pascoe		
36	Simon Nash		
42	Nigel Cobb		
44	Tony Lowe		
56	Dave Walsh		
60	Tom McCulloch		
67	Mark Anslow		
75	Mark Attenborough		
81	Matt Hemsley		
84	James Butler		
88	Bob Hayes		
92	Richard Wheatley		
94	Geoff Jackson		
108	Paul Stacey		
116	Steve Carrol		
118	John Lowton		
120	Ian Hales		
122	John Cass		
138	Nigel Swinscoe		
140	Mark Davies		
143	Arthur Hancock		
146	Steve Kneller		
149	Bob Hickling		
155	Dave Giles		
156	Nigel Daniels		
158	Andy Stredder		
164	Graham Webster		
170	Tim Cunnington		
180	Mike Monks		
181	Mike Drury		
187	Andy Phillips		
189	Dennis O'Neill		
191	Chris Middleton		
192	Wade Lowther		
199	Keith Palmer		
201	Dennis Reeson		
206	Pat McGovern		
220	Phil Hopewell		
224	Colin Peet		
225	Alun McCarthey		
227	Barry Davies		
230	Dave Musgrove		

Notfast 10k – 10th July 2005

Rachel wins senior ladies bronze in 10k County Champs!

Kevin Squires	37.37
Tony Lowe	39.35
Geoff Jackson	42.26
Richard Wheatley	42.33
Arthur Hancock	44.33

Bob Hayes	45.32
Rachel Martin	48.51 (county champs bronze)
Paul Ward	49.38
Dennis Reeson	49.53
Michelle Flint	50.30
Mike Drury	52.33
Amanda English	56.57
Liz Green-Davies	58.30
Gill Salmon	62.38
Dave Musgrove	69.44

Heritage, Colwick, 5m – 7th July 2005

Lee, Vicky & the men's team are all 3rd , & Nigel D 2nd M60 over the 4 race series!

Lee Stubbs	26.36
Steve Humber	29.49
Simon Nash	30.00
James Butler	30.27
Vicky Hards	30.58 (2 nd lady)
Mark Attenborough	31.17 p.b.
Mark Anslow	31.33
Matt Hemsley	31.48
Geoff Jackson	33.12
Ian Livesey	33.24
Andy Stredder	34.41
Nigel Daniels	35.06
Dennis O'Neill	36.08
Michelle Flint	38.22
Jo Stocks	39.43
Mike Drury	39.44
Mark Taylor	40.19
Liz Gren Davies	41.25
Colin Peet	44.04
Lydia Chapman	51.24

Bananaman Triathlon – 2nd July 2005

Final pos		Swim 800m	Bike 30km	Run 7.5k	Total Time
45	Matt Hemsley	17.50	56.06	30.37	1.44.32

Heritage, Ruddington, 4m – 5th July 2005

Lee Stubbs	21.34
Clive Greyson	23.39
Steve Humber	23.48
James Butler	23.49
Kevin Squires	24.06
Mark Attenborough	24.45
Vicky Hards	24.56
Matt Hemsley	25.17
Paul Stacey	26.15
Ian Livesey	26.16
Geoff Jackson	26.31
Andy Stredder	28.00
Nigel Daniels	28.27
Dennis O'Neill	28.55
Mike Drury	29.09
Bob Hickling	29.14

Michelle Flint	31.09
Jo Stocks	31.18
Mark Taylor	32.18
Liz Green-Davies	32.39
Cam Davies	36.19
Lydia Chapman	38.26

Mansfield ½ marathon – 3rd July 2005

Helen C & Andy W are both 3rd & 1st Vets on the hills of Mansfield!

Andy Weatherill	1.13.19 (3 rd , 1 st Vet)
Alan Smith	1.14.12
Helen Cawthorne	1.29.17 (3 rd Lady, 1 st Vet)
Harvey Cramp	1.32.12
James Butler	1.32.30
Paul Stacey	1.34.29
Tony Lowe	1.39.55
John Cass	1.41.39
Bob Hickling	1.42.32
Graham Webster	1.43.50
Alun McCarthy	1.47.40
Dennis Reeson	1.47.45
Dave Onions	1.54.33
Jo Stocks	1.57.19
Pete Speakman	1.58.06
Helen Lowe	2.01.08

Midland Vets, 10k Championship, Burton – 3rd July 2005

Ann wins individual gold and men win team gold in 10k Champs!

Kevin Squires	37.03
Martyn McHale	37.05
Simon Nash	37.48
Ann Ford	40.48

Barrow 10m – 3rd July 2005

Mike Monks	76.29
Mike Drury	76.35

Ironman Austria – 3rd July 2005

Mark breaks TFN ironman club record in Austria!

Final pos		Swim 2.4 miles	Bike 112 miles	Run 26.2 miles	Total Time
67	Mark Redwood	56.07	4.44.16	3.42.09	9.28.26